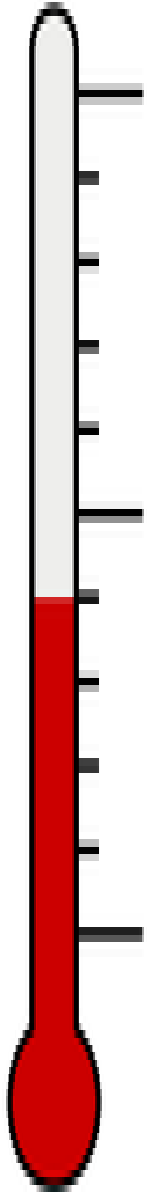


# Anger Thermometer



Baseline	LEVELS OF ANGER/EMOTIONS	PHYSICAL SENSATIONS	AUTOMATIC THOUGHTS	ACTION URGES	COPING SKILLS/NEW BEHAVIORS