



Peppermint & Ginger

PROMOTES MENTAL & PHYSICAL ENERGIZING

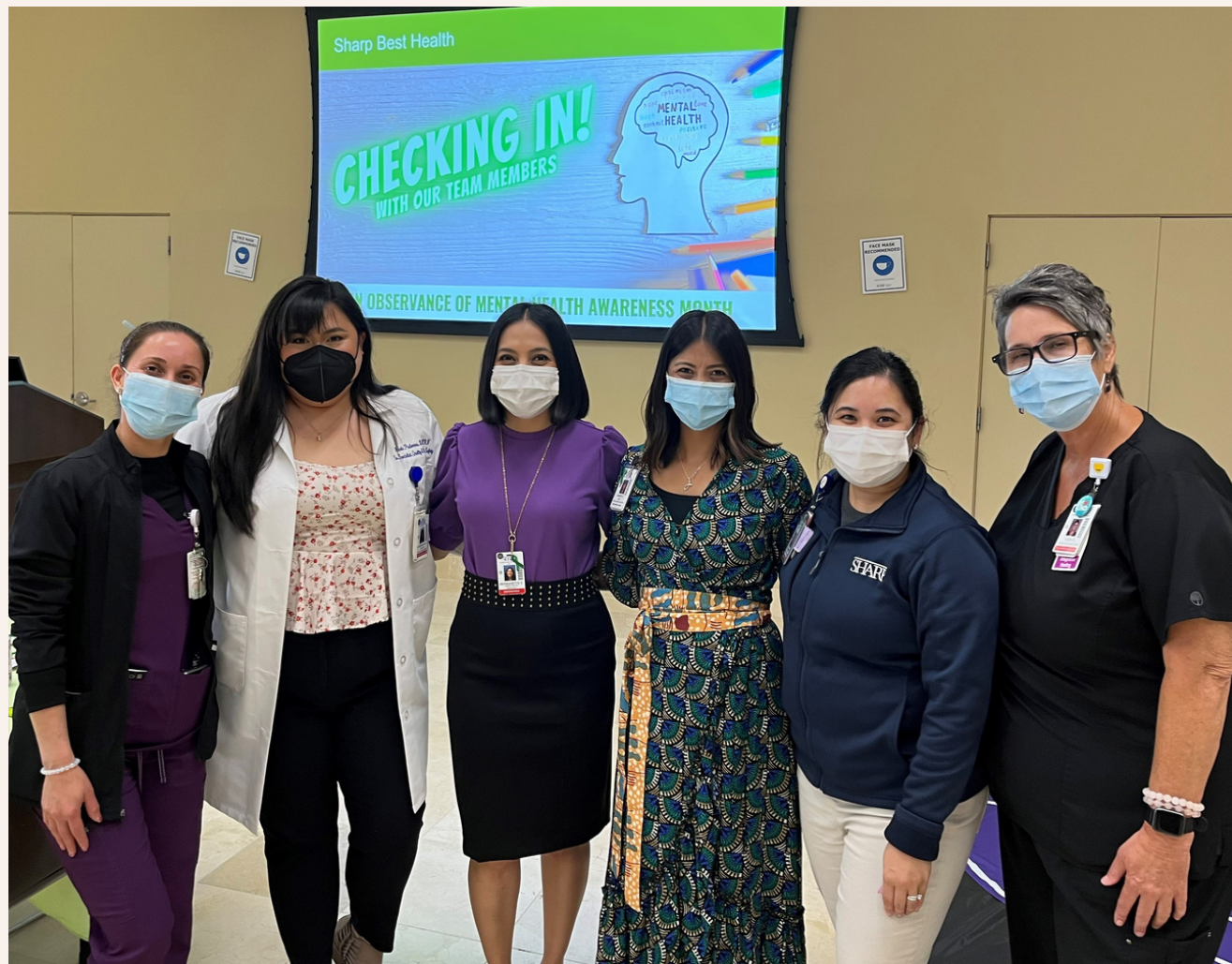
ENCOURAGES EMOTIONAL WARMTH

PROMOTES COMFORT

DO NOT USE PEPPERMINT IF HISTORY OF HYPERTENSION,
CARDIAC FIBRILLATION OR G6PD DEFICIENCY. AVOID CONTACT WITH EYES

Sharp Best Health

SHARP BEST HEALTH IS SHARP'S EMPLOYEE WELL-BEING PROGRAM. THE MISSION OF SHARP BEST HEALTH IS TO PROMOTE A WORK ENVIRONMENT THAT ENCOURAGES HEALTHY LIFESTYLE CHOICES, DECREASES THE RISK OF ILLNESS AND DISEASE, AND ENHANCES EMPLOYEE EFFECTIVENESS AND WELL-BEING.



Sharp Best Health

SHARP BEST HEALTH APPROACHES EMPLOYEE WELL-BEING COMPREHENSIVELY AND SEEKS TO PROVIDE EDUCATION, RESOURCES, SERVICES AND SUPPORT POLICIES WHICH REFLECT THE FOLLOWING DIMENSIONS OF PERSONAL WELL-BEING:

Purpose: Liking what you do every day and being motivated to achieve goals

Connection: Having supportive relationships at work and at home

Financial: Managing your economic life to reduce stress and increase security

Community: Spending time in a place aligned with your lifestyle, feeling safe, and having a sense of belonging

Physical: Having good health and enough energy to engage in the activities that matter to you

Mental: Having a balance of emotions, feeling in control of your behavior and able to cope with stress



FOR MORE INFORMATION ABOUT SHARP BEST HEALTH
[CLICK HERE](#)