

Sharp Mesa Vista Hospital Implementation Strategy Fiscal Years 2025 – 2028

As a not-for-profit organization, Sharp HealthCare (Sharp) places great value on the health and wellness of the San Diego community. This value is reflected in Sharp’s mission to improve the health of those we serve with a commitment to excellence in all that we do.

Sharp participates in a countywide collaborative to conduct a triennial Community Health Needs Assessment (CHNA) to identify the priority health needs facing the San Diego community, and also develops a separate CHNA for each individually licensed hospital. To learn more about Sharp’s CHNA process and findings please view Sharp’s 2022 CHNAs (including the Sharp Mesa Vista Hospital (SMV) CHNA) at: <https://www.sharp.com/about/community/community-benefits/health-needs-assessments.cfm>.

In response to the 2022 CHNA findings, each Sharp hospital, including SMV, created an implementation strategy that highlights programs, services and resources provided by the hospital to address the identified health needs in its community (see graphic below).

2022 CHNA Top Community Needs



The graphic above represents the **top identified community needs**, the **foundational challenges**, and the **key underlying themes** revealed through the 2022 CHNA process. The needs identified as the most critical for San Diegans are listed in the center of the circle in alphabetical — not ranked — order. The blue outer arrows of the circle represent the negative impact of two foundational challenges — health disparities and workforce shortages — which greatly exacerbated every identified need at the center of the circle. The orange bars within the outer circle illustrate the underlying themes of stigma and trauma — barriers that became more pervasive during the pandemic.



Sharp has numerous support programs for patients and employees to help address the foundational challenges and underlying themes contributing to these needs and will continue to examine them with a goal to expand and improve offerings.

The following pages detail the strategies designed to address the community needs identified through SMV's CHNA process. In addition, the Sharp HealthCare Community Health Needs Assessment Guide (CHNA Guide) provides a general overview of Sharp's CHNA process as well as the programs that address the identified community needs. Please view Sharp's most current CHNA Guide at: <https://www.sharp.com/about/community/community-benefits/health-needs-assessments.cfm>.

For questions regarding SMV's implementation strategy or CHNA, please contact Erica Salcuni, Manager, Community Benefit and Health Improvement at Erica.Salcuni@sharp.com.



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Identified Community Health Need – Aging Care and Support				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Improve behavioral health outcomes for seniors through culturally competent outreach services to vulnerable seniors, including those in San Diego’s disadvantaged communities, and through education targeting stigma reduction and healthy aging strategies.	a. Reduce stigma through education for community members and community providers on senior behavioral health issues.	Ongoing (evaluated annually)	Lead Clinical Psychologist, Sharp Mesa Vista Hospital (SMV) Senior Intensive Outpatient Program (SIOP)	<p><u>Fiscal Year (FY) 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> • Re-engage community members through education offerings as opportunities arise • Collaborate with community organizations to address the behavioral health needs of San Diego County (SDC) seniors and community members with barriers to health equity <p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Recognized Suicide Awareness Month in 2024 through a lecture and question-and-answer session on suicide prevention and intervention • In FY 2024, clinicians from SMV’s Senior Intensive Outpatient Program (SIOP) provided education and outreach to community members <ul style="list-style-type: none"> ○ Clinicians delivered in-person presentations on mental and social wellness/health ○ Presentations were delivered to community groups, including San Diego Oasis, La Vida Assisted Living Facility, Lantern Crest Assisted Living Facility, Paradise Village Assisted Living Facility, and Covenant Living at Mount Miguel • In FY 2023, clinicians from SMV’s SIOP provided education and outreach to community members to help debunk myths associated with older adulthood <ul style="list-style-type: none"> ○ Presentations were delivered virtually and in person to community groups, including San Diego Oasis, the John D. Spreckels Center and Bowling Green (Spreckels Center) in Coronado and Solana Presbyterian Church
	b. Continue to participate in community health fairs and events for seniors.	Ongoing (evaluated annually)	Lead Clinical Psychologist, SMV SIOP	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> • Continue to participate in community health fairs and events to support seniors in SDC <p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Provided behavioral health resources and information about the hospital’s senior services at virtual senior health fairs and community events throughout 2024

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Identified Community Health Need – Aging Care and Support				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> • Sponsored Alzheimer’s San Diego’s annual 2023 Date with a Cure event — a free, virtual event that brings together SDC’s most prominent Alzheimer’s researchers and institutions to answer community members’ questions about dementia <ul style="list-style-type: none"> ○ During the event an SMV clinician participated in a panel discussion about recent advances in Alzheimer’s treatment, which reached thousands of community members through the media
	c. Continue to provide 16 hours each week to senior community centers (Gary and Mary West Center) as well as eight hours each week to Potiker Family Senior Residence, offering screening and referrals to low-income, at-risk seniors.	Ongoing (evaluated annually)	Chief Medical Officer, Sharp HealthCare (Sharp) Behavioral Health Manager, SMV Intake	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> • Continue to provide outreach and education to seniors without stable housing in collaboration with Serving Seniors <p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • Collaborated with Serving Seniors to provide more than 720 hours of clinical services to clients at the Gary and Mary West Senior Wellness Center <ul style="list-style-type: none"> ○ Seniors received a variety of early intervention services, including health assessments; referrals for prescriptions or medication adjustment; referrals or counseling to reduce the risk of hospitalization or homelessness; and behavioral health screenings, including Montreal Cognitive Assessments, which detect cognitive impairment ○ When appropriate, seniors also received crisis intervention and initiation of treatment at a higher level of care <ul style="list-style-type: none"> ▪ While community members were able to begin receiving services on-site, SMV continued to use telemedicine to provide behavioral health services to clients and to offer home-based outreach and services to seniors living at various senior living facilities

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Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> • Continued to collaborate with the Gary and Mary West Senior Wellness Center by providing free prevention and early intervention initiatives for vulnerable, culturally diverse seniors both on-site and virtually <ul style="list-style-type: none"> ○ Programs were designed to improve the utilization and effectiveness of behavioral health services and address barriers to accessing behavioral health care, including stigma, isolation and lack of available services ○ Services were enhanced by case management, free psychoeducation and support for staff, seniors and families, and a support group ○ A weekly healthy aging support group was led by an SMV clinician and focused on aging and behavioral health issues, including depression, anxiety and coping with loss. Held at four sites – a senior wellness center and senior residences – the support group served nearly 250 community seniors • Biweekly virtual meetings with Serving Seniors staff were hosted by an SMV clinician to help support mental health and wellness in the workplace <p>Evaluation: SIOP referrals are tracked on SMV’s internal dashboard.</p>
	d. Continue community collaboration efforts to provide education and screenings to at-risk senior community members.	Ongoing (evaluated annually)	SMV Business Development Specialist SMV Clinical Research Lead	<p>FY 2023 Activities:</p> <ul style="list-style-type: none"> • Provided free memory screenings at various community sites to community members who were concerned about memory loss or interested in establishing a baseline to detect future changes • Provided memory screenings, educational materials on Alzheimer’s research and information on opportunities to enroll in clinical research studies to community members at several community events

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Identified Community Health Need – Aging Care and Support				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> ○ Events included the Sharp Women’s Health Conference, the City of National City’s Senior Saturday event, the Aloha Run, Gente Bonita magazine’s Healthy Living Expo 2022 and the Sharp HealthCare Aging Conference

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Improve outcomes for seniors through culturally competent outreach services to vulnerable seniors, including those in San Diego’s disadvantaged communities, and through education targeting stigma reduction and healthy aging strategies.	a. Reduce stigma through education for community members and community providers on senior behavioral health issues.	Ongoing (evaluated annually)	Lead Clinical Psychologist, SMV SIOP	FY 2024 and 2023 Activities: This strategy also addresses Identified Community Health Need – Aging Care and Support 1a . Please refer to that section for details.
	b. Continue to provide 16 hours each week to senior community centers (Gary and Mary West Center) as well as eight hours each week to Potiker Family Senior Residence, offering screening and referrals to low-income, at-risk seniors.	Ongoing (evaluated annually)	Chief Medical Officer, Sharp Behavioral Health Manager, SMV Intake	FY 2024 and 2023 Activities: This strategy also addresses Identified Community Health Need – Aging Care and Support 1c . Please refer to that section for details.
	c. Continue community collaboration efforts to provide education and screenings to at-risk senior community members.	Ongoing (evaluated annually)	SMV Business Development Specialist SMV Clinical Research Lead	FY 2024 and 2023 Activities: This strategy also addresses Identified Community Health Need – Aging Care and Support 1d . Please refer to that section for details.

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
2. Advocate for the improvement of housing options and living conditions for community members with behavioral health issues.	a. Continue collaboration with community behavioral health providers and provide education to independent living facilities (ILF).	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> Continued its involvement in and support of the Independent Living Association (ILA), an initiative to improve housing conditions for community members living with serious, persistent mental illness <p><u>Background:</u> The ILA is an initiative of Community Health Improvement Partners (CHIP) Behavioral Health Work Team, in which SMV actively participates. ILA continues to improve their process to collaborate and promote quality experiences for community members in need of services.</p>
	b. Explore and expand collaborations with law enforcement and housing planning committees to improve outcomes for community members living with behavioral health issues.	Ongoing (evaluated annually)	SMV Lead Psychiatric Evaluation Team Manager, SMV Intake	<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> Continued to attend community meetings and anticipates increased engagement, pandemic guidelines permitting Continued to collaborate with the Community Research Foundation, Psychiatric Emergency Response Team, ILA and the CHIP Behavioral Health Work Team to improve services for the community
3. Increase access to behavioral health evaluations and referral sources to members of the general community.	a. Continue to provide free psychiatric evaluations and referrals for the general community.	Ongoing (evaluated annually)	Manager, SMV Intake	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> Increase education, support and engagement related to the opioid epidemic, including community distribution of free opioid overdose prevention kits Participate in psychiatric rehabilitation programs and activities in the community <p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> Provided several behavioral health and substance use screening opportunities for the community: on-site, virtually and in partnership with local organizations Throughout the year, SMV psychiatric evaluation and intake teams provided 5,815 free psychiatric evaluations and referrals for the general community

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> The assessments were facilitated by a licensed mental health professional who provided individuals with recommendations for appropriate programs and levels of care <p>Evaluation: Referrals are tracked; community members are referred to SMV outpatient or inpatient programs, Sharp McDonald Center (SMC), Sharp Grossmont Hospital or another Sharp HealthCare (Sharp) entity, or an inpatient psychiatric facility. In addition, evaluated patients receive referrals to other inpatient and outpatient community resources, which also includes SMV's chemical dependency programs.</p>
4. Reduce stigma and improve outcomes for individuals with behavioral health issues by community integration through community service activities.	a. Continue participation in key behavioral health events alongside patients.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p>FY 2024 and 2023 Activities:</p> <ul style="list-style-type: none"> Continued to maintain a Client Advisory Board, which obtains feedback from the hospital's outpatients, former patients and employees on how to improve programs, empower patients, promote advocacy and better serve the community <ul style="list-style-type: none"> Members of the Client Advisory Board continued its walking team in the National Alliance for Mental Illness' 2024 NAMIWalks Your Way event to raise awareness and reduce stigma around behavioral health SMV and SMC sponsored and participated in five walks in FY 2023 to increase awareness and raise funds for behavioral health services <p>SMV clinicians have been present at both in person and virtual community events to further increase engagement and connect community members to helpful resources.</p>
5. Raise awareness and reduce stigma through the provision of behavioral health education for patients, their loved ones, health care	a. Continue to host community speaking engagements and provide a variety of educational opportunities addressing various behavioral health topics.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p>FY 2024-2025 Plan:</p> <ul style="list-style-type: none"> Explore opportunities to support multicultural and vulnerable groups through community involvement and education

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
providers and the broader community.			Identified Content Expert, SMV Clinicians	<ul style="list-style-type: none"> • Provide education on medications for addiction treatment to community members and behavioral health providers throughout SDC to address the opioid epidemic <p><u>FY 2024 and 2023 Activities:</u> In FY 2024 and 2023, SMV and SMC participated in a variety of community behavioral health educational events, health and wellness fairs, conferences and fundraisers.</p> <ul style="list-style-type: none"> • At the Sharp Women’s Health Conference: <ul style="list-style-type: none"> ○ During the 2023 event, an SMV clinician provided a breakout session focused on stress management ○ During the 2024 event, an SMV team member discussed how to set guilt-free boundaries ○ SMV staff provided behavioral health resources and offered mood screening appointments to interested attendees throughout both events • Throughout FY 2023, SMV also sponsored and participated in three events benefitting behavioral health organizations across SDC • In FY 2024, an SMV clinician continued to serve as the co-chair of CHIP’s Suicide Prevention Council, an inter-agency council committed to preventing suicide and its devastating consequences in SDC, enabling SMV to increase its engagement with suicide prevention efforts countywide <ul style="list-style-type: none"> ○ To date, SMV continues to be an active partner with CHIP in working to address the stigma surrounding mental health and reduce suicide events to zero. • SMV recognized Mental Health Awareness Month in FY 2023 by providing a variety of behavioral health resources and screenings to Sharp team members and the community <ul style="list-style-type: none"> ○ This included virtual Check Your Mood screenings conducted through an online questionnaire and a variety of educational articles through Sharp’s intranet

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> ○ SMV was the presenting sponsor at the San Diego Padres baseball team’s Mental Health Awareness Night at Petco Park, where several SMV team members hosted a resource table to provide attendees with education on mental well-being and SMV Sluggers softball team was given the opportunity to throw the first pitch during the game ○ At Kearny High Educational Complex’s mental health fair, SMV clinician provided a behavioral health resource table ○ At Solana Beach Presbyterian Church, a SIO primary therapist gave a presentation on behavioral health to seniors
	b. Continue to host speaking engagements for community health professionals and students on various topics in behavioral health.	Ongoing (evaluated annually)	SMV Business Development Specialist Manager, Outpatient – SMV/East Manager, Specialty Outpatient Programs, SMV	<p><u>FY 2024 and 2023 Activities:</u> In FY 2024 and 2023, many educational offerings continued to be provided virtually</p> <ul style="list-style-type: none"> ● In FY 2023, SMV and SMC provided continuing education and training for behavioral health care professionals and students <ul style="list-style-type: none"> ○ SMV also provided behavioral health resources to approximately 260 social work and behavioral health students at virtual internship fairs hosted by Azusa Pacific University, California State University San Marcos, National University, Point Loma Nazarene University (PLNU), San Diego State University (SDSU) and University of San Diego <p><u>Evaluation:</u> Education and screening programs are evaluated by participants through survey. The goal is to educate and raise awareness for community members and physicians. To date, the overall response is that community members request more education.</p>
	c. Participate in outreach activities across different Sharp HealthCare (Sharp) entities to increase	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2024 and 2023 Activities:</u> This strategy also addresses Identified Community Health Need – Behavioral Health 5a. Please refer to that section for details.</p>

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
	community awareness of behavioral health services.			<p>Evaluation: Education programs are evaluated by participants through survey. The goal is to educate and raise awareness for community members and physicians.</p>
	d. Share information and educate the community through media.	Ongoing	<p>Senior Specialist, Outpatient Behavioral Health, SMV Manager, SMC Director, SMV Outpatient Programs & SMC Lead Therapy Services, SMV SMV Supervisor, Outpatient Child & Adolescent</p>	<p>FY 2024 and 2023 Activities:</p> <ul style="list-style-type: none"> • Continued to provide an array of media interviews and education on topics to help community members manage their behavioral health, as requested • Provided behavioral health education to the community through interviews with local news outlets in FY 2023 <ul style="list-style-type: none"> ○ News outlets included: ABC 10News San Diego, CBS News 8 San Diego, CW Network San Diego, FOX 5 San Diego, NBC 7 San Diego, Univision, Televisa, and <i>The San Diego-Union Tribune</i> ○ Information was also shared through Sharp Health News (Sharp’s online news center)

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
6. Improve behavioral health outcomes and support for specialized populations in the community.	a. Provide education (general health, workforce development, etc.) and resources to Transitional Age Youth with behavioral health issues to empower and support their continued health and well-being.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Continued to provide a specialized Transitional Age Youth Program to provide community services and support for young adults, ages 18 to 26, with behavioral health issues <ul style="list-style-type: none"> ○ Offered education and resources through the program to empower and support the continued health and well-being of these young adults
	b. Continue to provide behavioral health education, support and resources for San Diego veterans and their families through the Trauma and Post-Traumatic Stress Disorder Recovery Intensive Outpatient Program.	Ongoing (evaluated annually)	Manager, Specialty Outpatient Programs, SMV	<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Provided specialized services to active-duty service members, veterans, military families and the community <ul style="list-style-type: none"> ○ SMV’s Trauma and Post-Traumatic Stress Disorder (PTSD) Recovery Intensive Outpatient Program (IOP) continued to offer evidence-based therapies designed to address maladaptive coping strategies, assist with recovery from complex post-traumatic stress and decrease mood instability ○ Team members provide education and resources to reduce the stigma surrounding behavioral health issues in the military and civilian communities, as well as offered an expedited referral process for IOP services to active-duty service members receiving treatment at Naval Medical Center San Diego • Supported approximately 80 veterans and community members who have been impacted by trauma during FY 2023 through Trauma and PTSD Recovery IOP <p><u>Evaluation:</u> Screening results and follow-up data continue to show clinically significant reduction of PTSD symptoms over an average eight weeks of IOP treatment.</p> <p><u>Background:</u></p>

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<p>SMV’s Trauma and PTSD Recovery Program (formerly Veterans Engaged in Supportive Treatment) began in FY 2015 and is based at SMV’s east county location. Evidence-based practices are used to provide comprehensive treatment for PTSD and substance abuse.</p> <p>The Trauma and PTSD Recovery IOP utilizes the PCL-5 to measure the severity of PTSD symptoms and influence treatment. The tool is utilized upon admission, on a monthly basis throughout treatment and at discharge to inform treatment planning decisions. The PCL-5 is a gender-neutral tool normed for many populations, to include civilians, first responders and military personnel.</p>
	c. Continue to provide care and education to adolescents and youth.	Ongoing (evaluated annually)	SMV Manager, Child & Adolescent Services	<p><u>FY 2024 and 2023 Activities:</u> A San Diego Unified School District teacher provides education to adolescents who are admitted as inpatients, or who are program participants, for about 15-20 hours per week. Providing this ongoing curriculum helps to ensure that adolescents do not fall behind in school while participating in SMV programs as an inpatient or outpatient.</p> <p>In addition, psychologists provided a mental health talk on teen development for parents in the community.</p>
	d. Collaborate with community-based organizations to improve outcomes for vulnerable patients post-discharge.	Ongoing		<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • SMV social workers partnered with case management organizations to meet with patients at the hospital prior to discharge, connect, and schedule time to follow up post-discharge • SMV social workers partner with Optum to manage the crisis house search (START programs) for Medi-Cal patients • Patients are discharged with medications in hand, to increase the likelihood of remaining compliant with treatment and removing logistical barriers • The partnership has resulted in a shortened length of stay for SMV patients with Medi-Cal and has decreased the burden on social workers

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
7. Provide support and resources to community members impacted by behavioral health and chemical dependency issues.	a. Collaborate with community behavioral health organizations and provide space for support groups to serve members of the community impacted by behavioral health issues.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Continued to offer various free, virtual support groups titled Mood Disorder Support Group and Dialectical Behavioral Therapy Support Group • Resumed its monthly lecture series on cognitive behavioral therapy in 2023, which is offered both in person and virtually
	b. Facilitate various support group meetings (monthly, weekly, etc.).	Ongoing (evaluated annually)	SMV Business Development Specialist	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> • Explore opportunities to revamp support group meetings to boost attendance <p><u>FY 2024 and 2023 Activities:</u> In FY 2024 and 2023, SMV-facilitated support groups continued to be held both in person and virtually including:</p> <ul style="list-style-type: none"> • The monthly in-person cognitive behavioral therapy lecture series provides attendees with information about cognitive behavioral therapy, with a virtual option for those who could not attend the in-person event <ul style="list-style-type: none"> ○ The lecture is led by a clinician and offered on the first Tuesday of every month • A weekly mood disorders support group was available for individuals, family and friends impacted by depression, bipolar disorder, PTSD or anxiety • The biweekly Dialectical Behavioral Therapy support group helped attendees develop coping skills to manage severe emotional reactions, intense anxiety, impulsivity, self-harm, suicidal thoughts and high-conflict relationships • The SMC Aftercare group also continued to meet virtually to help former patients problem-solve issues and make the necessary transitions to maintain a sober lifestyle following inpatient substance use treatment

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Identified Community Health Need – Behavioral Health				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
8. Strengthen partnerships with community organizations to foster future collaborations and fundraise for behavioral health services.	a. Continue participation in key behavioral health events and fundraising activities.	Ongoing (evaluated annually)	CEO, SMV SMV Business Development Specialist SMV Philanthropy Council	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> • Explore opportunities to support multicultural and vulnerable groups through community involvement and education <p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • SMV recognized Mental Health Awareness Month in FY 2023 by providing a variety of behavioral health resources and screenings to Sharp team members and the community <ul style="list-style-type: none"> ○ This included virtual Check Your Mood screenings conducted through an online questionnaire and a variety of educational articles through Sharp’s intranet ○ SMV was the presenting sponsor at the San Diego Padres baseball team’s Mental Health Awareness Night at Petco Park, where several SMV team members hosted a resource table to provide attendees with education on mental well-being ○ At Kearny High Educational Complex’s mental health fair, an SMV clinician provided a behavioral health resource table • At Solana Beach Presbyterian Church, a SIOP primary therapist gave a presentation on behavioral health to seniors • In FY 2023, SMV and SMC staff regularly led or attended approximately 20 behavioral health community and professional health boards, committees, and advisory and work groups <ul style="list-style-type: none"> ○ For a complete listing, please see the Sharp HealthCare FY 2023 Community Benefit Report ○ Further, the partnership with Community Research Foundation to improve collaboration with patients in the community continues

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Identified Community Health Needs – Cancer, Cardiovascular Disease, Diabetes, Obesity				
Objectives/ Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
<p>1. Address the integration of physical and behavioral health by exploring programs that address social determinants of health and common co-occurring chronic health conditions (e.g., diabetes, cardiovascular disease, etc.).</p>	<p>a. Not applicable (NA)</p>	<p>NA</p>	<p>SMV Business Development Specialist</p> <p>Manager, Sharp Community Benefit and Health Improvement</p> <p>Sharp Continuing Medical Education Department</p> <p>Various SMV Departments/ Teams</p>	<p><u>FY 2024 and FY 2023 Activities:</u></p> <p>In general, as a specialty hospital providing treatment and services for behavioral health, these additional identified community health needs do not fall within the scope of SMV's services and resources.</p> <p>However, in light of findings from Sharp's recent Community Health Needs Assessments, SMV is exploring options to educate and address the issue of mind-body integration and effects of physical health on behavioral health and vice versa. One partnership with Family Health Centers of San Diego, has assisted this area. The partnership is specifically between Family Health Centers of San Diego and SMV inpatient social workers to use the web-based software EDconnect, allowing SMV social workers the ability to schedule post-discharge behavioral and physical health care appointments.</p> <p>In addition, in FY 2024 and 2023, SMV outpatient nurses have increased referrals to primary care physicians and have performance goals to ensure that all patients who do not have a community physician are referred. Further, SMV outpatient nurses aim to address all identified active medical needs as part of their standard workflow.</p> <p>SMV screens all inpatients for tobacco use and provides tobacco cessation therapy, when appropriate, during treatment and after discharge.</p>

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
<p>1. Increase coverage for patients seen in the emergency department by providing assistance to secure health coverage for all individuals entitled to the benefit; also provide payment options for individuals that chose not to secure coverage or are not currently eligible for health benefits. Secure benefit concurrent with stay when Medi-Cal Presumptive Eligibility rules apply.</p>	<p>a. Continue to provide services to help every unfunded patient received in the emergency department find coverage options.</p>	<p>Ongoing (evaluated annually)</p>	<p>Supervisor, Patient Assistance Navigators</p>	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • Sharp secured Presumptive Eligibility for 5,670 unfunded patients in the emergency department (ED) • Used PointCare to assist more than 8,200 self-pay patients <p><u>Evaluation:</u> Continued unknowns in understanding the efficacy of efforts include the increase in the patient out of pocket responsibility resulting from health plan coverage purchased off the exchange; and the transition of qualified unfunded patients directly to Medi-Cal. Sharp has initiated a process of trending straight self-pay collections separate from balance after insurance collections to closely monitor these two distinct populations. Sharp will continue to monitor results.</p> <p><u>Background:</u> At Sharp, patients use PointCare’s simple online questionnaire to generate personalized coverage options that are filed in their account for future reference and accessibility. The results of the questionnaire enable Sharp staff to have an informed and supportive discussion with the patient about health care coverage and empower them with options. The PointCare program continues to collect metrics on a number of individuals served and cost savings. From October 2015 to September 2023, Sharp helped more than 94,000 self-pay patients through PointCare, while maintaining each patient’s dignity throughout the process.</p>
<p>2. Provide payment options, education and support to vulnerable, uninsured, underinsured, and patients admitted to hospital facilities</p>	<p>a. Provide the Maximum Out of Pocket Program to patients who express an inability to pay their financial responsibility after health insurance.</p>	<p>Ongoing</p>	<p>All Revenue Cycle Staff</p>	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • Maximum Out of Pocket Program provided more than \$406,000 in adjustments to patient bills <p><u>Background:</u></p>

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
with an inability to pay their financial responsibility after health insurance.				Sharp assists underinsured and vulnerable individuals unable to meet their financial responsibility after health insurance. Through the program, team members meet with patients at all Sharp hospitals to help them better understand their health insurance benefits, payment options and how to access care during their hospital stay.
	b. Provide Certified Application Counselors to assist both patients and community members with Covered California assistance.	Ongoing	Patient Financial Services (system-level) Certified Application Counselors	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> In support of Covered California’s annual open-enrollment period, Sharp’s registration staff included 20 Certified Application Counselors to better assist both patients and the general community with navigating the Covered California website and plan enrollment
	c. The Patient Assistance Team will continue to assist patients in need of assistance gain access to free or low-cost medications.	Ongoing	Manager of Pharmacy Finance & Regulatory Compliance Supervisor, Patient Assistance Navigators	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> Patient Assistance Program helped under- and uninsured patients access medications worth a total of \$14.5 million <p><u>Evaluation:</u></p> <ul style="list-style-type: none"> Cost savings for replacement drugs is monitored through the pharmacy. The patient accounting staff remove the charges from the patient’s statement, as needed. Sharp also tracks each individual that has applied for financial assistance. The patient account is noted with the findings, and a specific adjustment code is used to track the dollars associated with these reviews. <p><u>Background:</u> Patients are referred by population health teams, physicians, pharmacists, case managers, social workers, nurses and at times, other patients. Team members research all available</p>

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				options for these patients, including programs offered by drug manufacturers, grant-based programs offered by foundations, co-pay assistance and other low-cost alternatives. Eligible patients receive assistance that may help reduce readmissions and the need for frequent medical services resulting from the lack of access to medications.
	d. Continue to offer ClearBalance — a specialized loan program for patients facing high medical bills.	Ongoing	Supervisor, Patient Assistance Navigators Manager Patient Access Services, Self-Pay Patients	<p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • Since 2010, ClearBalance has assisted more than 9,100 Sharp patients • Through this collaboration with San Diego-based CSI Financial Services, both insured and uninsured patients can secure small bank loans to help pay off their medical bills in low monthly payments and prevent unpaid accounts from going to collections
3. Improve access to health and social services for vulnerable patients and community members, particularly San Diego’s homeless population.	a. Explore and expand Sharp integrated delivery system access to post-acute recuperative care services.	Ongoing	Vice President (VP), Sharp Integrated Care Management (ICM)	<p><u>FY 2024 - 2025 Plan:</u></p> <ul style="list-style-type: none"> • Resolve gaps in care through community outreach efforts to identify opportunities as they become available <p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Sharp Integrated Care Management (ICM) has created a System Social Work Educator role to advance Medical Social Work and build upon community partnerships • Sharp is seeking to identify short-term solutions for immediate needs as they occur, in addition to long-term, sustainable solutions. Each patient is independently considered for exact care need, likely term for the need, and various care setting options immediately available. Sharp continues to coordinate care efforts in partnership such as Whole Person Wellness, PATH (People Assisting the Homeless) and 211’s Community Information Exchange (CIE). Likewise in support of Unhoused Discharge Plan Law

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				(formerly California Senate Bill 1152), patients experiencing homelessness are screened for insurance and provided weather appropriate clothing, meal prior to discharge, prescriptions and community resources when needed.
4. Seek to provide health care funding options, education, and/or support to the vulnerable, uninsured/underinsured patients admitted to hospitals of the Sharp system.	<p>a. Sharp Integrated Care Management and Patient Access Services support education and access to:</p> <ul style="list-style-type: none"> • Medi-Cal for CalFresh (Food Stamps) • Hospital Outstation Program (collaboration with the County of San Diego) • Enrollment of qualified patients in CalFresh • San Diego CIE / 211 Collaboration 	Ongoing (evaluated annually)	<p>Manager, Patient Access Services</p> <p>VP, Sharp ICM</p>	<p><u>FY 2024 - 2025 Plan:</u></p> <ul style="list-style-type: none"> • Expand Sharp ICM ability to leverage 211’s CIE by enrolling individuals in the CIE program if not already completed in the community, allowing for hand-off to community organization and timely post-discharge care • Explore new electronic medical record features such as social determinants of health screening • Continue to seek and identify opportunities to engage payers through the CalAIM (California Advancing and Innovating Medi-Cal) program. <p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Expanded efforts for patient education related to funding options/access to health care, as well as San Diego community resources. This largely occurred in concert with Unhoused Discharge Plan Law (Senate Bill 1152) • Continued to finetune and improve identification of individual’s experiencing homelessness, especially for treat and release patients seen through Sharp EDs • Renewed efforts with their relationship and utilization of 211. In conjunction with the initial patient assessment, individuals are considered for benefit of a 211 referral (please refer to Identified Community Health Need – Access to Health Care 6a for details). ICM case managers make referrals as needed across all Sharp sites.
	b. Continued partnership and collaboration with recuperative care units.	Ongoing (evaluated annually)	<p>Sharp Clinical Social Workers</p> <p>VP, Sharp ICM</p>	<p><u>FY 2024 - 2025 Plan:</u></p> <ul style="list-style-type: none"> • Continue to seek and optimize opportunities with recuperative care units to serve the needs of patients experiencing homelessness

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
<p>5. Continue to explore opportunities for collaboration with community organizations to enhance access as appropriate for individuals experiencing homelessness to:</p> <ul style="list-style-type: none"> • Medical care • Financial assistance • Psychiatric and social services 	<p>a. Ongoing assessment of homeless data to identify interventions though analysis of trends and key indicators. To guide assessment and planning for:</p> <ul style="list-style-type: none"> • Allocation of internal resources • Possible expansion of existing external relationships • Identification of new opportunities for partnership and/or collaboration 	Ongoing	VP, Sharp ICM	<p><u>FY 2023 - 2024 Plan:</u> Sharp ICM will continue to progress data collection to concurrently advance care opportunities. To that end, and in addition to current efforts, Sharp ICM anticipates:</p> <ul style="list-style-type: none"> • Exploring opportunities for introduction of a risk index via the incoming electronic medical record (Epic) that will include consideration of individuals experiencing homelessness to more quickly pair assessment with appropriate intervention (FY 2024) • Introduce methods for considering/distinguishing homelessness as a comorbidity versus social determinants of health (FY 2024) • Explore data integration with CIE and the incoming electronic medical record to improve the provision of person-centered care for patients experiencing homelessness as well as success of community referrals for housing and other social needs (FY 2024)
	<p>b. Explore partnership with Healthcare in Action to provide medically necessary outpatient care to unhoused individuals.</p>	June 2025	VP, Sharp ICM	<p><u>FY 2024 - 2025 Plan:</u></p> <ul style="list-style-type: none"> • Explore a model that will provide these services if the patient does not have an in-network payer <p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> • Leveraged Healthcare in Action for unhoused individuals and Molina Medi-Cal
<p>6. Improve care management and clinical-community linkages that address social determinants of health through implementation of a new technology platform that shares health and social services data across health care and social service sectors.</p>	<p>a. Sharp will continue data sharing and collaboration with the San Diego Community Information Exchange/211 San Diego (211) to improve access to care and mitigate adverse outcomes related to social determinants of health.</p>	June 2025	<p>Manager, SMV Case Management</p> <p>SMV Business Development Specialist</p>	<p><u>FY 2024 – 2025 Plans:</u></p> <ul style="list-style-type: none"> • In FY 2024, Sharp ICM intends to expand their ability to leverage San Diego Community Information Exchange (CIE)/ 211 San Diego (211) by enrolling individuals in the CIE program if not already completed in the community, allowing for hand-off to community organization and timely post-discharge care • Sharp is engaged with 211 leadership to explore opportunities to leverage data captured as a part of the CIE

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Identified Community Health Need – Access to Health Care				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
			VP, Sharp ICM Manager, Sharp Community Benefit and Health Improvement VP, Sharp HospiceCare	<ul style="list-style-type: none"> ○ This data exploration includes consideration for integration of data as well as extraction of data identified as pertinent for activities managed through the ICM team <p><u>FY 2023 Activities:</u></p> <ul style="list-style-type: none"> ● As of May 2023, there are 8,997 Sharp patients that have a matching client record in the CIE <ul style="list-style-type: none"> ○ Of those patients, 3,404 are Sharp Health Plan members ● Housing, utilities, and nutrition are the top three domains of need <p><u>Background:</u> Sharp HealthCare implemented data sharing and collaboration with the 211’s CIE team to improve access to care and mitigate adverse outcomes related to social determinants of health, with pilot rollout and training beginning in 2019.</p>

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Identified Community Health Need – Children and Youth Well-Being				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Provide career pipeline programs and early professional development for elementary, middle and high school students.	a. Continue to provide elementary, middle and high school students with opportunities to explore health care professions.	Ongoing	Various	<p><u>FY 2024-2025 Plan:</u></p> <ul style="list-style-type: none"> In FY 2024, SMV plans to continue the behavioral health careers curriculum within the Health Sciences High and Middle College (HSHMC) program and provide students with experience in a range of programs, including therapeutic activities services, environmental services and health information services

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Identified Community Health Need – Community Safety				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
<p>1. Increase education and awareness of health care professionals and community members in San Diego around violence and trauma, including human trafficking.</p>	<p>a. Collaborate with community organizations and health care professionals to share best practices and provide education around human trafficking.</p>	<p>Ongoing</p>	<p>Sharp Memorial Hospital (SMH) Assistant Librarian</p> <p>Sharp Coronado Hospital and Healthcare Center Medical Social Worker</p> <p>Trauma-Informed Care team at SMV</p>	<p><u>FY 2024 and 2023 Activities:</u> In FY24, Sharp joined the SoCal Safe Shelter Collaborative to help improve access to community resources and promote trauma-informed best practices. All Sharp hospitals were onboarded and trained to provide referrals through this system.</p> <p>As part of the Health Subcommittee for the San Diego Regional Human Trafficking and Commercial Sexual Exploitation of Children Advisory Council (Health Subcommittee), the SMH assistant librarian and Sharp Coronado Hospital and Healthcare Center medical social worker contributed to trainings and other events that helped equip community health care professionals and students with best practices to identify and support patients who have experienced human trafficking. This included:</p> <ul style="list-style-type: none"> • Fourth year as Facilitator for the Health, Education, Advocacy, Linkage Trafficking Train the Trainer Academy to more than 40 public health professionals and health educators • Shared trauma-informed care continuing medical education series with 575 community healthcare professionals • Provided education on trauma-informed approaches to human trafficking to more than 120 physician assistant and nursing students from PLNU and National University • Reached community members through monthly Health Subcommittee meetings, which were also recorded and shared on YouTube, as appropriate. Overall, more than 600 community members received meeting details, best practices, and resources related to the variety of topics covered throughout the year • Updated the Welcome Packet: A Guide to Best Practices and Resources to support healthcare providers and systems in implementing best practices • Partnered with HT-RADAR (PLNU Center for Justice & Reconciliation) Healthcare and Human Trafficking Summit, where two Sharp team members shared information on a panel to 100 attendees in October

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Identified Community Health Need – Community Safety				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<p>Background: In 2018, the SMH assistant librarian created the Health Subcommittee. This multidisciplinary group — including physicians, nurses, mental health professionals, social workers, executives and community stakeholders — was established to support health care systems in addressing human trafficking through best practice sharing, protocol development and education.</p> <p>To equip Sharp and community health systems with trauma-informed care skills, Sharp collaborated with the Health Subcommittee, Palomar Health and the Institute on Violence, Abuse and Trauma to create a trauma-informed care continuing medical education series for physicians, PAs, nurse practitioners, nurses, licensed marriage and family therapists, licensed clinical social workers, and other interested individuals within and outside the medical profession.</p> <p>Sharp’s Continuing Medical Education Department has supported these efforts by providing numerous continuing medical education activities targeted to Sharp and non-Sharp community physicians and providers related to human trafficking and trauma-informed care.</p> <p>To date, the SMH assistant librarian has provided trauma-informed care trainings for Palomar Health's California Clinical Forensic Medical Training Center, Sharp Nursing Grand Rounds, Sharp Metropolitan Medical Campus’s Rehabilitation department, Sharp’s Social Work department, PLNU School of Nursing, PLNU’s Physician Assistant Program, National University School of Nursing, and San Diego County public health nurses</p>
	b. Collaborate with community organizations to improve data collection and assessments for non-fatal strangulation.	Ongoing	SMH Assistant Librarian	<p>FY 2023 Activities: Currently, Sharp diagnoses and treats non-fatal strangulation to reduce the number of stroke and homicide events, which is prevalent in patients who have experienced domestic violence, sex</p>

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Identified Community Health Need – Community Safety				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				trafficking and prostitution. Sharp plans to train clinicians in this area to prioritize safety planning for these patients.
	c. Implement human trafficking and trauma-informed care trainings and protocols at Sharp.	Ongoing	SMH Assistant Librarian SMH Emergency Department Leadership Sharp’s Continuing Medical Education Department	<p><u>Sharp FY 2024 - 2025 Plans:</u> In FY 2024 and FY 2025, Sharp’s plans include:</p> <ul style="list-style-type: none"> • Creating a corporate workgroup to establish trauma-informed care as “standard work” and protocols centered around best practices • Teaching trauma-informed care as an extension of person-centered care • Implementing completed protocols, which include replacing previously used screening tools with the PEARR Tool, teaching trauma-informed care as a universal precaution and hiring a survivor consultant to review protocols and make recommendations. • Lead the “clinical validation” of the PEARR Tool. • Speak at the “Nurse Appreciation Event” a continuing education event for San Diego County public health nurses. Follow up with resources to adopt best practices. Integrating best practices on human trafficking and trauma-informed care into new nurse orientations • Update the personal safety questions with the EPIC customization <p><u>FY 2024 and 2023 Activities:</u> In FY 2024, Sharp plans to expand implementation of trauma-informed care protocols for SMV, Sharp Mary Birch Hospital for Women and Newborns, Sharp Grossmont Hospital, Sharp Chula Vista Medical Center, Sharp Rees-Stealy Medical Centers and Sharp Community Medical Group clinicians to support patients who have been trafficked or have experienced similar exploitation/abuse. The Sharp Memorial Hospital and Sharp Coronado Hospital and Healthcare Center ED currently have protocols in place for clinicians identifying patients who have been trafficked.</p> <p>Sharp Coronado Hospital and Healthcare Center developed a protocol for identification of trafficked persons, responses within the healthcare system, and resources to provide to patients. Responsible</p>

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Identified Community Health Need – Community Safety				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				parties plan to create a mandatory staff training in the Sharp Coronado Hospital and Healthcare Center ED for domestic violence and human trafficking, which will take place in July 2024 and will be overseen by a survivor consultant.
3. Not applicable (NA)	a. NA	NA	NA	<p>In general, as a specialty hospital providing treatment and services for behavioral health, these additional identified community social determinants of health do not fall within the scope of SMV's services and resources.</p> <p>This social determinant of health is addressed through programs/services provided through SMH. SMV is located on the Sharp Metropolitan Medical Campus — the same campus as SMH.</p>

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Identified Community Health Need – Economic Stability				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
1. Support San Diegans experiencing homelessness through collaboration with the San Diego Rescue Mission.	a. SMV continued to donate food to the San Diego Rescue Mission to help support San Diego individuals living in a shelter.	Ongoing	SMV Cafeteria Services SMV Business Development Specialist	<p>FY 2024-2025 Plan:</p> <ul style="list-style-type: none"> In FY 2024, SMV plans to explore the reinstatement of weekly food donations to the San Diego Rescue Mission <p>Background: Prior to the COVID-19 pandemic, SMV donated food to the San Diego Rescue Mission on a weekly basis to help support men, women and children living in the shelter.</p>
2. Advocate for the improvement of housing options and living conditions for community members with behavioral health issues.	a. Continue collaboration with community behavioral health providers and provide education to ILFs.	Ongoing (evaluated annually)	SMV Business Development Specialist	<p>FY 2024 and 2023 Activities: This strategy also addresses Identified Community Health Need – Behavioral Health 2a. Please refer to that section for details.</p>

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Identified Community Health Need – Workforce Development				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
<p>3. Collaborate with local schools to promote interest in health care careers and provide opportunities for students and interns to explore behavioral health care professions. Longer-term impact of improving behavioral health workforce shortages in San Diego.</p>	<p>a. Continue to provide student mentorship in various health care disciplines.</p>	<p>Ongoing</p>	<p>Supervisor, Psychology</p> <p>Lead Clinical Psychologist</p> <p>Manager, Professional Development/ Patient Safety/MAGNET</p>	<p><u>FY 2024 and 2023 Activities:</u></p> <ul style="list-style-type: none"> • Throughout FY 2023, SMV participated in internship and clinical training programs for trainees and students in various health care disciplines, including psychology, clinical social work, social work administration, marriage and family therapy, pharmacy, clinical chaplaincy, medicine and nursing. <ul style="list-style-type: none"> ○ In FY 2023, ancillary (non-nursing) students served nearly 35,700 hours on the SMV campus • In FY 2023, 270 nursing students spent nearly 340 hours working clinical rotations of six- to eight- hour shifts in all inpatient units and several of the outpatient programs at SMV and SMC <ul style="list-style-type: none"> ○ SMV offers two clinical rotations in one day, and nursing students are on campus seven days a week ○ Including time spent with groups and individual preceptors, nursing students served approximately 17,400 hours at SMV in FY 2023 ○ Nursing students from various universities and colleges were also provided free meeting space as needed • In FY 2023, SMV received more than 180 applications for eight doctoral intern positions available through Sharp’s yearlong, American Psychological Association accredited doctoral internship in clinical psychology <ul style="list-style-type: none"> ○ Psychology trainees provided 2,840 hours of group therapy and 675 hours of individual therapy; were also integrally involved in clinical staff training as well as program development and evaluation efforts throughout the hospital ○ SMV supervisors provided approximately 2,670 combined hours of individual and group supervision to ensure quality of treatment implementation and training of all interns

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Identified Community Health Need – Workforce Development				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> ○ In recognition of the important contributions of these trainees, all eight interns maintained their status as paid employees with benefits ○ SMV continued to mentor behavioral health therapist trainees during FY 2023, allowing the hospital to provide clinical programming on its inpatient units seven days per week ● At SMV and SMC, psychologists, licensed marriage and family therapists and licensed clinical social workers provided thousands of hours of direct clinical supervision to trainees ● SMV clinicians provided two hours of virtual lectures every week for psychology doctoral interns, which were also open to trainees and staff throughout the hospital. ● Throughout the year, SMV provided specialized learning opportunities for seven MSW and Bachelor of Social Work students <ul style="list-style-type: none"> ○ Students attended case presentations, in-services, staff meetings, treatment team meetings, staff huddles and other learning activities as part of their experience
	b. Continue to support workforce development in San Diego.	Ongoing	Supervisor, Psychology Lead Clinical Psychologist Manager, Professional Development/ Patient Safety/MAGNET	<u>FY 2024 and 2023 Activities:</u> <ul style="list-style-type: none"> ● In FY 2023, SMV provided behavioral health resources to approximately 260 social work and behavioral health students at virtual internship fairs hosted by Azusa Pacific University, California State University San Marcos, National University, PLNU, SDSU, and University of San Diego ● SMV and SMC provided continuing education and training for behavioral health care professionals and students in FY 2023 ● An SMV clinical psychologist provided virtual lectures to college students at California State University San Marcos, SDSU and PLNU on topics such as how to select appropriate internship sites, cognitive behavioral therapy skills and other tools to use with patients, and how to treat eating disorders

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Identified Community Health Need – Workforce Development				
Objectives/Anticipated Impact	Strategy/Action Items	Target Completion Date	Responsible Party/ies	Evaluation Methods, Measurable Targets, and Other Comments
				<ul style="list-style-type: none"> • In collaboration with SDSU, SMV clinicians shared knowledge and best practices with the larger health care community through the development of educational materials on behavioral health care and participation in clinical research <ul style="list-style-type: none"> ○ An SMV clinician had an article published in the Archives of Psychiatric Nursing, and an SMV nurse informaticist and an SMC leader each had published articles in Critical Care Nursing Quarterly ○ The Sharp Neurocognitive Research Center at SMV also contributes to the expansion of scientific knowledge and medical advancements throughout the larger health and research communities <ul style="list-style-type: none"> ▪ In FY 2023, SMV provided clinical trials to improve care and outcomes for patients experiencing Alzheimer’s disease and other cognitive disorders