

One Sharp Nursing: Everyday Excellence

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Terrence and Barbara Caster Institute for Nursing Excellence

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“Nursing integrates the art and science of caring and focuses on the protection, promotion, and optimization of health and human functioning; prevention of illness and injury; facilitation of healing; and alleviation of suffering through compassionate presence. Nursing is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity.”

American Nurses Association, 2021



From Laurie Ecoff...

For each Caster Nursing Institute quarterly e-news, I craft what I think is a meaningful message, linking the time of year and issue content. I usually review previous e-news issues to ensure I am not repeating the same theme. This Fall, I selected the theme of thanksgiving and found a timeless quote by Henry David Thoreau: “I am grateful for what I am and have. My thanksgiving is perpetual.”

I decided to ask SharpArtificial Intelligence (AI) to draft the introduction to the e-news using the quote and the words reward and recognition. Here is the output from the prompt:

“Welcome to our latest e-news! As we navigate through the ups and downs of life, it’s important to take a moment to reflect on the blessings we have. As the wise words of the quote remind us, “I am grateful for what I am and have. My thanksgiving is perpetual.” This sentiment encourages us to maintain a continuous attitude of gratitude, appreciating the present and all that it encompasses. In this issue, we will focus on the themes of reward and recognition, exploring various ways to acknowledge and celebrate the achievements and contributions of those around us. Let’s embark on this journey of perpetual thanksgiving together, recognizing and rewarding the efforts that make a difference.”

One of the most important aspects of using AI is human checking for accuracy and context. The SharpAI output fits the Fall e-news theme because we highlight C.O.R.E. award winners and recognize others for their growth and achievements. I’d be interested from hearing from you if you have any use examples, questions, or insights about AI!

Happy Fall!

Laurie Ecoff, PhD, RN, NEA-BC, CNL



Nurse Residency Program Graduate Profiles

The Sharp HealthCare (SHC) Nurse Residency Program (NRP) was developed to provide a flexible, supportive environment to build confidence in new graduate nurse residents. Newly licensed nurses are hired into Sharp's 12-month, systemwide NRP, which recently earned its second Accreditation with Distinction by the American Nurses Credentialing Center (ANCC) Practice Transition Accreditation Program®. Nurses in the program experience curricula promoting the acquisition of knowledge, skills, and professional behaviors necessary to deliver safe, evidence-based care. The NRP offers challenging and inspiring opportunities and clinical experiences in all clinical specialties to cultivate skills that promote lifelong success in nursing. Here is what Lauren Federico, BSN, RN, and Jonathan L. Goldstone, MSN, RN, had to share about their Sharp journeys. We celebrate their ongoing achievements at Sharp!



*Lauren Federico, BSN, RN
Clinical Nurse, Senior Behavioral Health Unit, Sharp Mesa Vista Hospital*

“My journey into nursing began in high school, where I knew I wanted to be in a profession centered around helping others. In high school, I took a medical careers class that included shadowing nurses, which ignited my interest in nursing. I went on to complete the prerequisites for nursing in college and subsequently entered nursing school, where classes in abnormal psychology and psychiatric nursing brought out my passion for mental health nursing. I found the mind very fascinating but also, unfortunately, saw the stigma that those with mental illnesses face. I saw a need to help this population and am happy to start my nursing career in a specialty that I am passionate about at Sharp Mesa Vista Hospital Senior Behavioral Health unit.

I enjoyed the NRP at SHC. The support from my fellow nurses during orientation was great. We had an extensive orientation period when we were paired with a nursing preceptor who guided and taught me how to be a nurse on our unit. By the time I started working independently, I felt confident in the care I provided. I especially valued having a mentor who offered guidance and a space to discuss the challenges of being a new graduate nurse. Additionally, I appreciated the opportunities to meet with our nursing workforce professional development specialist, Jaspal Gill, PhD, PMH-BC, NPD-BC. These meetings allowed our new graduate cohort to share and reflect on our experiences, which was incredibly beneficial for our professional growth.

During the NRP, I completed a White Belt project focused on developing a checklist for documenting non-violent restraints. With the implementation of Epic, I noticed that a checklist had not been created, which increased the likelihood of errors in documentation. My project aimed to address this gap and improve accuracy in charting. Additionally, I have recently joined my unit's Unit Practice Council, where I am eager to contribute to maintaining and enhancing the quality of care we provide to our patients. I look forward to collaborating with my colleagues to continue improving our practices and ensuring the best outcomes for those we serve.

I maintain a work-life balance by working out regularly, reading books, and spending quality time with friends and family. These activities help me recharge and stay centered both personally and professionally. Looking ahead, I have many goals as a nurse, given that I have only been working as an RN since March 2023. I aspire to take on roles as a mentor and preceptor, sharing my knowledge and experience with new nurses. I am passionate about teaching and am eager to help train and guide the next generation of nursing professionals, contributing to their development and the overall excellence of our team at SHC.”



“Nursing was a second career for me, and one of the best career decisions I could have ever made. My prior career was in immunological research and I was tired of being in a laboratory. My first experience with nursing occurred long before my decision to become one. At the age of 18, I had a terrible motorcycle accident and wound up in the trauma intensive care unit, with multiple fractures, and on a ventilator. The care I received by the nursing staff stayed with me and I knew that as a nurse I could be in a position to provide this care and change people's lives.

During nursing school, I got a job as a nursing assistant in the surgical intensive care unit (SICU) at Sharp Memorial Hospital (SMH). Within a very short time I knew without a doubt that this fast-paced, high acuity unit was where I wanted

*Jonathan L. Gladstone, MSN, RN
ECMO Coordinator & Lead ECMO Specialist, Sharp Memorial Hospital*

Nurse Residency Program Graduate Profiles (Cont'd)

to practice as a nurse! I was blessed when I got that amazing phone call that I was being offered to start as a new graduate nurse in what had already become my home away from home and that I would be joining an amazing team of highly skilled nurses. The Sharp NRP helped me navigate the transition from nursing assistant to new graduate nurse resident by offering a multitude of resources from frequent check-ins with leadership, learning how to navigate the Sharp system, and even hitting the ground running with process improvement projects (a skill that serves me this day). The NRP is an essential part of The Sharp Experience.

Once I finished my orientation in the SICU, I made it my goal to obtain the advanced skills needed to eventually take care of the hospital's most challenging patient populations, including post-op cardiac surgery, heart transplant, trauma, and patients on extracorporeal membrane oxygenation (ECMO). I eventually became an advanced clinician and ECMO nurse with the responsibility of responding anywhere in the hospital to deploy lifesaving ECMO therapy. ECMO is a machine to pump blood out of a patient's body, oxygenate it, and return the blood to the patient; ultimately taking over the patient's heart and/or lung function. Last year, I transitioned out of the SICU and became the ECMO Coordinator and Lead ECMO Specialist for SMH. In this new and exciting role, I have been able to transition our ECMO program to a fully nurse-run program. We are one of only a few hospitals in the nation that has a fully nurse run program from ECMO deployment to daily management. We have become a San Diego County extracorporeal cardiopulmonary resuscitation (ECPR) receiving center and received the Extracorporeal Life Support Organization (ELSO) Center of Excellence Award, Gold Level (recognizing our ECMO program among the best in the world). Additionally, we recently won a SHC Team C.O.R.E. Award for all the collaborative work we have done developing our ECMO/ECPR program together with the emergency department, cardiac catheterization lab, and SICU. This C.O.R.E. Award is a wonderful recognition of the tremendous work done over the past year!

Work-life balance is always difficult to manage, especially when there is so much at stake with our ECMO program. The biggest factor contributing to my work-life balance is the unbelievably amazing ECMO team. Knowing that the hospital is in the most capable of hands when I am not there has been vital to maintaining a work-life balance. When I am not at work, I enjoy spending time soaking up the sun with my wife and two young children.

I have just finished one year in my role as ECMO Coordinator and Lead ECMO Specialist. Every day I come to work with the same excitement and passion I have had since my first day as a new-graduate nurse. I am driven to constantly provide 100% effort and provide the best care and services to our patients. Sharp has been my home from day one and it is where I plan to continue to grow and develop as a healthcare leader at the best place to work, the best place to practice medicine, and the best place to receive care.”

Sharp Nurses in the Media

Johnson, J. (2024). International Overdose Awareness Day. Fox 5 San Diego. September.

<https://www.facebook.com/sharpmesavista/videos/530253549381172>

Mendoza, K., Calero, P., Etland, C., & Connelly, C.D. (2024). Food insecurity and healthcare utilization among COPD patients: A retrospective study. *Western Journal of Nursing Research*. Advance online publication. August 29, 2024. doi:10.1177/01939459241274850

Palladeno, J. (2024). Using Naloxone (Narcan) for an opioid overdose [demonstration]. Fox 5 San Diego. August 30.

<https://www.tiktok.com/@sharphealthcare/video/7409021196823514399>

Palladeno, J. (2024). Fatal “fourth wave” of opioid crises. KUSI. July 16. https://www.facebook.com/100063973808142/videos/870340341635213/?__so__=permalink

“ I came to San Diego as a travel nurse and have never worked somewhere so **supportive of both employees and the care we provide.**

The Sharp Experience is why I have stayed for so long. ”

Jennifer Fisher
Manager, Patient Care

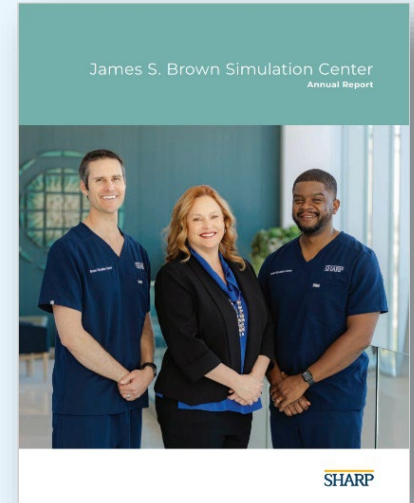
SHARP



Brown Simulation Center Update

The James S. Brown Simulation Center (BSC) staff have been busy with various innovative learning activities that engage the Sharp workforce. In the past quarter, the BSC:

- Won the System-level department C.O.R.E. award for Growth
- Recognized with a multi-entity C.O.R.E. award for People/Team for the Perioperative Transition in Practice Training Program
- Hosted the second well-received Palliative Care Communication Course
- Collaborated with the Marketing department on using the center's spaces to record promotional videos
- Partnered with patient safety to create videos highlighting the danger and consequences of unconscious bias in healthcare for the annual Do No Harm Conference. BSC staff is supporting an escape room for the conference.
- Met with Kelly Ko, PhD, of Sharp Ventures to look at ways to intentionally collaborate with seed companies and use of the center's space for meetings.
- Finalized department guidelines and continued work on preparing the accreditation responses and supporting documents (to be submitted next year)
- Supporting multiple Competency Evaluation Programs throughout the system; this will continue through November
- Started second round of Perioperative 101 class
- Partnered with Sharp Coronado Hospital to create a human trafficking simulation session using standardized patients.



Click on the graphic above to access the BSC Annual Report

Sharp Memorial Hospital Earns Fourth Planetree Gold Certification

Once again, Sharp Memorial Hospital (SMH) has been recognized with Planetree International's Gold Certification for Excellence in Person-Centered Care, the fourth consecutive time earning this prestigious accreditation. This honor speaks volumes about every SMH team member's dedication and commitment to putting patients at the center of everything they do.

Out of the 170 Planetree-certified hospitals worldwide, only 117 hold the Gold Certification. And among these, only eight have been certified gold four times. SMH staffs' efforts have truly set a standard of excellence for person-centered care, making this achievement a rare and remarkable one.

Gold Certification is Planetree's highest award. It emphasizes a hospital's commitment to prioritizing the active participation of patients and their families throughout the health care process, fostering a spirit of partnership, compassion, transparency, inclusion, and quality.

The criteria for earning this recognition are rigorous. Representatives from Planetree conduct a comprehensive assessment that includes a review of SMH's response and supporting documents to the criteria, as well as a site visit with patients, families, and staff to observe the lived experience. Their "blinded" report is sent to a certification committee to approve SMH for recognition. SMH's effort to focus on person-centered care was consistently judged with an enthusiastic endorsement and rated with results described in the report as "exemplary."

Thanks and congratulations to SMH's patient-centered care leaders for their hard work in achieving this result and consistently elevating Planetree practices.

(Adapted from Sharp Memorial Hospital Earns Fourth Planetree Gold Certification, *Sharp Communications*, July 16, 2024.)



Sharp First to Offer Virtual Nursing in San Diego County

Anyone who has been hospitalized — or has been with a loved one while they were receiving care in the hospital — knows it can sometimes be a waiting game when preparing to be discharged. The doctor needs to share instructions with the nurse, who, in turn, shares it with the patient; medications need to be ordered at the pharmacy; and sometimes, transportation arrangements need to be made to ensure the patient arrives safely at their next destination.

Enter an additional and innovative way to care for patients in Sharp's acute care hospitals: the SHC Virtual Nursing Program. Through this added resource, Sharp nurses — who are remotely set up in Sharp's main headquarters in the Kearny Mesa area — can assist clinical nurses stationed near patients' bedsides.

While SHC is the first health system in San Diego County to offer a virtual nursing program, the concept is not new. In fact, other large health care systems in the United States, including Providence, Stanford Health Care, and Dignity Health, have been using virtual nursing programs for years. They all report that patient satisfaction scores have improved since implementing their programs.

Sharp's Virtual Nursing design team made up of two dozen nurse leaders from across the Sharp system received education from these national health systems to get a better feel for the program's capabilities. Additionally, Sharp conducted hands-on virtual discharge simulation testing at the Sharp Prebys Innovation and Education Center to determine how the program would work.

Sharp's Virtual Nursing Program launched in April of this year and is currently used at 3 out of 4 acute care hospitals with plans for the fourth this fall. During the early phase, an average of 20 patients per day used the program. All positions have been filled, staffing ten seats daily averaging 11 admission and discharge tasks per RN.

"We have reached a time in nursing where the administrative burdens placed on the bedside nurse is taking precious time away from our patients," said Tracy Plume, MSN-L, RN, director of centralized patient placement at Sharp. "The nursing workload is feeling more and more unmanageable, adding to feelings of burnout and turnover."

Through Sharp's Virtual Nursing Program, Plume shares that Sharp nurses can now offer telehealth visits with certain patients. This allows nurses at the bedside to focus on the immediate needs of their patients.

(Adapted from Virtual Nursing: Using Innovation to Care for Patients, *Sharp Health News*, June 26, 2024.)



The Sharp Virtual Nursing program team members (L - R) Lauren Anaya, Jennifer Arcega, Tracy Plume, Hannah Mancini, Stefi Olson, Kara Yetter

Sharp HealthCare Named Best of San Diego and San Diego's Best

San Diego Magazine announced the winners of its annual "Best of San Diego" awards, recognizing exemplary service across multiple industries in San Diego, including health care.



Voters named Sharp in the following categories:

- Best Audiology Group: Sharp Rees-Stealy Medical Group
- Best Health Insurance: Sharp Health Plan
- Best Pediatric Group: Sharp Rees-Stealy Medical Group
- Best Pediatrician: Eric Reed, MD, Sharp Rees-Stealy Medical Group
- Best Nutritionist/Dietitian: Katy Thurmes, Laurel Amtower Cancer Institute at Sharp Memorial Hospital

The San Diego Union-Tribune announced the winners of its annual "San Diego's Best" awards, recognizing exemplary service across multiple industries in San Diego, including health care.

Sharp HealthCare is honored, once again, to be named by voters as San Diego's Best:

- Audiologist: Sharp Rees-Stealy Medical Group
- Health Insurance: Sharp Health Plan
- Hearing Aid Store: Sharp HealthCare
- Hospital - Group: Sharp HealthCare
- Hospital - Single Location: Sharp Memorial Hospital
- Medical Group: Sharp Rees-Stealy Medical Group
- Medical Spa: The Clinic at Sharp Chula Vista
- Pharmacy: Sharp Rees-Stealy
- Weight Loss Clinic/Counseling: Sharp Rees-Stealy Center for Health Management
- Eyeglass Store: Sharp Rees-Stealy
- Place to Work: Sharp HealthCare



Thank you to SHC staff and community members who took the time to vote, and congratulations to all the recipients and nominees.

(Adapted from Sharp HealthCare Named Among "Best of" in San Diego Magazine, *Sharp Communications*, July 1, 2024; Sharp HealthCare Named Among "San Diego's Best" in U-T Readers Poll, *Sharp Communications*, July 30, 2024.)

Sharp Recognized by Newsweek

Sharp HealthCare has been recognized by *Newsweek* magazine as one of America's Greatest Workplaces and Greatest Workplaces for Diversity, Job Starters, and Women (click the graphics below to learn more).



Sharp Recognized for High-Quality Stroke Care

Congratulations to Sharp Chula Vista Medical Center, Sharp Coronado Hospital, Sharp Grossmont Hospital, and Sharp Memorial Hospital for earning the American Heart Association Get With The Guidelines® achievement awards! The recognitions demonstrate a commitment to following up-to-date, research-based guidelines for the treatment of stroke, leading to more lives saved, shorter recovery times, and fewer readmissions to the hospital.

As a participant in Get With The Guidelines program, these four Sharp hospitals qualified for the award by demonstrating how their organization has committed to improving quality care.

This year, Sharp's hospitals received the following achievement awards:

- Sharp Chula Vista Medical Center: Stroke GOLD PLUS with Target: Stroke Honor Roll Elite and Target: Type 2 Diabetes Honor Roll
- Sharp Coronado Hospital: Stroke GOLD PLUS with Target: Stroke Elite Plus Honor Roll and Target: Type 2 Diabetes Honor Roll
- Sharp Grossmont Hospital: Stroke GOLD PLUS with Target: Stroke Honor Roll Elite Plus and Target: Type 2 Diabetes Honor Roll
- Sharp Memorial Hospital: Stroke GOLD PLUS with Target: Stroke Elite Plus Honor Roll and Target: Type 2 Diabetes Honor Roll

Thank you to all the dedicated SHC staff and physicians who helped earn these recognitions and continue to provide excellent care to the entire community.

(Adapted from Sharp Hospitals Recognized for their Commitment to providing High-Quality Stroke Care, *Sharp Communications*, July 17, 2024.)

Sharp Chula Vista Medical Center Receives Prestigious Lantern Award

In July 2024, Sharp Chula Vista Medical Center (SCVMC) was selected as a recipient of the Emergency Nurses Association's 2024 Lantern Award. This prestigious award is a testament to the exceptional and innovative performance of SCVMC's emergency department (ED).

The Lantern Award was established in 2011 to honor EDs that demonstrate exceptional and innovative leadership, practice, education, advocacy and research. The award is named in honor of Florence Nightingale, known as the founder of modern nursing who was called the "Lady of the Lamp" for carrying a lantern as she cared for wounded soldiers during the Crimean War.

The Lantern Award is a visible symbol of SCVMC ED's accomplishments in incorporating evidence-based practice and innovation into emergency care. For countless community members, the SCVMC ED is a beacon of safety and the people who work and practice medicine there are guardian angels. SCVMC is one of just 94 EDs across the United States to receive the Lantern Award this year.

Congratulations to the SCVMC ED team on this tremendous achievement!

(From Sharp Chula Vista Medical Center Earns Lantern Award, *Sharp Communications*, July 24, 2024.)



2024 Caster Nursing Institute Scholarship Recipients

Congratulations to recipients of various Caster Nursing Institute scholarships. The Caster Nursing Institute provides scholarship assistance to registered nurses (RNs) and non-nursing team members (entry into practice) seeking to advance their education to BSN, MSN, or doctorate in nursing from an accredited nursing program. Scholarships are funded through the generous philanthropic contributions of Sharp HealthCare donors. Each year, the Caster Nursing Institute's Scholarship Selection Committee awards as many scholarships as the available funds allow. Since its inception, the Caster Nursing Institute has awarded 495 scholarships in the amount of \$2,183,900.

In 2024, CNI awarded 41 scholarships in the amount of \$236,500.

A competitive scholarship application demonstrates alignment with Sharp HealthCare strategic priorities for nursing practice, nursing education, and career progression within the organization, with a focus on retention of scholarship recipients.

Priorities for granting scholarships include the following nursing degrees:

- Entry into Practice: BSN, MSN (Del Corazon first generation scholarships)
- Entry into Practice: BSN, MSN (James B. and Mary Jane Wiesler scholarships)
- RN to BSN (Caster Nursing Institute scholarships)
- MSN: Leader and clinical nurse specialist (Caster Nursing Institute and Virginia Reil scholarships)
- Doctoral: Generation of new knowledge or translation of evidence into practice to improve patient outcomes (Caster Nursing Institute and Hubbard [PhD at University of San Diego Hahn School of Nursing and Health Science] scholarships).

A legacy scholarship is also provided in honor of Susan Stone Patient Centered Care, Research and Grant Endowment (Coronado Hospital). Application forms, recommendation forms, and scholarship writing class information are available on the Sharp Intranet. For a list of additional financial assistance resources, see nursing scholarships and financial aid. The call for scholarship applications commences each year on May 1.

SHARP HEALTHCARE NURSING SCHOLARSHIP RECIPIENTS 2024

SHARP Terrence and Barbara Caster Institute for Nursing Excellence

Entry into Practice

Jim & Mary Jane Wiesler

Andrea Griffin
Audrianna Alonso
Betty Vacogiannis
Christine Cady
Danielle Davis
Heather Nagey
Jessica Gonzalez
Jessica Mount
Jordan Duggie
Jura Nukuto
Karlee Baggs
Katie Menzies
Kelly Le
Malia Delacruz
Olivia Nussbaum
Raelyn Santos
Robert Rabago
Yesenia Cardenas

Austin Vuong ♦
Angelaca Semaan †
Lesslie Camacho †

Masters

Terrence & Barbara Caster

Bryan Harter
Elisa Garcia
Jay Sarmiento
Nicole Carpentieri
Tarah Garcia

JP Conly ♦
Melanie Knight ♦

Doctoral

Terrence & Barbara Caster

Ani Harter
Berenice Sanchez
Charlie Scheck
Courtney Kendal
Grace Ramirez
Julie Williams
Karla Picaso
Kristy Fillmore
Lindsay Warner
Taylor Wynn

Chaunon Bond ♦
Elisa Romero ♦
Kristina Lopez *

Scholarships include:

† Del Corazon First Generation Nursing Scholarship

* Marion J. Hubbard Scholarship

♦ Susan Stone Patient Centered Care Education, Research & Grant Endowment

• Virginia Reil Clinical Nurse Specialist Scholarship

James & Mary J. Wiesler Nursing Scholarship

Terry & Barbara Caster Nursing Scholarship

With the exception of the Del Corazon and Marion Hubbard scholarships, all other scholarships were in addition to the Caster and Wiesler awards.



Sharp Receives Second PTAP Accreditation with Distinction

On June 25, 2024, Sharp HealthCare was notified that the Sharp HealthCare Residency Program was granted accreditation with distinction by the commissioners of the American Nurses Credentialing Center's (ANCC) Practice Transition Accreditation Program (PTAP). The Nurse Residency Program (NRP) sites included in this accreditation with distinction designation are:

1. Sharp Chula Vista Medical Center
2. Sharp Coronado Hospital and Healthcare Center
3. Sharp Grossmont Hospital
4. Sharp Mary Birch Hospital for Women and Newborns
5. Sharp Memorial Hospital
6. Sharp Mesa Vista Hospital.



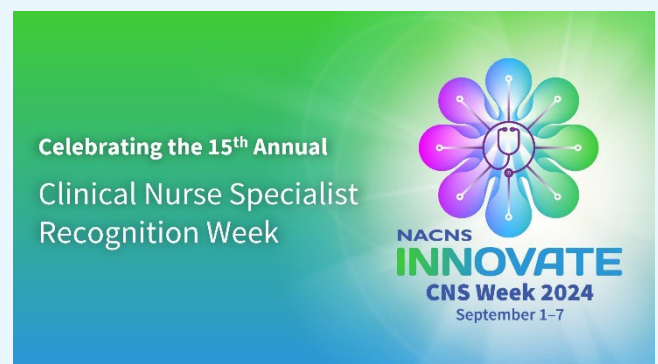
Accreditation with distinction is the highest recognition awarded by the ANCC's accreditation program. The accreditation is granted for four years: June 24, 2024 to July 31, 2028. The ANCC Commission on Accreditation appraisers made special mention of the strengths in Sharp's NRP. These included a well-written self-study (Sharp responded to a new 2024 accreditation manual) – "commendable for its clarity, organization, and ease of comprehension,"* and "robust leadership support, evidenced by the involvement of the program director and the endorsement of the system chief nurse executive and site chief nursing officers." "The presence of former NRP graduates in leadership roles also underscores the program's enduring impact." "The value of intentional rounding...as a best practice is highly regarded by both program stakeholders and nurse residents." "Effective interprofessional looping is effectively integrated across multiple sites and units, showcasing meaningful collaboration between nurse residents and their professional partners. This innovative approach enhances both patient care and relationship building." Additional accomplishments included: sourcing of grant funding for programmatic use/needs, the creation of a program overview self-paced learning module, the program's use of mentorship, and the various dissemination efforts from the program director and team."

Susan Stone, PhD, RN, FACHE, NEA-BC, chief nurse executive stated, "I acknowledge our team and thank them for all their dedication to this program and continuing their innovation and advancement by using the [PTAP] curriculum – it keeps us stronger and moving forward." Kim Failla, PhD, RN, NE-BC, NPD-BC, the NRP director also acknowledged the team saying, "They work so hard, and I just appreciate the team so very much. It is a joy to work with these people."

Sharp will be featured at the 2025 Transitions to Practice Conference in Phoenix, AZ. The ANCC PTAP sets the global standard for residency or fellowship programs that transition registered nurses. With ANCC evidence-based criteria, the program demonstrates excellence in transitioning nurses to new practice settings; Sharp is one of only 273 accredited programs.

(*Quotes taken from ANCC letter of accreditation letter dated June 25, 2024.)

We celebrate Sharp nurses!



2024 C.O.R.E Award Recipients

Congratulations to the 2024 Center of Recognized Excellence (C.O.R.E) recipients! These employees have made extraordinary contributions to The Sharp Experience and to making Sharp the best place to work, practice medicine and receive care. Please join us in recognizing these inspirational individuals, teams and departments.

Sharp Chula Vista Medical Center

Quality

Burhan Mohamedali, MD – Individual
Guideline-Directed Medical Therapy for Heart Failure – Team
Radiation Oncology – Department

Safety

Zyrus Sabio – Individual
3 OVT Cardiac – Team
Intensive Care Unit – Department

Service

Irma Nombrano – Individual
4T - Unit-Based Volunteer Services – Team
Intensive Care Unit – Department

People

Hansel Gagan – Individual
Sharp Equality Alliance Sharp Chula Vista Chapter – Team
5E Heart Failure PCU – Department

Sharp Coronado Hospital

Quality

Cathy Sawyers – Individual
Emergency Department – Team
Inpatient Pharmacy Department – Department

Safety

Christina Spotts – Individual
Mock Code Team – Team
Subacute Unit – Department

Service

Marlena Montgomery – Individual
Stroke Champions – Team
Medical Intensive Care Unit – Department

People

Noelle Pederson – Individual
Villa Clinical Leadership – Team
Medical Intensive Care Unit – Department

Sharp Grossmont Hospital

Quality

Jennifer Valenzuela – Individual
Sepsis Task Force – Team
Case Management - Social Work – Department

Safety

Rachael Doebel – Individual
NICU X-ray Repeat Reduction – Team
Emergency Department – Department

Service

Anitha Garlapati, MD – Individual
Physician and Nurse Rounding – Team
Case Management – Department

People

Allison Vickery – Individual
Epic Support Team – Team
Inservice Education – Department

Sharp Metropolitan Campus Sharp Memorial Hospital

Quality

Stacy Nilsen – Individual
Generational Health – Team
Cook Infusion Center – Department

Finance

Jennifer Martinez – Individual
Registry and Premium Reduction – Team
Infection Prevention – Department

Growth

Minerva Connor – Individual
Radiation Oncology – Team
Surgery – Department

Community

David Hansen, MD – Individual
E-CPR Team – Team
Intensive Care Unit – Department

Finance

Nathaniel Romero – Individual
Emergency Room Patient Access – Team
PACU Surgical Discharge Enhancements – Department

Growth

Elisabeth Green – Individual
Stroke Team – Team
Acute and Progressive Care Unit – Department

Community

Surgery – Team
Long Term Care – Department

Finance

Kimberly Miner – Individual
Surgical Services – Team
Home Infusion Services – Department

Growth

Sunil Jeswani, MD – Individual
Comprehensive Women's Care – Team
Cardiac Cath Lab – Department

Community

Jay Glucksman – Individual
Out of the Fog - A Continuum of Care – Team
Acute Physical Therapy – Department

Finance

Ryan Hays – Individual
Administrative Liaisons and Out of Network Repatriation Process – Team
Imaging Services – Department

Continued on next page

2024 C.O.R.E. Award Recipients (Cont'd)

Sharp Memorial Hospital (Cont'd)

Safety

Dena Stark – Individual
Eliminating Adverse Events: Axillary IABP in the ICU – Team
7 West Progressive Unit: Resource Role – Department

Service

Debbie Monaghan – Individual
Peer Review Optimization – Team
Integrative and Arts for Healing – Department

People

Susan Knier – Individual
Trauma Mentorship Toward Healthcare Career Excellence – Team
Surgical Procedure Area Advanced Clinicians – Department

Sharp Mary Birch Hospital for Women & Newborns

Quality

Anup Katheria, MD – Individual
NICU - Bronchopulmonary Dysplasia Reduction – Team
Post - Anesthesia Care Unit – Department

Safety

Jackie Hiner – Individual
Oxytocin Standardization for Safety – Team
Pharmacy: Inpatient RSV Immunization Program – Department

Finance

Jennifer Marsh – Individual
Pharmacy: Penicillin to Ampicillin for GBS Prophylaxis – Department

Community

Neonatal Intensive Care Unit – Department

Sharp Mesa Vista Hospital & Sharp McDonald Center

Quality

Joshua Barder – Individual
Child Partial Hospitalization – Team
Senior Behavioral Unit – Department

People

Edrienne Fae Yap – Individual
Mentored Internship Grant Program – Team
Social Services: Internship Program – Department

Safety

Addiction Medicine Service Line – Team

Growth

Neurocognitive Research Center – Department

Sharp Multi-Entity

Quality

NRI Clinical Center for NRN – Team

Safety

AVADE Workplace Violence Prevention – Team

Service

LGBTQ+ Best Practices Implementation – Team

Sharp System Service (including Sharp Community Medical Group)

Quality

Rocio Soriano – Individual
Continuing Medical Education – Department

Service

Cory Silva – Individual
Brown Simulation Center – Department

Safety

Peter Lopez-Perez – Individual

Growth

Michelle Nguyen – Individual
ECPR and ECMO Program Development – Team
Cook Infusion Center – Department

Community

Zachary Shinar, MD – Individual
Health Science High and Middle College Program Update – Team
Abdominal Transplant – Department

Service

Kimeh Kizekai – Individual
NICU NeoBrain Task Force – Team
Guest Services – Department

People

PSCU/WACU 4th Floor Merge – Team
Women's Recovery – Department

Growth

Perioperative Services – Team

Service

Valerie Jennison – Individual
Metro Campus Discharge Prescription Services – Team
Child and Adolescent Program Inpatient Services – Department

Community

Esteban Gonzalez – Individual
Helping Hands – Team
Social Services: BHConnect Pilot Program – Department

Finance

Cross Payer Parity – Team

People

Peri-Op 101 – Team

Finance

Nicole Archambault – Individual
RN Recruitment and Traveler Reduction – Team

Community

Donna Serpico-Thompson – Individual
Community Benefits and Health Improvement – Team

People

Laurie Ecoff – Individual
Continuing Medical Education – Department

Finance

Clinical Documentation Improvement – Department

2024 C.O.R.E. Award Recipients (Cont'd)

Sharp System Service (including Sharp Community Medical Group) (Cont'd)

Growth

Out of Network – Team
Cancer Genetics Program – Department
Mary Keith Giordano – Individual

Sharp Rees-Stealy Medical Centers

Quality

Lauren Votta – Individual
Cardiology Device Clinic – Team
Population Health – Department

People

Cynthia Parrott – Individual
Spotlighting The Sharp Experience – Team
Otay Ranch Physical Therapy – Department

Safety

Victoria Yutko – Individual
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Sharp Hospitals Named America's Best Maternity Hospitals

To help expectant parents find the right facility amid diminishing options, *Newsweek* has partnered with data and business intelligence portal Statista for the third annual ranking of America's Best Maternity Hospitals. The list recognizes the 404 leading maternity hospitals in the United States.

The ranking is based on a nationwide online survey of hospital managers and medical professionals (regarding areas like perinatal care and operative obstetrics) as well as publicly available data from hospital surveys addressing the patient experience (including topics such as cleanliness and communication about medication).

Data on hospital quality metrics—like the number of elective deliveries and level of personnel vaccination—was provided from several sources, including nonprofit hospital accreditation organization The Joint Commission, the Centers for Medicare and Medicaid Services, and the Health Resources and Services Administration.

Sharp Mary Birch Hospital for Women and Newborns and Sharp Chula Vista Medical Center have been recognized in the America's Best Maternity Hospitals for 2024 *Newsweek* list. They each achieved "4-ribbon" performance (reputation score >66% + patient experience score >79%+ quality metrics score >77%).

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