Sharp Chula Vista Medical Center Community Health Needs Assessment

Fiscal Year 2022



Committed to Improving the Health and Well-Being of Our Community



Sharp Chula Vista Medical Center 2022 Community Health Needs Assessment Executive Summary

Sharp HealthCare (Sharp) has been a longtime partner in the process of identifying and responding to the health needs of the San Diego community. This partnership includes a broad range of hospitals, health care organizations and community agencies that have worked together to conduct triennial community health needs assessments (CHNAs) for more than 20 years. Previous collaborations among not-for-profit hospitals and other community partners have resulted in numerous well-regarded CHNA reports. Sharp hospitals, including Sharp Chula Vista Medical Center (SCVMC), base their community benefit and community health programs on the findings of their CHNAs, expertise in programs and services offered at their hospital, and knowledge of the populations and communities they serve.

The Sharp Chula Vista Medical Center 2022 Community Health Needs Assessment (SCVMC 2022 CHNA) examines the health needs of the community members it serves in San Diego County (SDC). SCVMC prepared this CHNA for fiscal year 2022 (FY 2022) in accordance with the requirements of Section 501(r)(3) within Section 9007 of the Patient Protection and Affordable Care Act (Affordable Care Act) and Internal Revenue Service (IRS) Form 990, Schedule H, for not-for-profit hospitals. ¹Error! Bookmark not defined.

SCVMC'S 2022 CHNA process and findings are based on the collaborative Hospital Association of San Diego and Imperial Counties 2022 Community Health Needs Assessment (HASD&IC 2022 CHNA) process and findings for SDC.

HASD&IC CHNA Collaboration and Governance

The HASD&IC Board of Directors represents all member sectors and provides policy direction to ensure the interests of member hospitals and health systems are preserved and promoted. The CHNA Advisory Workgroup includes representatives from every participating hospital and health system and provides overarching guidance regarding the research approach and community engagement. The CHNA Committee works closely with the CHNA Advisory Workgroup and reports to the HASD&IC Board of Directors. The CHNA Committee is responsible for implementing the countywide CHNA and includes representatives from the following San Diego hospitals and health care systems:

- Kaiser Permanente
- Rady Children's Hospital
- Scripps Health (Vice Chair)
- Sharp HealthCare (Chair)
- Tri City Medical Center
- UC San Diego Health

¹ See Section 9007(a) of the Patient Protection and Affordable Care Act (Affordable Care Act), Pub. L. No. 111-148, 124 Stat.119, enacted March 23, 2010. Notice 2011-52.

The process and findings of the collaborative HASD&IC 2022 CHNA significantly informed the SCVMC 2022 CHNA. The SCVMC 2022 CHNA was further supported by additional data analysis and community engagement activities specific to the community served by SCVMC. The findings of the SCVMC 2022 CHNA will be used to help guide current and future community health programs and services at SCVMC, particularly for high-need community members. In addition, SCVMC will develop and make publicly available its three-year implementation strategy — a federally required written strategy to address the needs identified through the SCVMC 2022 CHNA process.

The CHNA is considered adopted once it has been made widely available to the public. In addition, the CHNA and the implementation strategy must be approved by an authorized governing body of the hospital facility.

2022 CHNA Objectives

Conducting a CHNA during a pandemic brought challenges to both planning and implementation. Both HASD&IC and Sharp developed new strategies to maintain strong connections with community members and community-based organizations (CBOs) throughout the community engagement process. In addition, the community's needs have evolved continuously over the past few years as the pandemic has progressed.

Specific objectives of the 2022 CHNA processes included:

- Identify, understand, and prioritize the health and social needs of SDC residents, especially those community members served by Sharp.
- Provide a greater understanding of barriers to health improvement in SDC and inform and guide local hospitals in the development of programs and strategies that address identified community health needs.
- Build on and strengthen community partnerships established through the 2019 CHNA processes.
- Explore the current impact of COVID-19 on the community health needs identified by the 2019 CHNA.
- Obtain deeper feedback from and about communities in SDC facing inequities.
- Align with national best practices around CHNA development and implementation, including the integration of health conditions with social determinants of health (SDOH).

The HASD&IC and Sharp (including SCVMC) 2022 CHNA community engagement processes used interviews, focus groups and online surveys with a wide range of stakeholders. Input was gathered from community residents and patients, community health workers (CHWs), CBOs, service providers, civic leaders, health care leaders and experts, hospital and health care providers and staff, case managers, social workers, Federally Qualified Health Centers (FQHCs), and local government staff. The 2022 CHNA also included extensive quantitative analysis of national and state-wide data sets, SDC emergency department (ED) and inpatient hospital discharge data, community clinic usage data, county mortality and morbidity data, and data related to

SDOH. The mixed-use approach to data collection and analysis made it possible to view community health needs from multiple perspectives.

Community Defined

For the purposes of the collaborative HASD&IC 2022 CHNA, the study area encompasses all of SDC due to a broad representation of hospitals in the area. More than 3 million people live in socially and ethnically diverse SDC. Information on key demographics, socioeconomic factors, access to care, health behaviors and the physical environment can be found in the full HASD&IC 2022 CHNA report at: https://hasdic.org.

The primary communities served by SCVMC encompass the entire south region of SDC, including the sub-regional areas of Chula Vista, Imperial Beach, Otay Mesa, Bonita, Sweetwater, National City and Coronado. Most residents of Coronado use Sharp Coronado Hospital and Healthcare Center; however, information about Coronado is included in selected descriptions of the community served by SCVMC since the sub-regional area is part of the south region, based on the countywide needs assessment. **Table 1** presents ZIP codes where the majority of SCVMC patients reside.

Table 1: Primary Communities Served by SCVMC²

ZIP Code	Community	
91910	Chula Vista	
91911	Chula Vista	
91913	Chula Vista - Eastlake	
91950	National City	
92114	Encanto	
92139	Paradise Hills	
92154	Otay Mesa	

Recognizing that health needs differ across SDC regions and that socioeconomic factors impact health outcomes, SCVMC's 2022 CHNA process used the Dignity Health and IBM Watson Health Community Need Index (CNI) to identify communities within its service area that experience greater health inequities. **Table 2** presents ZIP codes of the primary communities served by SCVMC that have especially high need based on their CNI score.

² Sharp HealthCare (Sharp) fiscal year 2021, Centricity HPA via Merlin (internal data warehouse).

Table 2: High-Need Primary Communities Served by SCVMC, CNI Score > 4.03

ZIP Code	Community
91910	Chula Vista
91911	Chula Vista
91950	National City
92114	Encanto
92139	Paradise Hills
92154	Otay Mesa

Methodology Overview

HASD&IC 2022 CHNA

The CHNA Committee completed an extensive review of national best practices and evidence-based frameworks to develop a research approach to health equity. The purpose of this effort was to address the historical, systemic and social drivers disproportionately impacting vulnerable populations including people of color, socially disadvantaged groups and those living in poverty.

Health Equity Framework

Figure 1 details the health equity framework adopted by the CHNA Committee to help guide collective research, analysis and community engagement. San Diego hospitals, health systems, and health districts are committed to a CHNA process that reflects the shared values outlined in the healthy equity framework.

³ Dignity Health and IBM Watson Health Community Need Index (2022).

Figure 1: HASD&IC 2022 CHNA Health Equity Framework

Equity We commit to research and community engagement strategies that purposefully seek to quantify and describe inequities that disproportionately impact our disadvantaged populations due to structural components. Inclusion We commit to meaningful engagement with community organizations, community members, and leaders who serve diverse populations. We understand the importance of sharing a space for listening and honoring perspectives of those with lived experiences. **Empathy** We commit to employing a trauma-informed approach that works to break stigma by creating safe and meaningful opportunities to engage community members and community partners. Responsibility We commit to using evidence-informed research methods, analyzing the best available data, and making it available to community members and community partners.

Research Methods and Approach

To gain a deep and meaningful understanding of the health and social needs of SDC residents, two primary methods were employed for the HASD&IC 2022 CHNA:

We commit to sharing the results of our research as well as our plans to address the findings with everyone who participates.

- 1. Quantitative analyses of existing publicly available data were conducted to provide an overarching view of critical health issues across SDC.
- Qualitative information was gathered through a comprehensive community engagement process to understand people's lived experiences and needs in the community.

The CHNA Committee reviewed the feedback and data to prioritize the top needs in SDC. Please see **Figure 2** for more information on the HASD&IC 2022 CHNA process.

Figure 2: HASD&IC 2022 CHNA - Process Map

2022 COMMUNITY HEALTH NEEDS ASSESSMENT (CHNA) PROCESS MAP

Quantitative Data Collection **Community Engagement Activities** 2019 Identify and explore priority health needs, Identify and explore priority health needs, social determinants of health, barriers to care, CHNA social determinants of health, community assets, and resources community health statistics **FINDINGS** Community Partner Guidance Demographics Conversations with community partners Age, ethnicity, gender, geography, to discuss emergent COVID-19 community health coverage status, income, needs and identify key areas of focus language, race, sex HEALT Online Community Survey Community Data & Assessments Community members, community-based Reports, dashboards, assessments, organizations, community clinics, hospitals and and analysis compiled or conducted by I health systems, grantmaking organizations, community-based organizations, coalitions, government employees, and elected officials and researchers in San Diego County Ε 0 Promotora & Community Health Socioeconomic Data & Indexes UITY Worker Outreach & Feedback Conditions in the places where people Focus group participation and interviews live, learn, work & play affect a wide range of community members of health risks and outcomes FRAMEWO Key Informant Interviews & Focus Groups Hospital & Health System Utilization Community members, leaders, and Emergency department discharges health experts representing the community, and inpatient hospitalizations community-based organizations, and hospitals County of San Diego Data **Public Health Services Input** Data and analysis from Health and Human Interview & collaboration with R Services Agency, Public Health Services including County of San Diego Health and Human Community Health Statistics, Health Equity Services Agency, Public Health Services Dashboards, Morbidity & Mortality Data Identification & Prioritization of 2022 Community





Needs

Quantitative Data

Quantitative data were used for three primary purposes:

- 1. Describe the SDC community
- 2. Plan and design the community engagement process
- 3. Facilitate the "prioritization process" identifying the most serious community health needs of SDC residents who face inequities

Quantitative data included:

- California's Department of Health Care Access and Information (HCAI) limited data sets, 2017-2019 SpeedTrack^{©4}
- CNI³
- Public Health Alliance of Southern California Healthy Places Index (HPI)
- National and statewide data sets including SDC mortality and morbidity data and data related to SDOH

The HPI and the CNI were used to identify the most under-resourced geographic areas. This information helped guide the community engagement process, including selecting communities from which to solicit input and developing relevant and meaningful engagement topics and questions.

The following reports and dashboards from the County of San Diego Health and Human Services Agency were also used:

- County of San Diego Community Health Statistics
- Health Disparities Executive Summary Report⁵
- Racial Equity: Framework and Outcomes Brief
- San Diego County Self-Sufficiency Standard, Household with Two Adults, One Preschool-Age Child and One School-Age Child, 2021

- Overdose Data to Action (OD2A)
- Health Equity Dashboard Series: Racial Equity Dashboards
- San Diego County Self-Sufficiency Standard Dashboard
- COVID-19 in San Diego County Dashboard
- LGBTQ+ Health and Well-Being Dashboard

⁴ SpeedTrack's Population Health Decision Support Platform, was utilized to export emergency department and inpatient hospital discharge data.

⁵ County of San Diego Health and Human Services Agency (HHSA), Public Health Services (PHS), Community Health Statistics Unit (CHSU) (2022), Exploring Health Disparities in San Diego County: Executive Summary. www.SDHealthStatistics.com

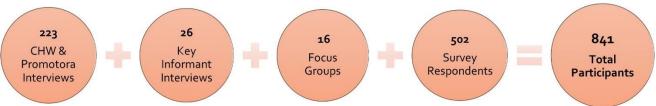
Qualitative Data: Community Engagement Activities

The goal of the HASD&IC 2022 CHNA community engagement process was to solicit input from a wide range of stakeholders so the sample was as representative as possible of those facing inequities in SDC. A total of **841** individuals participated in HASD&IC 2022 CHNA community engagement activities. Input from the community was gathered through the following efforts:

- Working with CHWs to conduct interviews with community members
- Conducting focus groups and key informant interviews with community members, CHWs, CBOs, service providers, civic leaders and health care leaders (conducted in collaboration with Kaiser Foundation Hospital-San Diego)
- Conducting focus groups and key informant interviews with hospital and health system clinicians, case managers, social workers and executive leaders
- Distributing an online survey to community members, hospital staff, CBOs, FQHCs and local government staff

Please see **Figure 3** below for a summary of community engagement in the HASD&IC 2022 CHNA.

Figure 3: HASD&IC 2022 CHNA – Summary of Community Engagement Activities



Populations Served/ Types of **Roles of Participants Organizations** Represented Case Managers Behavioral Health **Child Care Providers** Clinical Staff Coalitions & Collaboratives Children & Youth **Community Advocates** Community Advocacy Justice Involved Community Health Workers Community Based LGBTQ+ Organizations **Community Members** County Public Health Military Connected & Veterans Data Analysts Services Federally Qualified Health Native Americans & Tribal **Executives & Administrators** Centers (clinics) Communities Legal Advocates People Experiencing Grantmakers Homelessness Medically Underserved Hospitals and Health Refugees & Immigrants Systems **Program Managers** Legal **Rural Communities Promotoras** Social Service Navigators **Local Governments** Seniors Social Workers Shelter & Housing Transborder Communities Providers **Students** Social Services Transitional Age Youth Survivors Workforce Development Uninsured & Underserved Youth Leaders

SCVMC 2022 CHNA

The HASD&IC 2022 CHNA process provided the foundation for the development of the SCVMC 2022 CHNA, with additional Sharp-specific quantitative data analysis and community engagement activities completing the SCVMC 2022 CHNA process.

Quantitative Data

The SCVMC 2022 CHNA process included strategic analysis by Sharp's Clinical Analytics team of internal hospital and clinic data to explore observations and trends among Sharp's patient population, particularly related to the impact of the COVID-19 pandemic. Data came from a variety of sources, including the Cerner Millennium electronic medical record, hospital and clinic claims data, managed care enrollment and clinical registries. Key service-line stakeholders in behavioral health and oncology, along with Sharp's Emergency Department Collaborative and Clinical Effectiveness department also participated in the process to ensure the accuracy of data sources and metrics.

SCVMC also used SpeedTrack's California Universal Patient Information Discovery application to analyze HCAI hospital discharge data, which provided insight on top diagnoses, trends and demographic characteristics among both inpatients and individuals who visited the ED at SCVMC during CY 2020. This analysis reinforced key themes identified in the Sharp and HASD&IC 2022 CHNA processes.

In addition, SCVMC used the CNI to identify the communities in its service area experiencing health inequities. This included overlaying hospital discharge data for specific health conditions on top of CNI data in order to analyze the connection between those health conditions and under-resourced communities in SDC.

Qualitative Data: Community Engagement Activities

Sharp conducted community engagement activities specifically for the community members it serves. Sharp collected input through three electronic surveys:

- 1. A survey for select Sharp health care providers, particularly those professionals who serve patients with health equity challenges.
- 2. A survey for Sharp human resources (HR) professionals representing the experiences of Sharp team members impacted by health and equity challenges.
- 3. A survey for the Sharp Insight Community representing Sharp current and former patients (or their families and caregivers), some Sharp-affiliated physicians, and community members unaffiliated with Sharp.

The first two surveys were conducted in contract with the Institute for Public Health at San Diego State University (IPH) and included **108** participants. The third survey was implemented in partnership with Sharp's Consumer Research team and included **619**

participants. **Table 3** summarizes the SCVMC 2022 CHNA electronic community engagement surveys.

Table 3: SCVMC 2022 CHNA - Electronic Survey Participant Detail

IPH Sharp Provider Survey, N=92				
Participant	Hospitals/Facilities Represented	Participant Expertise		
Sharp Community Information Exchange (CIE) Workgroup ⁶	All	Low-income, medically underserved, populations with chronic diseases, minority populations Regions: Central East, North Central, North Coastal, North Inland, South		
Sharp Cancer Navigators & Social Workers	SCVMC, SGH, SMH, SRSMG, System Services	Cancer expertise at Sharp; including for low- income, medically underserved, populations with chronic diseases, minority populations Regions: Central, East, North Central, South		
Sharp Diabetes Health Educators	SCVMC, SGH, SMH, OPP	Low-income, medically underserved, populations with chronic diseases, minority populations		
Sharp Patient Access Services Team Members	All	Regions: Central, East, North Coastal, South Low-income, medically underserved, populations Regions: Central East, North Central, North Coastal, North Inland, South		
Sharp Case Manager Leadership	SCVMC, SCMG, SCHHC, SGH, SMH, SRSMG, System Services	Low-income, medically underserved, populations with chronic diseases, minority populations Regions: Central East, North Central, North Coastal, North Inland, South		
IPH Sharp Human Resources Survey, N=16				
Participant	Hospitals/Facilities Represented	Participant Expertise		
Sharp HR Team Members	N/A ⁷	Sharp employees – health, social and emotional well-being Regions: Central East, North Central, North Coastal, North Inland, South		
Sharp Insight Community Survey, N=619				
Participant	Hospitals/Facilities Represented	Participant Expertise		
Sharp patients and caregivers; community members	N/A	Lived experience. Regions: Central East, North Central, North Coastal, North Inland, South		

<u>Sharp Entity Key</u>: SCVMC = Sharp Chula Vista Medical Center; SCHHC = Sharp Coronado Hospital and Healthcare Center; SGH = Sharp Grossmont Hospital; SMC= Sharp McDonald Center; SMH = Sharp Memorial Hospital; SRSMG = Sharp Rees-Stealy Medical Group; SCMG = Sharp Community Medical Group; OPP = Sharp Memorial Hospital Outpatient Pavilion; System Services = Sharp HealthCare System Services

⁶ The Sharp Community Information Exchange (CIE) workgroup is comprised of Sharp staff across entities and departments who help guide the development and expansion of 2-1-1 San Diego's CIE platform utilization at Sharp for case management and care coordination.

coordination.

The base of the small number of participants in the Institute for Public Health at San Diego State University Sharp Human Resources Survey, hospitals/facilities represented are excluded to preserve anonymity.

Prioritization of 2022 Community Needs

The CHNA Committee collectively reviewed the quantitative and qualitative data and findings. Several criteria were applied to the data to determine which health conditions were of the highest priority in SDC. These criteria included: the severity of the need, the magnitude/scale of the need, disparities or inequities and change over time. Those health conditions and SDOH that met the largest number of criteria were then selected as priority community health needs.

As the HASD&IC 2022 CHNA process included robust representation from the communities served by SCVMC, this prioritization process was replicated for the SCVMC 2022 CHNA.

Findings: Top Community Needs

The CHNA Committee identified the following priority community needs for SDC (listed in alphabetical order):

Figure 4: HASD&IC 2022 CHNA – Top Community Needs for SDC

- Access to Health Care
- Aging Care & Support
- Behavioral Health
- Children & Youth Well-Being
- Chronic Health Conditions
- Community Safety
- Economic Stability

Figure 4 above represents the top identified community needs, the foundational challenges, and the key underlying themes revealed through the



HASD&IC 2022 CHNA process. The needs identified as the most critical for San Diegans are listed in the center of the circle in alphabetical — not ranked — order. The blue outer arrows of the circle represent the negative impact of two foundational challenges — health disparities and workforce shortages — which greatly exacerbated every identified need at the center of the circle. The orange bars within the outer circle illustrate the underlying themes of stigma and trauma — the quiet yet insidious barriers that became more pervasive during the COVID-19 pandemic.

The graphic demonstrates how each component of the findings — the top identified community needs, the foundational challenges, and the key underlying themes —

impact one another. In particular, the foundational challenges (health disparities and workforce shortages) and underlying themes (stigma and trauma) interact with each other to amplify the identified community needs as well as disrupt efforts that advance health equity and improve community well-being.

These findings were also supported through both the quantitative analysis and community engagement activities conducted as part of the SCVMC 2022 CHNA. In addition, Maternal & Prenatal Care, including High-Risk Pregnancy, was also identified as a community health need by the SCVMC 2022 CHNA.

Community Recommendations

HASD&IC 2022 CHNA

During qualitative data collection, HASD&IC 2022 CHNA community engagement participants were asked, "What are the most important things that hospitals and health systems could do to improve health and well-being in our community?" Overwhelmingly, respondents agreed that there is a critical need to help patients navigate available services that will help improve their health and well-being. In both the interviews and the surveys, suggestions that centered around improved patient care rose to the top.

Most responses fell into four categories: navigation and support, culturally appropriate care, workforce development and community collaboration. See **Table 4** for the types of recommendations identified by HASD&IC's community engagement participants.

Table 4: HASD&IC 2022 CHNA – Community Recommendations for Hospitals and Health Systems to Improve Community Health and Well-Being

HASD&IC 2022 CHNA COMMUNITY ENGAGEMENT RECOMMENDATIONS

Provide Navigation & Support to Patients

- Connect patients to services that will improve their health & well-being
- Help patients understand and use health coverage
- Help patients coordinate their health services
- Help patients apply for health coverage or other benefits
- Help patients pay for their health care bills

Provide Culturally Appropriate Care to Patients

- Ensure that a patient's care meets their needs
- Provide culturally appropriate health care in more languages
- Train hospital staff on biases

Workforce Development

- Diversify the health care workforce
- Hire more doctors, nurses, and other health care professionals
- Create more health care job opportunities and career pathways

Community Collaboration

- Collaborate with community groups and schools
- Provide health education

SCVMC 2022 CHNA

Most IPH Sharp Provider Survey respondents believed Sharp does not have programs or services to address their issues of concern. Recommendations centered around providing increased connection and support, such as: more follow-up calls, home visits, and support for caregivers; enabling safe patient visitation during COVID-19; and raising awareness about and expanding available resources. In addition, the most respondents believed telehealth to be potentially beneficial to patients.

IPH Sharp Human Resources Survey respondents emphasized the importance of addressing employee well-being and reducing turnover. Their recommendations focused on improving communication, work-life balance, compensation, new graduate programs and the hiring process.

Both surveys indicated that efforts must be made to increase the availability of behavioral health care providers and improve access to behavioral health care. It was also recommended to create more community-based behavioral health programs and offer services in patients' primary languages.

Further, respondents from both IPH surveys expressed interest in employee educational opportunities focused on: care for the senior community; defining and applying cultural humility; and implicit/unconscious bias and its impact on decision making.

Overall, IPH survey findings suggest that increased support and human connection in health care — both for patients and staff — is essential to address the most acute needs experienced by Sharp's community.

Similar to the IPH surveys, Sharp Insight Community Survey participants believed telehealth to be beneficial. Participant feedback also revealed that more could be done to promote community awareness about Sharp programs and services among certain populations within SDC.

Next Steps

HASD&IC 2022 CHNA

The CHNA Committee is in the process of planning Phase 2 of the 2022 CHNA, which will include gathering community feedback on the 2022 CHNA process and strengthening partnerships around identified community needs. In addition, the CHNA Committee has identified the following priority areas for future research:

Updated hospital discharge data: Due to the COVID-19 pandemic and its
potential to create temporary anomalies, hospital discharge data covering the
years 2017-2019 was used for this report. The CHNA Committee plans to seek
expert assistance and provide the community with updated hospital discharge
data from 2020 and 2021.

- Substance use: The 2022 community engagement process revealed concerns around increasing substance use for both children and adults but is not sufficiently documented in the most recent trends. Additional information will be collected from community partners.
- The impact of future/pending changes to programs critical to the health and wellbeing of our community: Following completion of this report, there could be significant changes to many health and social support programs that community members relied on during the pandemic. The CHNA Committee plans to assess the impact of these issues as part of the 2022 CHNA Phase 2 community engagement process.
- Increasing costs and inflation: The CHNA Committee plans to follow up with community partners about the impact of increasing costs and inflation as part of the 2022 CHNA Phase 2 community engagement process.

SCVMC 2022 CHNA

SCVMC is committed to the health and well-being of its community, and the findings of the SCVMC 2022 CHNA will help inform the activities and services provided by SCVMC to improve the health of its community members, especially those disproportionately affected by the COVID-19 pandemic. SCVMC developed its FY 2023 – FY 2026 Implementation Strategy to address the needs identified in the 2022 CHNA for the community it serves. Many of the programs included in the implementation strategy have been in place at SCVMC for several years. In addition, SCVMC leadership, Sharp HealthCare Community Benefit and team members across Sharp are committed to an ongoing evaluation of the programs provided to address the needs of SCVMC's community members.

The SCVMC FY 2023 – FY 2026 Implementation Strategy is available online to the community at: http://www.sharp.com/about/community/health-needs-assessments.cfm. It is also submitted along with the IRS Form 990, Schedule H, and will be publicly available on Guidestar (http://www.guidestar.org/) in the coming months. Categories of programs and activities included in the SCVMC FY 2023 – FY 2026 Implementation Strategy are summarized in **Table 5** below:

Table 5: SCVMC FY 2023 – FY 2026 Implementation Strategy Summary

SCVMC FY 2023 – FY 2026 IMPLEMENTATION STRATEGY SUMMARY, BY IDENTIFIED NEED

ACCESS TO HEALTH CARE

- Continuation of multiple programs within Sharp that offer education, financial support and payment options for patients needing advanced guidance on available funding options
- Continue to facilitate CalFresh (SNAP) applications for patients
- Continue to provide Project HELP funds for pharmaceuticals, transportation vouchers and other needs for economically disadvantaged patients, as well as free transportation services for COVID-19 positive individuals through a contract with RideWith24.
- Assist patients in gaining access to free or low-cost medications through different programs, including participation in the 340B Drug Pricing Program
- Led by Sharp Integrated Care Management, including hospital (SCVMC) leaders. enhance access to
 health and social services for vulnerable patients and community members, particularly San Diego's
 homeless population; actively pursue new opportunities for community partnership and/or
 collaboration to improve outcomes for patients experiencing homelessness; continue to refer
 patients to local community organizations and resources, including lodging for patients experiencing
 homelessness with or under investigation for COVID-19; and continue participation and sponsorship
 for the Downtown San Diego Partnership's Family Reunification Program
- Continue to partner with 2-1-1 San Diego's CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

AGING CARE & SUPPORT

- Host a variety of community senior health education programs and offer support in order to raise health education/awareness, identify risk factors and connect seniors and caregivers to resources
- Collaborate with Sharp HospiceCare to provide community education seminars, including the importance of an advance directive and advance care planning
- Maintain active relationships with community organizations serving seniors throughout SDC's south region (board service, event participation, etc.)

BEHAVIORAL HEALTH

- Continue to provide psychosocial assessments, interventions and referrals through the SCMVC Social Services team
- SCVMC, along with all Sharp acute care hospitals, participates in the Bridge Medication Assisted
 Treatment (MAT) program, which serves ED patients with an addiction to opiates and mental health
 concerns; the program increases the identification of patients in need of MAT and helps to better
 bridge their connection to treatment in the community
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs
- · Collaboratively establish outpatient treatment plans with safety net patients who frequent the ED

CANCER

- Provide free education and support programs for community members with cancer diagnoses, and their families/loved ones
- Provide ongoing social and psychosocial support to community member with cancer diagnoses, including linkages to community-based resources that address SDOH
- Continue to conduct comprehensive community cancer health seminars in English and Spanish, as well as health screenings
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

CARDIOVASCULAR DISEASE

- Provide free community cardiac and stroke education classes, health risk assessments and resources at community events
- Provide free educational webinars in English and Spanish on heart disease and cardiovascular health for SDC's south region
- Empower patients and community members living with cardiovascular and cerebrovascular disease as well as provide stroke awareness by sharing relevant information through media outlets
- Participation in the San Diego County Stroke Consortium
- Provide heart health education to health care professionals in the community

CHILDREN & YOUTH WELL-BEING

- As COVID-19 public health and safety guidelines allow, collaborate with local schools to provide
 opportunities for students to explore and train for a variety of health care professions. This includes
 career pathway programs for high school-age students and younger in SDC's south region
- Through Sharp's ThinkFirst program, continue to partner with Health and Science Pipeline Initiative to increase unintentional injury, violence prevention and associated health career awareness

COMMUNITY & SOCIAL SUPPORT

- Offer community-based COVID-19 vaccination clinics on-site and in conjunction with several community partners
- Continue to generate community resource referrals and connections through SCVMC Case Management and Social Work
- Collaborate with local schools to provide opportunities for undergraduate and graduate students to explore and train for a variety of health care professions
- · Provide a variety of health and wellness education through media outlets and webinars
- Offer various support groups for community members
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

COMMUNITY SAFETY

- Increase education and awareness of health care professionals and community members in San Diego around violence and trauma, including human trafficking.
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

DIABETES

- Increase education of signs and symptoms of diabetes in SDC's south region through participation in community educational forums, health fairs and events
- Provide diabetes education to high-risk pregnant women with diabetes through affiliation with the California Diabetes and Pregnancy Program's "Sweet Success" Program and in collaboration with community clinics who serve underserved pregnant women with diabetes
- Explore collaboration with community clinics to provide diabetes education classes
- Offer and create language-appropriate and culturally sensitive diabetes educational materials. To date this has included materials in Arabic, Somali, Tagalog, Vietnamese and Spanish
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

ECONOMIC STABILITY

- Please see financial support activities listed under Access to Health Care
- Connect high-risk, underfunded patients and community members to local resources and organizations for low-cost medical equipment and follow-up care through SCVMC Social Services
- Participation in the partnership with 2-1-1 CIE to increase assessment for SDOH and connection to community resources addressing those SDOH needs

MATERNAL & PRENATAL CARE, INCLUDING HIGH-RISK PREGNANCY

- Provide education, outreach and support to help meet the unique needs of women, mothers and newborns in SDC's south region
- Collaborate with community-based organizations who support the needs of new mothers and families, including the San Diego Food Bank's Diaper Program. Serving as a distributor for high-need mothers and patients, SCVMC has provided diapers and wipes to families since FY 2019

OBESITY

· Provide free education and screenings for community members that address risk factors for obesity

Sharp will continue to work with HASD&IC, and is exploring opportunities to partner with the IPH, to develop and implement Phase 2 of the 2022 CHNA. Phase 2 will focus on:

- Alignment and innovation of quantitative analyses for future CHNAs
- Continued engagement of community partners to analyze and improve the CHNA process
- Hospital implementation strategies that address the 2022 CHNA findings

Also during Phase 2, Sharp will take a closer look at the findings that emerged during the collaborative 2022 CHNA process but for which the nature of Sharp's community engagement surveys provided limited opportunity for feedback — particularly Children & Youth Well-Being and Community Safety. Sharp will explore strategies to gather feedback on these needs through future community engagement processes.

In addition, as part of Sharp's 2019 CHNA Phase 2 process, the Sharp CHNA Community Guide was developed in response to the 2019 CHNA and is publicly available on sharp.com at: https://www.sharp.com/about/community/community-benefits/health-needs-assessments.cfm. The Sharp CHNA Community Guide seeks to provide community members with a user-friendly resource to learn about Sharp's CHNA process and findings, as well as the identified health and social needs addressed through Sharp programs. The Sharp CHNA Community Guide also provides a direct link for community members to provide feedback on Sharp's CHNA. An updated Sharp CHNA Community Guide reflecting the 2022 CHNA will be publicly available on Sharp's website in 2023.

Further, Sharp hospitals (including SCVMC), medical groups and health plans will continue advancing data integration and community referral efforts through partnership with 2-1-1 San Diego's CIE. The CIE includes a longitudinal client record with community member history, access to and use of social programs (e.g., housing, food banks, community clinics, etc.), emergency transport data and much more. The CIE also includes a direct-referral feature, which allows for documented, bi-directional, closed-loop referrals between all CIE partners — including hospitals, clinics and social service programs. Currently, there are more than 115 community partners (organizations) participating in CIE, and more than 90,000 community members enrolled, with approximately 4,500 new enrollments each month. Sharp is the first integrated health system — including its hospitals, medical groups and health plan — to participate in the CIE. By leveraging this technology, and expanding upon this capability

for shared data, consistent tracking and robust reporting, the CIE partnership presents an exciting opportunity for Sharp to strengthen and evaluate the impact of clinical-community linkages for its patients and community members in need, particularly regarding SDOH.

The complete SCVMC 2022 CHNA will be available for public download by Sept. 30, 2022 at: http://www.sharp.com/about/community/health-needs-assessments.cfm. The report is also available by contacting Sharp HealthCare Community Benefit at: communitybenefits@sharp.com.

Sharp extends our deepest thanks for the contributions made by all who participated in the 2022 CHNA process. Further, Sharp is committed to providing a CHNA that is valuable to all our community partners, and we look forward to strengthening that value and those community partnerships in the years to come.

