Is it safe to get health care during the pandemic?

In short, yes. While the spread of COVID-19 is a top worry for many, Sharp has safety precautions in place to keep you and our caregivers safe.

From routine care to ER visits

Failing to get the care you need can be bad for your health. If you need medical attention, don't delay. It is safe to get care today:

- Emergencies
- Surgical procedures
  (based on your doctor's recommendation)
- Preventive screenings
- Routine care, including virtual visits
- Treatment of chronic conditions
- Consultations
- Lab and blood work

What we're doing to keep you safe

To ensure the health and safety of all our patients, Sharp is taking the following precautions:

Caregiver screenings
All doctors and staff are screened before entering our facilities.

Patient screenings
Surgical patients are tested for COVID-19 before coming to the hospital.

Face masks
Caregivers wear medical-grade masks while in the hospital.
Patients and visitors wear masks or face coverings while in Sharp facilities.

Visitor limitations
With some exceptions, no visitors are allowed at Sharp hospitals.
Please visit **sharp.com/covidvisitorpolicy**.

Facility cleaning
Enhanced cleaning practices are in place, including disinfecting robots to ensure hospital rooms are thoroughly clean.

Hand hygiene
Caregivers clean their hands before and after every patient interaction.

Isolation areas
Patients with COVID-19 symptoms are treated separately from others.

To learn more about Sharp's safety precautions during the COVID-19 pandemic, visit **sharp.com/getcare**.

From the expert

"Many people are avoiding seeing their doctor right now. But getting care can prevent small problems from turning into serious ones. More importantly, it could save your life. We're taking measures for your safety, so please listen to your body and seek care when you need it."

— **Dr. Julie Phillips, medical director, emergency care, Sharp Grossmont Hospital**