



## **Kidney Transplant Recipient Selection Criteria**

This document explains the criteria the Sharp HealthCare Transplant Program uses to evaluate and accept kidney transplant candidates. Patients referred for transplant are accepted for evaluation regardless of race, ethnicity, religion, national origin, gender, or sexual orientation. All patients with end-stage renal disease are individually reviewed to determine their candidacy for kidney transplantation.

The transplant team evaluates three types of criteria to determine whether you may receive a kidney transplant.

### **Inclusion Criteria to Kidney Transplant (Transplant Eligibility)**

To be considered for transplant evaluation, patients must meet the following:

- End-stage renal disease
- Demonstrated ability to follow the prescribed medical regimen
- Medically cleared for transplantation

### **Absolute Exclusion Criteria to Kidney Transplant**

Meeting the eligibility criteria above does not necessarily mean you are a kidney transplant candidate. If you have any of the conditions listed below, you are not a candidate:

- Active infection or untreated malignancy
- Psychosocial maladaptive behavior
- Uncorrectable non-renal disease or pregnancy
- Limited life expectancy due to non-renal conditions
- Severe debilitation without potential for recovery
- Lack of adequate caregiver support
- Insufficient resources for post-transplant care
- Comorbidities that would reduce the benefit of transplant, including patient survival and continued function of the transplanted kidney
- Active tobacco use; abstinence is required prior to listing, with exceptions considered by the committee
- Alcohol or substance abuse; abstinence is required prior to listing, with exceptions considered by the committee
- Active marijuana smoking or vaping is not permitted; oral use may be allowed



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### **Organ Acceptance Criteria**

Each organ offer is evaluated on an individual basis, with careful consideration of organ quality and patient safety, to support the best possible transplant outcome for our patients. When evaluating a potential organ offer, the transplant team considers several medical and logistical factors to ensure the best possible clinical outcome. These include, but are not limited to:

- Kidney function and cause of death
- Donor age, health status, social and medical history
- Kidney Donor Profile Index (KDPI) metrics
- Blood type and tissue compatibility
- Infectious disease testing results
- Overall infection risk profile
- Logistical considerations, including cold ischemic time

The Sharp Kidney Transplant Program may also consider organs from donors with conditions such as hepatitis B or from donors identified as having an increased risk for certain infections, when allowed under federal regulations and with the patient's documented informed consent.