

# One Sharp Nursing: Everyday Excellence

Quarterly e-news published by the  
Terrence and Barbara Caster Institute for Nursing Excellence



## Summer 2022

"Nursing integrates the art and science of caring and focuses on the protection, promotion, and optimization of health and human functioning; prevention of illness and injury; facilitation of healing; and alleviation of suffering through compassionate presence. Nursing is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity."

American Nurses Association, 2021



## From Laurie Ecoff...

"Rest is not idleness, and to lie sometimes on the grass on a summer day listening to the murmur of water, or watching the clouds float across the sky, is hardly a waste of time." John Lubbock

This reflection reminds me of growing up in Minnesota on Lake Minnetonka, the grass was lush and green, the water lapped at the shoreline, and the clouds could tell stories.

May you have moments this summer, away from the bustle of life to rest, enjoy moments of reflection and experience rejuvenation.

Warm Regards, Laurie

## Call for Abstracts: 8<sup>th</sup> Annual Interprofessional Research & Innovations Conference

Sharp HealthCare's 8th Annual Interprofessional Research & Innovations Conference has issued a Call for Abstracts. This virtual conference highlights the evidence-based practice projects and original research studies of Sharp professionals across the system. Applicants may submit work to be considered for podium or poster presentations.

### Important Dates:

Deadline for Abstract submissions (extended): **Friday, July 15, 2022**

Results will be sent to applicants by: **Wednesday, August 10, 2022**

Date of virtual conference: **Friday, September 30, 2022**

In addition, the Call for Abstracts includes a platform that provides the opportunity to share the experiences, thoughts, and feelings of employees, patients and physicians through artistic expression. Art forms may be presented in a variety of formats including, paintings, drawings, photos, video, images of sculpture, and poetry.

By attending this dynamic conference, you will discover innovation in the practice setting; best practices for adoption across organization(s); dissemination of new knowledge obtained through research, interprofessional collaboration and engagement; professional advancement of frontline caregivers; and exemplary patient, workplace and organizational outcomes.

Please read the abstract submission packet carefully. The packet must be complete and submitted by required



deadlines. For Research/EBP abstract questions, please contact [Jennifer Turney](#). For Art abstract questions, please contact [Kristine Mendoza](#).

The conference is sponsored by the Terrence & Barbara Caster Institute for Nursing Excellence and additionally coordinated by the Collaborative for Inquiry & Innovation (CI<sup>2</sup>).

## Sharp HealthCare Named LGBTQ+ Healthcare Equality Leader

For the first time in its history, each of Sharp HealthCare's seven hospitals are designated as an "LGBTQ+ Healthcare Equality Leader" in the Human Rights Campaign Foundation's 2022 Healthcare Equality Index. With a perfect score of 100 at every hospital, Sharp received the maximum ratings possible for nondiscrimination in staff training; patient services and support; employee benefits and policies; and patient and community engagement initiatives. We are incredibly proud to be nationally recognized for our dedication to embracing diversity, promoting inclusion, and achieving equality for our LGBTQ+ patients, community members, physicians and employees (from *Experience Sharp News Briefs*, April 2022).



## New Feature: NRP Graduate Profiles

Starting with this issue of eNews, we will be highlighting the progression of Nurse Residency Program (NRP) graduates.

### Sharp HealthCare NRP

The Sharp HealthCare NRP was developed to provide a flexible, supportive environment to build confidence in new graduate nurse residents. New graduate nurse residents are hired into Sharp's 12-month, systemwide NRP, which has earned Accreditation with Distinction by the American Nurses Credentialing Center (ANCC) Practice Transition Accreditation Program®. Nurses in the program experience curricula promoting the acquisition of knowledge, skills, and professional behaviors necessary to deliver safe, evidence-based care. The NRP offers challenging and inspiring opportunities and clinical experiences in all clinical specialties to cultivate skills that promote lifelong success in nursing. Program elements include classroom and simulation-based curriculum, individualized clinical orientations, interprofessional experiences, peer group support, reflective learning, and well-being/self-care practices. Post-orientation, new graduate nurse residents participate in a formal mentoring program, and ongoing professional development. Graduates of this program evolve into varying roles within the Sharp system. We celebrate their achievements!



*Jonathan Gurrola, BSN, RN, Trauma/Neuro PCU  
2022 Nurse of the Year*

### Jonathan Gurrola, BSN, RN, Named 2022 Nurse of the Year at Sharp Memorial Hospital

Jonathan tells us: "When I graduated from nursing school, I knew that I wanted to start my career at a hospital with a nurse residency program (NRP). I'm incredibly thankful for the NRP for creating such a large community for me; I never felt alone. As a first-generation college graduate and son of immigrant parents, I did not have many mentors pushing me to grow professionally. The NRP introduced me to professional nurse leaders within my hospital that inspired me. I once came to Dr. Kim Failla, the Director of Workforce Transitions, with an idea of training staff on LGBTQ patient care. A couple of weeks later, I found myself presenting to dozens of nurse leaders at one of the hospital's education committees. Over 2021, I helped create an inclusive hospital and healthcare system's LGBTQ Patient Care policy that provides consistent and explicit patient-centered practices – free of discrimination, bias and stigma. As a new graduate nurse, it's hard to find individuals who believe in you and take you seriously; having a nurse leader believe in me made a world of difference and gave me the confidence to continue to pursue future LGBTQ patient care initiatives at my hospital. The relationships I have built because of the NRP continue to be the strongest relationships I have here at Sharp. I am beyond thankful for the program."

## 2022 Nursing Excellence Honorees

Congratulations to the 2022 Nursing Excellence Honorees across Sharp HealthCare.

### Sharp Chula Vista Medical Center

#### Transformational Leadership

*Clinical Nurse:* Sussy Delgado

*Nurse Leader:* Loriza Ofria

#### Exemplary Professional

*Clinical Nurse:* Ruel Abrajano

*Nurse Leader:* Brenda Talamantes

#### Nurse of the Year

Ruel Abrajano

### Sharp Coronado Hospital

#### Advancing and Leading the Profession

*Clinical Nurse:* Leticia Tisuela, Clinical Nurse, Sub-Acute Care

*Nurse Leader:* Elisabeth Green, Manager, Emergency

#### Volunteerism & Service

Martha Garcia-Hall, Advanced Clinician, Emergency

#### Nurse of the Year

Natasha McNally, Clinical Nurse, Emergency

### Sharp Grossmont Hospital

#### Advancing and Leading the Profession

*Leader:* Christina Nguyen, Clinical Nurse, MICU

*Staff:* Kristyn Eysie, Nursing Supervisor, ER

#### Home, Community, & Ambulatory Care Services

Misty Skeen, Clinical Nurse Lead, Care Clinic

#### Nursing Support Services

Bedside: Edna Angkhangco, Healthcare Partner, TCU

Procedural: Thomas Gauthier, Endoscopy Tech, Endoscopy

#### Nurse of the Year

Kristen Palumbo, Clinical Nurse, MICU

#### Nightingale Award

Nam Nguyen, Clinical Nurse, SICU

### Sharp Metropolitan Campus – Sharp Memorial Hospital (SMH), Sharp Mary Birch Hospital for Women and Newborns (SMBHWN), Sharp Mesa Vista (SMV) and Sharp McDonald Center (SMC)

#### Exemplary Professional Practice

*Clinical Nurse:* Kaylyn Lavalley, SMH

*Nurse Leader:* Joanna Hunt, SMB

#### Transformational Leadership

*Clinical Nurse:* Eric Wyatt, SMB

*Nurse Leader:* Heather Johnson, SMH

#### Structural Empowerment

*Clinical Nurse:* Josie Candelaria

*Nurse Leader:* Angela Pamintuan

#### New Knowledge, Innovations and Improvements

*Clinical Nurse:* Mary Joy Dabu

*Nurse Leader:* Michael Lintag

#### Education & Mentorship

Nicola Zenaty, Clinical Nurse, Med/Surg

#### LVN of the Year

Erlinda Dabu, LVN, SNF

#### Nursing Service Support Staff

Sherwin Giroux, Surgical Tech II, Surgery

#### Education & Mentoring-Preceptorship

Emily Bond, Advanced Clinician, ED

#### Exemplary Leadership

Tania Jones, Nurse Manager, 2N/2S/1S

#### Patient & Staff Management

*Leader:* Amber Orłowski, Clinical Nurse Lead, OBGYN

*Staff:* Kristin Frayer, Clinical Nurse, 5W

#### LVN of the Year

Celine Arquiza, LVN, 2N/2S/1S

#### New Graduate Award

Marin Moore, Clinical Nurse, 5W

#### Nurses of the Year

Sarah Zube - Sharp Mesa Vista Hospital

Julie Albers - Sharp Mary Birch Hospital for Women & Newborns

Jonathan Gurrola - Sharp Memorial Hospital

Micelle Etherington - Sharp Mesa Vista Hospital - LVN/LPT of the Year

## 2022 C.O.R.E Award Recipients

Each year, Sharp entities bestow C.O.R.E. Awards, honoring those who exemplify the spirit of The Sharp Experience. Nominations are accepted for individuals, teams and departments across the seven Pillars of Excellence - Quality, Safety, Service, People, Finance, Growth, and Community. Like the center of a flame, the core represents the essence of The Sharp Experience in the recipients and is represented in the actual blue flame award. Congratulations to this year's nursing recipients.



### Sharp Chula Vista Medical Center

In-House Stroke Team – Quality, Team  
4E/4N Short Stay Zero Hospital-Associated Infections – Quality, Department  
Utilization Review and Case Management – Finance, Team  
Stroke and PCU Zero CDIs – Finance, Department  
SRN Nursing and Patient Navigation Radiation Oncology Medicine – Safety, Team  
Hand Hygiene/Intensive Care Unit (ICU) – Safety, Department  
Abby Sta Ines, Lead Clinical Nurse – People, Individual  
Transition in Practice/ICU – People, Team  
4E/4N Short Stay Most Flexible Unit – People, Department

### Sharp Coronado Hospital

Concord Bautista, Infection Preventionist – Quality, Individual  
Healthcare Associated Infection – Quality, Team  
Surgery Electronic Huddle Board – Service, Department  
Catherine McJannet – Community, Individual  
Vaccination Clinic Staff – Community, Team  
PPE Fitting and Training – Safety, Team  
Nicolas Breeland, Manager – People, Individual  
Long-Term Care – People, Department  
Operating Room Block Utilization – Growth, Team

### Sharp Grossmont Hospital

Heart Failure Readmission Reduction – Quality, Team  
Throughout Transformation – Service, Team  
5 West – Service, Department  
Homebound Senior COVID-19 Vaccination Program – Community, Team  
Julie Dye, Clinical Nurse Specialist – Safety, Individual  
Enhanced Recovery After Surgery – Safety, Team  
Home Infusion Nursing – Safety, Department  
In-Service Education – People, Team  
2 North, 2 South, 1 South – People, Department  
Sharp HospiceCare – Growth, Department

### Sharp Memorial Hospital

Cheryl Holsworth, Senior Specialist, Nursing – Quality, Individual  
Hospital Acquired Pressure Injury Reduction/6 North – Quality, Department  
Jonathan Gurrola, Advanced Clinician – Service, Individual  
3 North – Finance, Department



### Sharp Memorial Hospital (Cont'd)

Devan Humphries, Clinical Nurse – Safety, Individual  
Standardized Handover Tool/4 West – Safety, Department  
Sharon Nodznaia, Manager – People, Individual  
Perioperative Services – People Team  
Emergency Department – People, Department

### Sharp Mary Birch Hospital for Women & Newborns

Decreasing Delivery Room Intubations in Preterm Infants – Quality, Team  
Sarah Freymueller, Advanced Clinician – Service, Individual  
Enhanced Recovery After Surgery – Minimally Invasive Hysterectomy – Service, Team  
Women's Education – Community, Department  
Infant Sleep Team – Safety, Team  
Monoclonal Antibody Infusion Service – Growth, Team

### Sharp Mesa Vista Hospital

Addiction Service Line – Quality, Team  
Autism Project/East Wing 1 – Quality, Department  
Admissions – Service, Team  
Intake Shift Coordinator – Service, Department  
Nancy Earl, Lead Clinical Nurse – Community, Individual  
COVID-19 Vaccination Response – Community, Team  
Soup and Socks – Community, Department  
COVID-19 Response – People, Team

### Sharp Rees-Stealy Medical Group

Blood Pressure Management – Quality, Team  
Pediatric Patient Education Materials – Finance, Team  
COVID-19 Community Vaccination – Community, Team  
Inpatient Case Management – Community, Department  
Giniever Loristo/Supervisor – Safety, Individual  
Training and Education – Safety, Department

### System Services and Sharp Multi-Entity

Terrence and Barbara Caster Institute for Nursing Excellence – People, Department  
COVID-19 Community Vaccination Clinic – Community, Team

## New Publications by Sharp Nurses

**Graham, J., Ballejos, C., Jenkins, D., Kelley, C. (2022).** (In Press) Implementation of an emergency department embedded infusion center for the administration of monoclonal antibody therapy in patients with early COVID-19 infection. *Journal of Infusion Nursing*, 42(1).

Gregory, D.D., **Stichler, J.F.**, Zborsky, T. (2022). [Adapting and creating healing environments: Lessons nurses have learned from the COVID-19 pandemic](#). *Nurse Leader*, 20(2), 201-207.  
doi:10.1016/j.mnl.2021.10.013.

## Former Sharp Nurse Turns 102

In April, “Ms. Lola,” Sharp Grossmont Hospital’s first Black LVN who came to the hospital out of nursing school, turned 102. She retired in 1982 after more than two decades of dedicated work. When Sharp Grossmont’s CEO Scott Evans visited Lola and her family at home, he asked her if she could still pick up a shift now and then. “If you could get me there, I could,” she answered with a hearty laugh. A very Happy Birthday to you, Ms. Lola (*Experience Sharp News Briefs*, June 2022).



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### TELL US WHAT YOU THINK

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