

# Sharp Grossmont Hospital for Neuroscience

## San Diego's first comprehensive center for advanced brain and spine care

Opening in April of 2025, the Sharp Grossmont Hospital for Neuroscience will provide state-of-the-art, world class care for patients needing innovative procedures not available elsewhere in the San Diego region.

### A continuum of care across many specialties

Patients with conditions such as blood clots in the brain that can cause strokes, cancer of the head, neck and spine, complex spine deformities and more, require integrated care and therapies across many disciplines. This can result in doctors' visits to different locations and a potentially fragmented care team. Patients have often had to travel out of the area or state to receive the care they need.

Now, the Sharp Grossmont Hospital for Neuroscience gives the region a multidisciplinary team of specialized neurosurgeons, neurologists, neuro-oncologists, and therapists under one roof, as well as the latest diagnostic and treatment technologies. Complementing the hospital is an outpatient clinic, ensuring coordinated care from multiple neuro specialists. With Sharp Grossmont already designated a Comprehensive Stroke Center, the highest designation given by The Joint Commission, and treating the highest number of stroke patients in San Diego County, this was a natural destination to create this much-needed specialty hospital.

### A philanthropic success story

Built at a cost of \$58 million, a significant amount of funding has come from generous Grossmont Hospital Foundation donors, the Grossmont HealthCare District, and other funding sources.



## Features

Housed in a new, modern pavilion in the heart of the Sharp Grossmont campus, the facility features:

- 16-bed progressive care unit (Neuro-PCU)
- 16-bed intensive care unit (Neuro-ICU)
- 18-bed inpatient rehabilitation unit
- Physical therapy and occupational therapy gymnasium

## Specialties and services

- **Neurosurgery** – Exceptional surgeons, along with neuro-trained nursing and ancillary teams, offer care across all areas of advanced neurosurgery, using precision technologies like the Stealth Autoguide cranial robotic guidance platform.
- **Complex spine care** – Expert treatment is available for a full range of spinal procedures, such as spinal deformities and tumors, using minimally invasive techniques that include the dualPortal Endoscopic Spinal Surgery System and Mazor robotic platform.
- **Movement disorder treatment** – Deep brain stimulation (DBS) and MR-guided focused ultrasound offer hope for people living with Parkinson’s disease, essential tremor, and other movement disorders.
- **Epilepsy care** – Diagnostic and treatment options include a specialized monitoring unit, stereoelectroencephalography (SEEG) to pinpoint the source of seizures in the brain, vagus nerve stimulation, resective surgery, and interstitial thermal therapy.
- **Neuro-ophthalmology** — A dedicated clinic equipped with the latest diagnostic and treatment technology, including virtual reality-based ocular testing and optical coherence tomography. Integration between ophthalmology and neurosurgery can address vision issues driven by brain conditions.
- **Stroke rehabilitation** — The latest rehabilitation technology helps patients recovering from stroke achieve their highest level of function.
- **Sleep disorder treatment** — Expert evaluation and care are offered at the region’s only fully integrated sleep disorders center.

To learn more about the Sharp Grossmont Hospital for Neuroscience, visit [sharp.com/neurosciencehospital](https://sharp.com/neurosciencehospital).