

Baby Care Basics Class

This class provides information on basic baby care. Participants will learn how to diaper, dress and swaddle a newborn. The class features the following:

- Selecting a Pediatrician
- Newborn Procedures
- Newborn Appearance
- Infant Feeding
- Baby Care
- Newborn Sleep Cycle
- Safe Sleep Practice
- Calming Your Baby
- When to Call Your Pediatrician
- Safety Tips
- Resources and Support Groups

For more information or to enroll, [click here](#).