

## SHARP HEALTHCARE NURSING LEADERSHIP

**Name:** Sara Wren, MSN, RN, NPD-BC

**Title:** Nursing Workforce Professional Development Specialist  
Sharp Chula Vista Medical Center

### **Summary:**

In my current role, I provide entity-wide leadership for the Nurse Residency, Preceptor, and Mentor programs. I started my career as a Nursing Assistant in the SRN float pool and work on SCVMC Oncology unit for 18 years as a bedside nurse, advanced clinician and clinical lead educator. I transitioned to the SMVMC Education Department full time in 2016.

### **Education:**

- MS, Nursing Education, University of Phoenix, Phoenix, AZ, 2018  
Practicum: Nursing Assistant Role in Managing ADLs for Patients with Dementia and Delirium
- BSN, San Diego State University, San Diego, CA, 1999

### **Certifications:**

- Nursing Professional Development, Board Certified (NPD-BC), American Nurses Credentialing Center

### **Recent Honors:**

- 2020 Nurse Leader of the Year: Structural Empowerment
- 2020 Core Award: System: People Pillar Team
- 2018 Core Award: Sharp Chula Vista: Finance Team

### **Presentations:**

- Mind Your Six: Mindfulness (Poster Presentation), Med Pass, AONL Conference San Diego, CA, 2019
- Using QSEN Competencies to Support the Hiring and Onboarding of Nurse Residents (Podium Presentation), 2015 QSEN National Forum: 10 Years and Going, San Diego, CA, 2015

### **Favorite Leadership Quote:**

"All our dreams can come true, if we have the courage to pursue them." Walt Disney

### **Contact Information:**

[Sharp HealthCare Nursing Residency Program](#)