

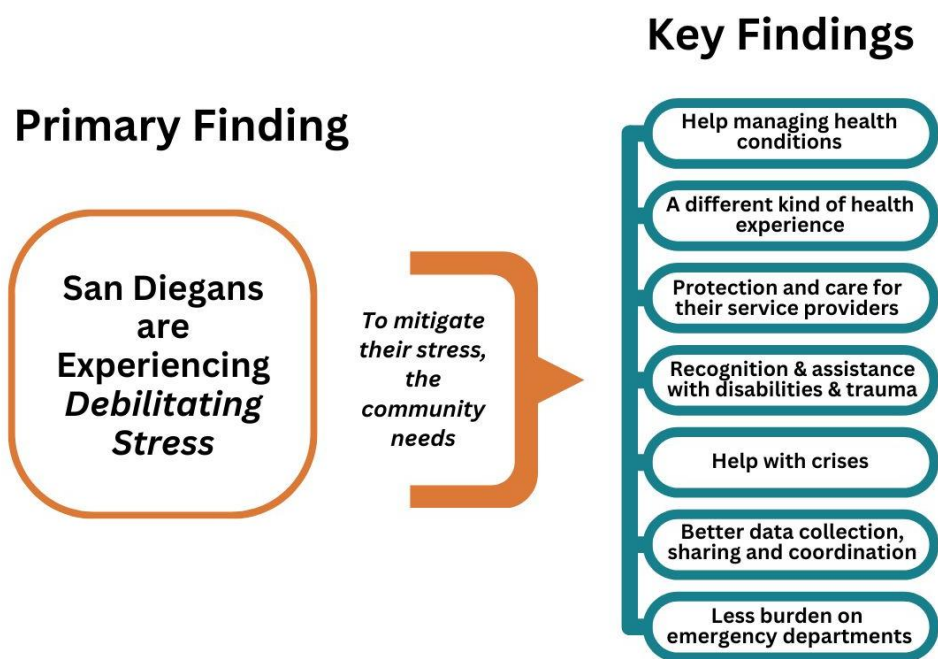
Sharp Mesa Vista Hospital Implementation Strategy Fiscal Years 2026 – 2029

As a not-for-profit organization, Sharp HealthCare (Sharp) places great value on the health and wellness of the San Diego community through its mission and commitment to excellence. Sharp participates in a countywide collaborative that conducts a triennial Community Health Needs Assessment (CHNA) to identify the priority health needs facing the San Diego community. Sharp then develops a separate CHNA for each individually licensed hospital based on the collaborative work.

In response to the 2025 CHNA findings, each Sharp hospital, including Sharp Mesa Vista (SMV), created an implementation strategy that highlights programs, services and resources it provides to address the identified health needs in its community.

2025 CHNA Top Community Needs

The graphic illustrates the top community needs identified in the 2025 Community Health Needs Assessment (CHNA). Chronic stress was consistently highlighted as a significant theme across all qualitative data collection methods. It is recognized as a **Primary Finding**, indicating its role as a barrier affecting community members' ability to manage their health and health care effectively. Within the context of the primary finding, the 2025 CHNA explored ways in which health care systems could alleviate this stress. The community recommended several health improvement strategies, which are highlighted as other **Key Findings**.





Sharp has numerous support programs for patients and employees to help address the top community needs identified in the 2025 CHNA and will continue to examine them with a goal to expand and improve offerings. The following pages include, but are not limited to, strategies designed to address community needs identified through SMV’s 2025 CHNA process, as follows:

Sharp Identified Need	2025 CHNA Findings Addressed
Health Conditions	Help managing health conditions
Access to Healthcare	A different kind of healthcare experience; Better data collection, sharing and coordination; Less burden on emergency departments
Community Safety	Recognition and assistance for disabilities and trauma; Help with crises
Workforce	Protection and care for service providers

Needs Not Addressed

SMV recognizes that it cannot meet every health need identified in the community and will instead focus efforts on the areas where its expertise and resources allow for the greatest impact. As a specialty hospital providing treatment and services for behavioral health, several of the 2025 CHNA identified community health needs do not fall within the scope of SMV services and resources.

Learn more

To learn more about Sharp's CHNA process and findings, please view [Sharp’s 2025 hospital CHNAs](#) (including SMV) or contact communitybenefits@sharp.com.



SMV FY 2026 – 2029 Implementation Strategy

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Identified Community Health Need – Aging Care and Support				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Provide culturally competent outreach and education.	a. Reduce stigma through education for community members and community providers on senior behavioral health issues.	Ongoing (evaluated annually)	Licensed Social Worker, Sharp Mesa Vista Hospital (SMV) Senior Intensive Outpatient Program (SIOP)	<p><u>Fiscal Year (FY) 2026 Plan:</u></p> <ul style="list-style-type: none"> Collaborate with community organizations to address the behavioral health needs of San Diego County (SDC) seniors and community members with barriers to health equity <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> Provided presentations on mental and social wellness/health to nine senior living facilities and community organizations Partnered with CHIP (Community Health Improvement Partners) Behavioral Health Work Team to improve collaboration with patients in the community, promote recovery, and decrease the stigma of mental illness and co-occurring substance use problems
	b. Participate in community health fairs and events for seniors.	Ongoing (evaluated annually)	Licensed Social Worker, SMV SIOP	<p><u>FY 2025-26 Plan:</u></p> <ul style="list-style-type: none"> Continue to participate in community health fairs and events to support seniors in SDC <p><u>FY 2024 Activities:</u></p> <ul style="list-style-type: none"> An SMV clinician spoke about health care and challenges for LGBTQ+ older adults at San Diego LGBT Community Center’s LGBTQ+ Health Symposium and Resource Fair
2. Provide memory screenings.	a. Collaborate with community organizations to provide memory screenings for community members ages 55 and over in English and Spanish.	Ongoing (evaluated annually)	Sharp Neurocognitive Research Center	<p><u>FY 2025-26 Plan:</u></p> <ul style="list-style-type: none"> Provide memory screenings for community members ages 55 and over <p><u>FY 2024 Activities:</u></p> <ul style="list-style-type: none"> Sponsored and participated in Alzheimer’s San Diego’s Walk4ALZ and Date with a Cure events

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Identified Community Health Need – Aging Care and Support				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> • Provided memory screenings, educational materials on Alzheimer’s research and memory loss and information on opportunities to enroll in clinical research studies to community members at several community events, local YMCAs, and at Sharp sites

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Identified Community Health Need – Behavioral Health				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Advocate for the improvement of housing options and living conditions for community members with behavioral health issues.	a. Explore and expand collaborations with law enforcement and housing planning committees to improve outcomes for community members living with behavioral health issues.	Ongoing (evaluated annually)	SMV Lead Psychiatric Evaluation Team Manager, SMV Intake	<p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> Continued to collaborate with the County of San Diego Psychiatric Emergency Response Team CHIP Behavioral Health Work Team, and CHIP Suicide Prevention Council Means Restriction and Higher Education Subcommittees to improve services for the community
2. Increase community access to behavioral health evaluations and referral sources.	a. Provide free psychiatry evaluations, substance use assessments and referrals for the general community.	Ongoing (evaluated annually)	Manager, SMV Intake	<p><u>FY 2025-2026 Plan:</u></p> <ul style="list-style-type: none"> Increase education, support and engagement related to the opioid epidemic, including community distribution of free opioid overdose prevention kits Participate in psychiatric rehabilitation programs and activities in the community <p><u>FY 2024 Activities:</u></p> <ul style="list-style-type: none"> Provided several behavioral health and hour-long substance use screening opportunities for the community: on-site, virtually and in partnership with local organizations Provided 1,190 free psychiatric evaluations and referrals for the general community, facilitated by a licensed mental health professional <p><u>Evaluation:</u> Referrals are tracked; community members are referred to SMV outpatient or inpatient programs, Sharp McDonald Center (SMC), Sharp Grossmont Hospital or another Sharp HealthCare (Sharp) entity, or an inpatient psychiatric facility. Evaluated patients receive referrals to other inpatient and outpatient community resources, including SMV's chemical dependency programs.</p>
3. Reduce stigma and improve outcomes for individuals with behavioral health issues	a. Participate in key behavioral health events alongside patients.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2025 and 2024 Activities:</u></p> <ul style="list-style-type: none"> Participation in community events, including sponsorship of two walks in FY 2024 to increase awareness and raise funds for behavioral health services

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Identified Community Health Need – Behavioral Health				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
by community integration through community service activities.				<ul style="list-style-type: none"> Maintained its Client Advisory Board, which obtains feedback from the hospital’s outpatients, former patients and employees on how to improve programs, empower patients, promote advocacy and better serve the community
	b. Host community speaking engagements and provide a variety of educational opportunities addressing various behavioral health topics.	Ongoing (evaluated annually)	SMV Business Development Specialist Identified Content Expert, SMV Clinicians	<p><u>FY 2025-2026 Plan:</u></p> <ul style="list-style-type: none"> Explore opportunities to support multicultural and vulnerable groups through community involvement and education Provide education on medications for addiction treatment to community members and behavioral health providers throughout SDC to address the opioid epidemic <p><u>FY 2025 and 2024 Activities:</u> Participated in a variety of community behavioral health educational events, health and wellness fairs, conferences and fundraisers.</p> <ul style="list-style-type: none"> Sharp Women’s Health Conference: <ul style="list-style-type: none"> Provided a presentation on how to set guilt-free boundaries at 2024 event Provided behavioral health resources and offered mood screening appointments to interested attendees in 2024 and 2025 Sponsored and participated in six FY 2024 events benefitting behavioral health organizations across SDC An SMV clinician continued to serve as the co-chair of CHIP’s Suicide Prevention Council in 2024
4. Raise awareness and reduce stigma through the provision of behavioral health education for patients, their loved ones, health care	a. Host speaking engagements for community health professionals and students on various topics in behavioral health.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2025 and 2024 Activities:</u></p> <ul style="list-style-type: none"> An SMV clinical psychologist attended career panels at San Diego City College and San Diego Miramar College in FY 2024 Provided resources to approximately 280 social work and behavioral health students at internship fairs hosted by various colleges and universities throughout the county

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Identified Community Health Need – Behavioral Health				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
providers and the broader community.			Manager-Behavioral Health	Evaluation: Education and screening programs are evaluated by participants through survey. The goal is to educate and raise awareness for community members and physicians. To date, the overall response is that community members request more education.
	b. Share information and educate the community through media.	Ongoing	Various	FY 2025 and 2024 Activities: <ul style="list-style-type: none"> • Provided media interviews and education on an array of topics to help community members manage their behavioral health • Provided behavioral health education to the community through interviews with local news outlets and through Sharp Health News (Sharp’s online news center)
5. Improve behavioral health outcomes and support specialized populations in the community.	a. Provide education (general health, workforce development, etc.) and resources to Transitional Age Youth with behavioral health issues to empower and support their continued health and well-being.	Ongoing (evaluated annually)	SMV Business Development Specialist	FY 2025 and 2024 Activities: <ul style="list-style-type: none"> • Provided a specialized Transitional Age Youth Program to provide community services and support for young adults, ages 18 to 26, with behavioral health issues <ul style="list-style-type: none"> ○ Offered education and resources through the program to empower and support the continued health and well-being of these young adults
	b. Provide behavioral health education, support and resources for San Diego veterans and their families through the Trauma and Post-Traumatic Stress Disorder Recovery Intensive Outpatient Program.	Ongoing (evaluated annually)	Manager, Behavioral Health	FY 2024 Activities: <ul style="list-style-type: none"> • Provided specialized services to active-duty service members, veterans, military families and the community through SMV Trauma and PTSD Recovery Intensive Outpatient Program <ul style="list-style-type: none"> ○ Offered evidence-based therapies designed to address maladaptive coping strategies, assist with recovery from complex post-traumatic stress and decrease mood instability ○ Provided education and resources to reduce stigma surrounding behavioral health issues in military and civilian communities; offered an expedited referral process for IOP services to active-duty service members receiving treatment at Naval Medical Center San Diego

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Identified Community Health Need – Behavioral Health				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<p>Evaluation: Screening results and follow-up data continue to show clinically significant reduction of PTSD symptoms over an average eight weeks of IOP treatment. The Trauma and PTSD Recovery IOP utilizes the PCL-5 to measure the severity of PTSD symptoms and influence treatment.</p>
6. Provide support and resources to community members impacted by behavioral health and chemical dependency issues.	a. Facilitate various support group meetings (monthly, weekly, etc.).	Ongoing (evaluated annually)	SMV Business Development Specialist	<p>FY 2025-2026 Plan:</p> <ul style="list-style-type: none"> Explore opportunities to revamp support group meetings to boost attendance <p>FY 2025 and 2024 Activities: SMV-facilitated the following support groups:</p> <ul style="list-style-type: none"> Monthly cognitive behavioral therapy lecture series A mood disorders support group for individuals whose loved one is impacted by depression, bipolar disorder, PTSD or anxiety A dialectical behavioral therapy support group
7. Strengthen partnerships with community organizations to foster future collaborations and fundraise for behavioral health services.	a. Participate in behavioral health committees, boards and workgroups.	Ongoing (evaluated annually)	CEO, SMV SMV Business Development Specialist SMV Philanthropy Council	<p>FY 2024 Activities:</p> <ul style="list-style-type: none"> Regularly led or attended 10 behavioral health community and professional health boards, committees, and advisory and workgroups associated with the following organizations: Association for Ambulatory Care, Community Health Improvement Partners, County of San Diego, NAMI, Point Loma Nazarene University, and San Diego Psychological Association.

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Identified Community Health Needs – Asthma, Cancer, Cardiovascular Disease, Diabetes ¹				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Address the integration of physical and behavioral health by exploring programs that address social determinants of health and common co-occurring chronic health conditions (e.g., diabetes, cardiovascular disease, etc.).	a. Not Applicable (NA)	NA	Various	<p><u>FY 2024-25 Activities:</u> SMV is exploring options to educate and address the issue of mind-body integration and effects of physical health on behavioral health and vice versa. Recent examples include:</p> <ul style="list-style-type: none"> • SMV outpatient nurses aim to address all identified active medical needs as part of their standard workflow. They have increased referrals to primary care physicians and have performance goals to ensure that all patients who do not have a community physician are referred

¹ As a specialty hospital providing treatment and services for behavioral health, these identified community health needs do not fall within the scope of SMV's services and resources.

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Identified Community Health Need – Access to Health Care				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Increase health coverage for patients seen in the emergency department.	a. Provide services to help every unfunded patient in the emergency department find coverage options.	Ongoing (evaluated annually)	Supervisor, Patient Assistance Navigators	<p>FY 2024 Activities:</p> <ul style="list-style-type: none"> Sharp secured Medi-Cal Presumptive Eligibility for 2,760 unfunded patients in the ED Used PointCare to assist more than 3,800 self-pay patients <p>Evaluation: The PointCare program collects metrics on number of individuals served and cost savings. From October 2015 to September 2024, Sharp helped nearly 98,000 self-pay patients through PointCare, while maintaining each patient’s dignity throughout the process.</p>
2. Provide payment options ² , education and support to patients for both inpatient and outpatient hospital facilities with an inability to pay their financial responsibility after health insurance.	a. Assist patients in need of access to free or low-cost medications.	Ongoing	Manager of Pharmacy Finance & Regulatory Compliance Supervisor, Patient Assistance Navigators	<p>FY 2024 Activities:</p> <ul style="list-style-type: none"> Patient Assistance Program helped under- and uninsured patients access medications worth a total of \$14.3 million <p>Evaluation:</p> <ul style="list-style-type: none"> Cost savings for replacement drugs is monitored through the pharmacy. <p>Sharp uses a specific adjustment code to track dollars associated with results of the patient financial assistance application review</p>
	b. Participate in the 340B Drug Pricing Program.	Ongoing	Manager of Pharmacy Finance & Regulatory Compliance	<p>FY 2024 Activities:</p> <ul style="list-style-type: none"> Three Sharp hospitals — SMH, SGH and Sharp Chula Vista Medical Center — are permitted to purchase outpatient drugs at reduced prices Annual savings totaled more than \$110 million to help expand programs and medication access to Sharp's patients in need

² Sharp assists underinsured and vulnerable individuals unable to pay their medical bills. Through self-pay discounts such as the Maximum Out of Pocket program, Sharp provides hundreds of thousands of dollars in adjustments to patients who demonstrate the need. Team members meet with patients at all Sharp hospitals to help them better understand their health insurance benefits, payment options and how to access care during their hospital stay.

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Identified Community Health Need – Access to Health Care				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
	c. Offer ClearBalance — a specialized loan program for patients facing high medical bills.	Ongoing	Supervisor, Patient Assistance Navigators Manager Patient Access Services, Self-Pay Patients	<u>FY 2024 Activities:</u> <ul style="list-style-type: none"> Since 2010, ClearBalance has assisted more than 9,800 Sharp patients in securing small bank loans to help pay off medical bills in low monthly payments.
	d. Provide Project HELP funds for pharmaceuticals, transportation vouchers and other needs for economically disadvantaged patients.	Ongoing	SMH Chief Financial Officer	<u>FY 2024 Activities:</u> <ul style="list-style-type: none"> Funds for Sharp Metropolitan Medical Campus’ Project HELP totaled more than \$89,400 in free medications, transportation and other financial assistance
	e. Continue data sharing and collaboration with the San Diego Community Information Exchange (CIE)/211 San Diego.	June 2025	Sharp VP ICM SMH Lead Medical Social Worker	<u>FY 2026-27 Plans:</u> <ul style="list-style-type: none"> Support expanding utilization and tracking referrals compared to SDoH needs identified in hospitalized patients Explore further integration of CIE into Epic <u>FY 2024-25 Activities:</u> <ul style="list-style-type: none"> Trained over 200 Sharp staff on use of the CIE platform <ul style="list-style-type: none"> Achieved >400% increase (18 to 97) in active CIE users between FY24-25 Since March 2025, an average of 60 referrals a month are initiated in the system Approximately 13,000 Sharp patients that have a matching client record in the CIE

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Identified Community Health Need – Access to Health Care				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
	f. Explore and expand Sharp HealthCare (Sharp) integrated delivery system access to post-acute recuperative care services.	Ongoing	VP, Sharp ICM	<p><u>FY 2026 Plan:</u></p> <ul style="list-style-type: none"> Resolve gaps in care through community outreach efforts to identify opportunities as they become available <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> Sharp Integrated Care Management (ICM) has created a System Social Work Educator role to advance Medical Social Work and build upon community partnerships Coordinated care efforts with partners such as Whole Person Wellness, PATH (People Assisting the Homeless) and 211 CIE Screened patients experiencing homelessness for insurance and provided weather appropriate clothing, meal prior to discharge, prescriptions and community resources when needed. <p><u>Evaluation:</u> Sharp is seeking to identify short-term solutions for immediate needs as they occur, in addition to long-term, sustainable solutions. Each patient is independently considered for exact care need, likely term for the need, and various care setting options immediately available.</p>
3. Improve care management and clinical-community linkages that address social determinants of health through use of technology platform that shares health and social services data across health care and social service sectors.	a. Connect vulnerable, underfunded patients and community members to local resources and organizations for low-cost medical equipment, housing options and follow-up care.	Ongoing	SMH Director, Case Management & Social Work SMH Lead Medical Social Worker	<p><u>FY 2024 Activities:</u></p> <ul style="list-style-type: none"> SMH provided assessments for those at risk for psychiatric and developmental disorders and substance use issues, as well as referrals for housing, medication management and supportive community services SMH funded temporary housing or skilled nursing care for several patients, including individuals experiencing homelessness SMH’s ICM team partnered with the state’s Assisted Living Waiver Program to help secure housing for patients who required assisted living but lacked the funding to pay for it

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Identified Community Health Need – Access to Health Care

Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
4. Improve access to health and social services for vulnerable patients and community members, particularly San Diego’s homeless population.	a. Support education and access to social services programs including, but not limited to, CalFresh enrollment assistance, County of San Diego Hospital Outstation Program, and San Diego Community Information Exchange (CIE).	Ongoing (evaluated annually)	Manager, Patient Financial Services VP, Sharp ICM	<p><u>FY 2026 Plan:</u></p> <ul style="list-style-type: none"> Expand Sharp ICM ability to leverage 211 CIE by enrolling individuals in the CIE program if not already completed in the community, allowing for hand-off to community organization and timely post-discharge care Explore new electronic medical record features for social determinants of health screening Identify opportunities to engage payers through the CalAIM program <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> Have assisted approximately 58,000 Sharp patients with applications for CalFresh benefits since 2016 Expanded efforts for patient education related to funding options/access to health care and local community resources. Continued to finetune and improve identification of individual’s experiencing homelessness, especially for treat and release patients seen through Sharp EDs Renewed utilization of 211 for potential referrals during initial patient assessments (please refer to Identified Community Health Need – Access to Health Care 3a for details).
	b. Continued partnership and collaboration with recuperative care units.	Ongoing (evaluated annually)	Sharp Clinical Social Workers VP, Sharp ICM	<p><u>FY 2024 Activities:</u></p> <p>Partnered with recuperative care providers to assist individuals experiencing homelessness with treatment options upon discharge.</p>
	c. Conduct ongoing assessment of homeless data to identify opportunities for community partnerships and interventions.	Ongoing	VP, Sharp ICM	<p><u>FY 2026 Plan:</u></p> <p>Continue to progress data collection to concurrently advance care opportunities by:</p> <ul style="list-style-type: none"> Exploring opportunities for introduction of a risk index via the incoming electronic medical record (Epic) that will include consideration of individuals experiencing homelessness to more quickly pair assessment with appropriate intervention

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Identified Community Health Need – Access to Health Care				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> Introduce methods for considering/distinguishing homelessness as a comorbidity versus social determinants of health Sharp has included a 211/CIE database in its new electronic medical record to improve the provision of person-centered care for patients experiencing homelessness as well as success of community referrals for housing and other social needs

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Identified Community Health Need – Community Safety				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Provide an injury and violence prevention program for children, adolescents and young adults throughout SDC.	a. Educate high school students on injury and violence prevention and health care career readiness in partnership with the San Diego County Office of Education College and Career Readiness Team.	Ongoing	SMH Community Health Educator	<p><u>FY 2024 Activities:</u></p> <ul style="list-style-type: none"> • Provided injury prevention education to nearly 1,000 students in grades 9-12 from various local high schools.
	b. Increase knowledge and awareness of the causes and risk factors of brain and spinal cord injury and injury prevention measures.	Ongoing	SMH Community Health Educator	<p><u>FY 2026 Plans:</u></p> <ul style="list-style-type: none"> • Expand beyond the scope of the San Diego County Office of Education’s College and Career Readiness program to provide and provide educational presentations to schools in North County, Coronado and the South Bay • Partner with the San Diego County Office of Education’s College and Career Readiness program through participation in conferences, round table events and collaborative projects <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> • Offered numerous educational opportunities for community students and residents. Please see line item 1a above for additional details • Presented on traumatic brain injury, spinal cord injury, disability awareness and the permanence of certain injuries to 150 students at Avocado Elementary School in La Mesa
2. Increase awareness of injury and violence prevention for patients and community	a. Continue to participate in the California Highway Patrol’s Every 15 Minutes program.	Ongoing (evaluated annually)	SMH Trauma Manager	<p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> • Served nearly 2,000 students at Santana and Mountain Empire High Schools through Every 15 Minutes program to raise awareness on personal safety, drinking and driving, and related injury prevention topics.

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Identified Community Health Need – Community Safety				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
members through education and outreach.				<ul style="list-style-type: none"> Served nearly 4,000 students at Westview High School and Scripps Ranch High School through Every 15 Minutes program to raise awareness on personal safety, drinking and driving, and related injury prevention topics.
	b. Continue to provide free STOP the Bleed trainings to community members throughout SDC.	Ongoing (evaluated annually)	SMH Trauma Manager	<p>FY 2025-26 Plan: Continue providing free STOP the Bleed trainings in the community to train, equip and empower bystanders to assist in a bleeding emergency before professional help arrives.</p>
3. Increase education and awareness of health care professionals and community members in San Diego on around violence and trauma, including human trafficking.	a. Collaborate with community organizations and health care professionals to share best practices and provide education on human trafficking.	Ongoing	SMH Assistant Librarian Sharp Coronado Hospital and Healthcare Center Medical Social Worker Trauma-Informed Care team at Sharp Mesa Vista Hospital	<p>FY 2024-25 Activities:</p> <ul style="list-style-type: none"> Maintained participation and leadership in San Diego Regional Human Trafficking and Commercial Sexual Exploitation of Children Advisory Council Health Subcommittee³, including, but not limited to, the following collaborative training and education efforts: <ul style="list-style-type: none"> Facilitator at HEAL Trafficking Train the Trainer Academy for more than 40 public health professionals and health educators Provided a trauma-informed care continuing medical education series to more than 50 community healthcare professionals Provided education on trauma-informed approaches to human trafficking to 60 nursing and PA students Recorded and shared Health Subcommittee meetings and associated resources as appropriate, reaching contact list of more than 600 community members Presented best practices at conferences - SMH trauma multi-disciplinary rounds conference and Healthcare in Action (street medicine) Joined the SoCal Safe Shelter Collaborative to support safe discharges of survivors of human trafficking and domestic violence; onboarded and trained all Sharp hospitals on providing referrals to support services and shelters through this system

³ SMH librarian established the Health Subcommittee in 2018. This multidisciplinary group — including physicians, nurses, mental health professionals, social workers, executives and community stakeholders — supports health care systems in addressing human trafficking and trauma-informed care through best practice sharing, protocol development and education.

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Identified Community Health Need – Community Safety				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
	b. Collaborate with community organizations to improve data collection and assessments for non-fatal strangulation.	Ongoing	SMH Assistant Librarian	<p><u>FY 2025-2026 Plans:</u></p> <ul style="list-style-type: none"> ▪ Provide continuing education training on non-fatal strangulation or mandated support <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> • Present non-fatal strangulation training with California Clinical Forensic Medical Training Center (CCFMTC) August 2025
	c. Implement human trafficking and trauma-informed care trainings and protocols at Sharp.	Ongoing	SMH Assistant Librarian SMH Emergency Department Leadership Sharp’s Continuing Medical Education Department Sharp Coronado Hospital Medical Social Worker	<p><u>FY 2026 Plans:</u></p> <ul style="list-style-type: none"> • Replace previously used screening tools with the PEARR Tool and lead its clinical validation • Hire a survivor consultant to review protocols and make recommendations • Integrate best practices on human trafficking and trauma-informed care into new nurse orientations and continuing education events • Update the personal safety questions with the Epic customization • Update the P&P for domestic violence and human trafficking to reflect SB 963 <p><u>FY 2024-25 Activities:</u></p> <ul style="list-style-type: none"> • Created and provided human trafficking workshop at the Sharp Brown Simulation Center, worked with a paid survivor consultant on instruction; and offered CEUs for all Sharp staff <ul style="list-style-type: none"> ○ Results demonstrated significant improvement in all areas: confidence in recognizing indicators increased from 2.8 to 4.0, using the structured communication tool increased from 2.2 to 3.9, and providing appropriate resources increased from 2.5 to 4.1. Qualitative feedback from participants emphasized the value of experiential learning, noting the simulation as informative, realistic, and emotionally engaging. • Expanded implementation of trauma-informed care protocols for SMV, SMBHWN, SGH, Sharp Chula Vista Medical Center, Sharp Rees-Stealy Medical Centers and Sharp Community

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Identified Community Health Need – Community Safety				
Objectives	Actions	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<p>Medical Group clinicians to support patients who have been trafficked or have experienced similar exploitation/abuse.</p> <ul style="list-style-type: none"> Developed a protocol at SCHHC for identification of trafficked persons, responses within the healthcare system, and resources to provide to patients.
4. Promote the health and safety of the San Diego community through essential emergency and disaster preparedness activities and services.	a. Train community health care professionals on emergency and disaster preparedness.	Ongoing	Director, Emergency/ Disaster Preparedness	<p>FY2024-25 Activities:</p> <ul style="list-style-type: none"> Hosted monthly trainings on ARES® (Amateur Radio Emergency Service) Offered free NIMS (National Incident Management System) and HICS (Hospital Incident Command System) classes Hosted and facilitated trainings for pediatric surge readiness and mass casualty triage Educated personnel from County of San Diego Public Health Preparedness and Response Branch and Office of Emergency Services on Sharp disaster preparedness efforts Educated community health care workers on active shooter response and Stop the Bleed
	b. Participate in local and state disaster preparedness exercises in collaboration with public health agencies and other health care partners.	Ongoing	Director, Emergency/ Disaster Preparedness	<p><u>FY2024-25 Activities:</u></p> <ul style="list-style-type: none"> Joined more than 100 regional health care partners to test major utility failure readiness through the California Department of Public Health and the California Emergency Medical Service Authority annual Statewide Medical and Health Exercise Collaborated on regionwide Radiation Exposure Table Top Exercise as well as Region Wide Fuel Planning
	c. Serve on various local, state, and national committees and boards to strengthen collaboration and coordinated response.			

Sharp Mesa Vista Hospital Community Health Needs Assessment – Implementation Strategy Fiscal Years 2026 – 2029

Identified Community Health Need – Workforce				
Objectives	Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Increase regional awareness and collaboration between regional health care providers, law enforcement and community leaders regarding violence against health care workers, as well as opportunities/strategies to prevent and protect health care workers.	a. Participate in countywide workplace violence prevention workgroup.	Ongoing	CEO, Sharp HealthCare VP, Sharp HealthCare Government Relations	<u>FY2024-25 Activities:</u> Participate in San Diego Hospital Violence Task Force. Task force members include all San Diego health systems, the Hospital Association of San Diego and Imperial Counties, the San Diego County District Attorney’s Office, the Office of the San Diego City Attorney, the San Diego County Sheriff’s Department, the San Diego Police Department, the Chula Vista Police Department, the Carlsbad Police Department, the National City Police Department, the La Mesa Police Department, the Escondido Police Department, the Oceanside Police Department and the San Diego Harbor Police Department.
2. Collaborate with local schools to promote interest in health care careers and provide opportunities for students and interns to explore behavioral health care professions.	a. Provide student mentorship in various health care disciplines.	Ongoing	Supervisor, Psychology Lead Clinical Psychologist Manager, Professional Development/ Patient Safety/MAGNET	<u>FY 2025 and 2024 Activities:</u> <ul style="list-style-type: none"> • SMV and SMC participated in internship and clinical training programs for trainees and students in various health care disciplines, including psychology, clinical social work, social work administration, marriage and family therapy, pharmacy, medicine and nursing. <ul style="list-style-type: none"> ○ Ancillary (non-nursing) students served more than 36,500 hours on the SMV campus ○ 260 nursing students spent nearly 820 hours working clinical rotations in all inpatient units and several of the outpatient programs at SMV and SMC • Hosted eight paid doctoral interns through yearlong, American Psychological Association accredited doctoral internship in clinical psychology <ul style="list-style-type: none"> ○ Psychology trainees provided over 3,900 hours of direct patient therapy, including 3,100 hours of group therapy and over 620 hours of individual therapy ○ Supervisors provided 1,030 combined hours of individual and group supervision ○ With this training, psychology doctoral students provided 1,450 of psycho-diagnostic assessments throughout the year

**Sharp Mesa Vista Hospital
Community Health Needs Assessment – Implementation Strategy
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Identified Community Health Need – Workforce				
Objectives	Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> • Mentored behavioral health therapist trainees to provide daily clinical programming on hospital inpatient units • SMV and SMC psychologists, licensed marriage and family therapists and licensed clinical social workers provided thousands of hours of direct clinical supervision to trainees • SMV clinicians provided 1.5 hours of virtual lectures every week for psychology doctoral interns, which were also open to trainees and staff throughout the hospital. • SMV provided specialized learning opportunities for seven Master of Social Work and Bachelor of Social Work students <ul style="list-style-type: none"> ○ Each student completed over 500 hours of direct practice and other various learning activities • Contributed their expertise to the broader healthcare community through participation in professional conferences and events
3. Disseminate best practices in clinical research findings to the health care community.	a. Conduct clinical trials to improve patient care and outcomes.	Ongoing	Sharp Neurocognitive Research Center	<p><u>FY 2025 and 2024 Activities:</u></p> <ul style="list-style-type: none"> • The Sharp Neurocognitive Research Center contributed to the expansion of scientific knowledge and medical advancements throughout the larger health and research communities. <ul style="list-style-type: none"> ○ Provided clinical trials to improve care and outcomes for patients experiencing Alzheimer’s disease and dementia ○ Published an article in the journal Cancer Causes & Controls titled, “Intervention recommendations to improve uptake of breast, cervical, and colorectal cancer screening among individuals living with serious mental illness”