	SECTION #:			DOCUMENT #: UM151
SHARP	ORIGINAL	CURRENT		
	ISSUE DATE	EFFECT DATE	Department Guideline	
	11/2024	11/2024	De	epartment Guldenne
	AFFECTED DEPARTMENT:			ENTITY(S):
	Clinical Pharmacy Services/			
	Utilization Management			SRS
	TITLE:			
	Medication Selection			

## I. <u>PURPOSE</u>:

The purpose of this policy is to establish clear guidelines for the selection of medications, ensuring the patients receive the most effective and cost-efficient treatments.

# II. **PROCEDURE**:

A. Step Therapy: "Step therapy" is a process specifying the sequence in which different prescription drugs for a given medical condition and medically appropriate for a particular patient are prescribed.

1. The health plan may require the enrollee to try one or more drugs to treat the enrollee's medical condition before the health plan will cover a particular drug for the condition pursuant to a step therapy request.

2. If the enrollee's prescribing provider submits a request for step therapy exception, SRS medical group shall make exceptions to step therapy when the criteria is met.

B. SRS Medical Group has the ability to recommend and interchange therapeutic agents
1. Selection is based on the SRS Formulary and preferred agents, when SRS is delegated for the financial risk.

2. If the drug requested is not included in SRS Formulary it may not be approved, unless the formulary agent compromises patient care in some way.

C. Previously approved drugs may be approved when:

1. The provider continues to prescribe the drug for the same medical condition and the drug is still FDA approved for safe and effective use; and

2. The member has previously been taking the prescribed medication (even if with a prior carrier) with no recent break.

### III. <u>CROSS REFERENCES</u>

DG 118 Disclosure of Criteria

### IV. <u>ATTACHMENTS</u>:

### V. <u>APPROVALS</u>:

- a. SRS PBA, Kim Allen RPh 11/26/2024
- b. Managed Care Business 11/26/2024