



Spring 2022

“Nursing integrates the art and science of caring and focuses on the protection, promotion, and optimization of health and human functioning; prevention of illness and injury; facilitation of healing; and alleviation of suffering through compassionate presence. Nursing is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity.”

American Nurses Association, 2021

From Laurie Ecoff...

Spring is a time of renewal and celebration. According to Rachel Carsen, “There is something infinitely healing in the repeated refrains of nature —the assurance that dawn comes after night, and spring after winter.” We “spring forward” with daylight saving time and it's light later in the evening. I grew up in Minnesota and spring meant the dark cold months of winter evolved into blooming flowers and renewed human connection as people emerged from their homes. In San Diego, even with spring, we sometimes experience May “gray” and June “gloom” but overall, we are emerging from winter and the latest COVID surge.

In the spring of each year at Sharp, we celebrate Certified Nurses Day on March 19, and we honor our nurses during Nurse Week celebrations and awards in May. This year, the American Nurses Association (ANA) is promoting Nurses Month with four weekly focus areas – Week 1: Self Care (May 1-7), Week 2: Recognition (May 8-14), Week 3: Professional Development (May 15-21) and Week 4: Community Engagement (May 22-31). The overall theme is “Nurses Make a Difference.” Visit the ANA site to learn more <https://nursesmonth.org/about-nurses-month/>.

This issue of the Caster e-News contains messages of reflection, celebration, recognition, and growth. We hope you find renewal this spring in the healing bloom of nature, take a moment to recognize others, and enjoy celebratory moments.

With appreciation,

Laurie Ecoff, PhD, RN, NEA-BC, CNL, Vice President, Caster Nursing Institute



Nursing Scholarships Announced in Honor of Sharp Coronado Nurses

Retired Sharp Coronado Hospital Emergency Department (ED) Manager Katy Green, RN, and ED Nurse Cathy McLannet, RN, were surprised last month with a nursing scholarship fund named in their honor. Dev Purkayastha and Wendy McGuire, who provided the leadership gift, shared that it is hard to put into words the profound impact that nurses Katy and Cathy have had on their family, members of Sharp Coronado, and the Coronado community over several decades - saving and improving lives - true exemplars of nursing. The Katy Green and Cathy McLannett Scholarship Fund will support nursing scholarships at Sharp Coronado Hospital and be managed by the Caster Nursing Institute.



1 - From left to right: Dr. Sanger, Cathy McLannett, Wendy McGuire, Katy Green



2 - Katy Green, a retired manager of Sharp Coronado's ED, has made nearly 130 quilts for the hospital's long-term patients.

Highlights from 7th Annual SHC Interprofessional Research & Innovation Conference

On September 29, 2021, the Sharp Caster Nursing Institute sponsored the 7th Annual Sharp HealthCare (SHC) Interprofessional Research & Innovation (R&I) Conference. Annually, members of the Sharp Collaborative for Inquiry & Innovation (CI2) undertake the coordination of this event. Dr. Caroline Etland and Dr. Rebecca Kjonegaard co-chaired the virtual 2021 conference titled “Creating Knowledge and Resilience in Uncertain Times.” The conference committee members welcomed and engaged the 120 nurses and interprofessional staff attendees that are SHC researchers, innovators, and leaders.

Chris Howard, President and Chief Executive Officer of SHC, opened the conference with inspiration for the year ahead. He shared his thoughts and experience from a career that spans more than 30 years working extensively with integrated care delivery systems, hospitals, medical groups, and health plans.

The Keynote Speaker, Nurse and Scholar, Dr. Ali Tayyeb shared a lifelong interest in the arts and how he has incorporated his artistic interests into his professional role, using art as a platform in communication over the first two years of the COVID-19 pandemic. Dr. Tayyeb shared his art as a way of connecting and healing through difficult times both during the pandemic and in the daily grind of work in the healthcare environment. The American Nurses Association, the Substance Abuse and Mental Health Services Administration Minority Fellowship Program, and the American Academy of Ambulatory Care Nursing has adopted his work. His #PPENOW sculpture was featured in the *American Journal of Nursing* in May 2021.

In all, sixteen podium presentations and thirteen posters were presented to an engaged audience. New to this year's conference, the CI2 committee debuted the Art Gallery - a forum for caregivers to artistically share their commitment to research, evidence-based practice, and performance improvements - as the work continued in an environment of a pandemic. With thirty submissions of art, including sculpture, poetry, video and music, the theme of healing during a pandemic was clearly illustrated in each artist's piece, creating a profoundly moving experience for each viewer (see examples featured at the end of this article).

Conference attendees reported being inspired by the innovative asynchronous approach to viewing the art and poster presentations in breakout rooms available throughout the conference.

We are all proud of where we are today and excited about where we are headed. This conference illuminated the talent and commitment of our peer researchers, innovators, and leaders and highlighted that together we remain the best place to work and at the cutting edge of quality care, even in a virtual world.

The conference planning team thanks each of the SHC organizational leaders for sharing your expertise, vision, knowledge, and creativity to help all of us keep moving towards the bright future that is ahead of us.

Please “Save the Date” for the **8th Annual Sharp HealthCare Interprofessional Research & Innovation Conference**, taking place on **September 30, 2022**.



3 - Drowning by Molly Quillin-McEwan, BSN, RN, CCRN



4 - Sunset After the Surge by Nicole Barlow, BSN, RN



5 - Thriller, Spiller, Filler by *Kim Failla, PhD, RN, NE-BC, NPD-BC*



6 - Pause by *Luc R. Pelletier, MSN, APRN, PMHCNS-BC, FAAN*



7 - Beauty Emerging by Amy Andrews, MA, MT-BC



8 - Reach by Cassandra L. Martinez, MSN, RN



9 - The Chickens by Melodie R. Daniels, PhD, APRN, CNS, NPD-BC



10 - Card Making for Staff and Patients by Julie Graham, PhD, APRN, ACCNS-AG



11 - Kaleidoscope of Hope by Amy Andrews, MA, MT-BC; Sofia Alvarez, MA, MT-BC



12 - Life at Distance by Caleb Auyoung, Chaplain

Envision: Sharp HealthCare is Growing

As SHC continues to look to the future, a cornerstone will be One Sharp - an extraordinary healthcare system serving the entire community with exceptional Sharp Experiences in every location. One Sharp builds on the many strengths of SHC to continue transforming every aspect of what we do and remain San Diego's Health Care Leader for generations to come.

Over the next decade, SHC is investing \$2 billion in advanced technology, innovation, research, education, and new facilities to support our extraordinary caregivers. The Foundations of Sharp HealthCare are projecting a philanthropic investment of \$250 million through a comprehensive systemwide community campaign - **ENVISION** (from Experience Sharp Magazine, December 2021).

Enhancements include: Sharp Metropolitan Medical Campus; Sharp Coronado Hospital's Emergency Department and Intensive Care Unit; Poway Hospice Home; Phase 2 of the Ocean View Tower at Sharp Shula Vista Medical Center; Prebys Innovation & Education Center; Sharp Grossmont Hospital Neurosciences Center; and Sharp Mesa Vista Hospital, Sharp-Rees Stealy Medical Centers, and Sharp Institute and Specialty Centers facility enhancements.

The Envision Initiatives



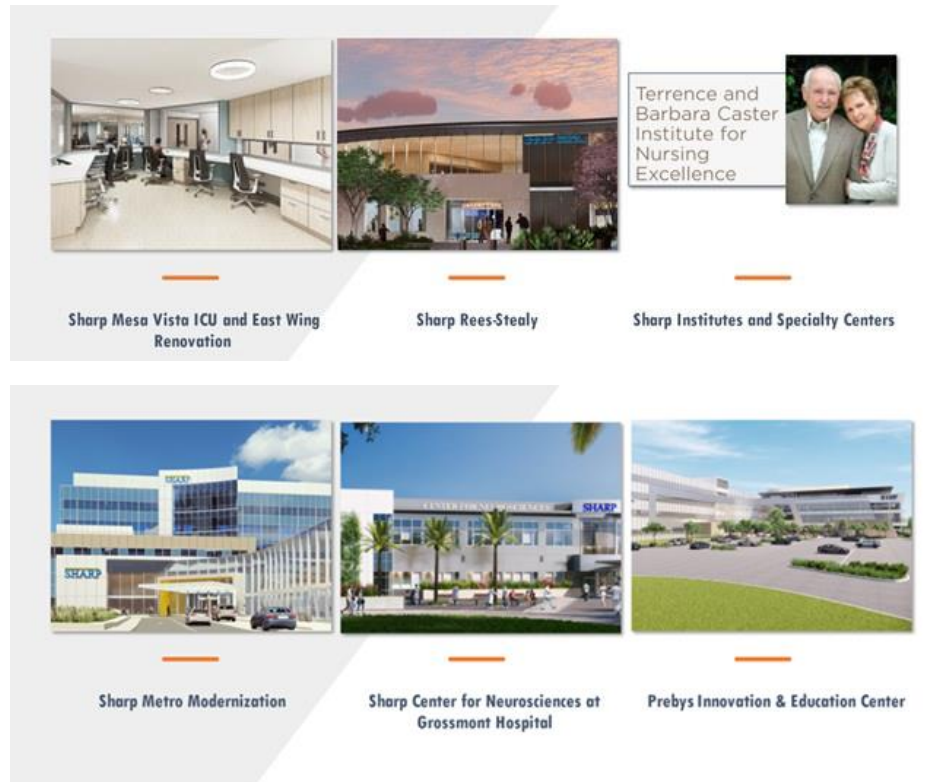
MountainView Hospice Home in Poway



ED and ICU at Sharp Coronado



Phase 2 of Ocean View Tower at Sharp Chula Vista



Dr. Danisha Jenkins Presents on Moral Injury

On January 27, 2022, Dr. Danisha Jenkins, Director, Critical Care and Emergency Services at Sharp Chula Vista Medical Center, (and more recently, Director of Emergency & Disaster Preparedness at Sharp HealthCare) and two colleagues hosted a webinar entitled "The Impact of Moral Injury on Nurses." Speaker Dr. Alyson Zalta, Assistant Professor of Psychological Science, shared "Moral injury can occur when an individual perpetrates, fails to prevent, bears witness to, or learns about acts that transgress their deeply held moral beliefs and expectations."

Although moral injury has largely been studied in the military context, there is increasing recognition that several other populations are likely exposed to morally injurious events. Dr. Zalta, Dr. Candace Burton, and Dr. Jenkins discussed how COVID-19 has created fertile ground for these types of events to occur in acute care settings.

In collaboration with American Nurses Association\California and HealthImpact, Dr. Zalta, Dr. Burton, and Dr. Jenkins (ANA\California Member) are in progress with a study that will use a longitudinal mixed-methods approach to establish:

- What experiences lead to moral injury
- The environmental and psychological conditions that increase risk for morally-injurious workplace events, and
- How morally injurious workplace events affect psychological and occupational outcomes among frontline nurses during the COVID-19 crisis (from ANA\California website).



The Caster Institute Celebrates Years of Service

Failla Celebrates 25 Years at Sharp

Kim R. Failla, PhD, RN, NE-BC, NPD-BC, Director, Nursing Workforce Transitions at the Caster Nursing Institute, celebrates 25 years at Sharp HealthCare. In her current role, Kim provides systemwide leadership and integration for SHC's Nurse Residency, Preceptor, and Mentor programs, as well as Experienced Nurse transition programs. She started her Sharp career at Sharp Mary Birch Hospital for Women and Newborns as a clinical nurse and became Manager of the NICU. She was most recently the Manager of the Sharp Memorial Hospital Nurse Residency Program. Kim is also a Clinical Associate Professor for the University of San Diego (USD) Hahn School of Nursing and Health Science where she teaches in the Masters Entry in Nursing and Executive Nurse Leader Programs. Research interests include nurse residency programs, transformational leadership and sepsis. She received a PhD in Nursing from USD; her dissertation was entitled "Predictors of Septic Patient Outcomes." Kim received MS and BSN degrees from San Diego State University. She received a SHC 2020 Pillar Award for her leadership in earning American Nurses Credentialing Center's (ANCC) Practice Transition Accreditation Program "accreditation with distinction." In 2022, she and her colleagues were the recipient of the C.O.R.E. Award for "Development and Psychometric Testing of Stakeholder Evaluation." Kim is board certified in Nursing Professional Development and as a Nurse Executive by the American Nurses Credentialing Center.







Pelletier Celebrates 15 Years at Sharp

Luc R. Pelletier, MSN, RN, PMHCNS-BC, CPHQ, FNAHQ, FAAN, Clinical Nurse Specialist at the Caster Nursing Institute, celebrates 15 years at Sharp HealthCare. Luc began his Sharp career at Sharp Mesa Vista Hospital and served as an Administrative Liaison, Clinical Nurse Specialist, and Senior Specialist, Nursing. He joined the Caster Nursing Institute in 2019. With over 42 years of experience, Luc publishes widely in the areas of nursing administration, quality and safety, patient engagement, and nurse residency programs, including several books, book chapters, and peer reviewed articles. He has served on the nursing faculty of the USD Hahn School of Nursing and Health Science; National University; University of Phoenix; California State University, Dominguez Hills; University of California, Los Angeles; and the George Washington University. He is a graduate of Yale University (MSN) and Fairfield University (BSN). Luc has served as a nurse expert with the U.S. Department of Justice, scientific consultant to the National Institutes of Health, and consultant to the National Quality Forum. He is a Fellow of the American Academy of Nursing and National Association for Healthcare Quality (NAHQ). For nine years, he served as editor-in-chief for the *Journal for Healthcare Quality*. In 2017, Luc received the Yale School of Nursing Distinguished Alumnae/i Award.



SGH Receives Fourth Magnet Designation

On March 16, 2022, Sharp Grossmont Hospital received the exciting news that it has successfully earned its fourth consecutive Magnet designation, further cementing its standing as a hospital that provides world-class nursing care to its patients. SGH first achieved Magnet status in 2006, and today is one of just 580 facilities worldwide with the esteemed designation.

The American Academy of Nursing (AAN) Task Force on Nursing Practice in Hospitals developed the Magnet program to identify work environments that attract and retain well-qualified nurses who promote quality patient care. The Magnet philosophy seeks to support nursing professionals and teams through opportunity for growth and structural empowerment, and philosophies that in turn lead to greater patient care and satisfaction.

The Magnet surveyors announced that five exemplars were identified during the course of their review, and praised SGH's team for the incredible care given to patients, its tireless work vaccinating the community, and the culture of caring for one another during such unprecedented times.

"On behalf of Magnet, here is to a job well done, and to continuing to provide excellent patient care and taking care of one another," said Ives Erickson, of the Commission on Magnet Recognition.

That SGH completed the extensive application process and earned its Magnet redesignation in the middle of a two-year pandemic – with its site visit in January of this year, during the second surge of COVID-19 – is a testament to the commitment that our care team has to nursing excellence. We couldn't be prouder of our SGH nursing team, and salute them for their dedication to our patients and our East County community. Congratulations (from email sent to SHC staff on March 16)!



Feedback

[Tell us what you think...](#)

ONE SHARP NURSING EDITORIAL STAFF

Laurie Ecoff, PhD, RN, NE-BC, CNL, Vice President

Luc R. Pelletier, MSN, APRN, PMHCNS-BC, FAAN, Clinical Nurse Specialist

Jaynelle F. Stichler, DNS, RN, NEA-BC(r), FACHE, FAAN, Consultant Research and Professional Development

Entity Editorial Influencers:

Sharp Memorial Hospital: Professional Practice Advisors

Contributors for this Issue:

Laurie Ecoff, Luc R. Pelletier, Jaynelle F. Stichler, Melodie Daniels

Web Design/Editing/Consultant:

Jennifer Price, Paula Berberick, Karen Friedrichs, Melodie Daniels

Send Inquiries to: luc.pelletier@sharp.com

