

Summer 2021

"Nursing integrates the art and science of caring and focuses on the protection, promotion, and optimization of health and human functioning; prevention of illness and injury; facilitation of healing; and alleviation of suffering through compassionate presence. Nursing is the diagnosis and treatment of human responses and advocacy in the care of individuals, families, groups, communities, and populations in recognition of the connection of all humanity." American Nurses Association, 2021



From Laurie Ecoff...

New Home for the Caster Nursing Institute coming! The Caster Nursing Institute will reside in the new Sharp Innovation and Education Center (SIEC) bulding located on the Spectrum campus to be completed in 2023.

Learn more



Future of Nursing 2020-2030 Report Released

The National Academy of Medicine released the second Future of Nursing Report: *The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity* in May 2021. With a unique combination of skills, knowledge, and dedication, nurses play a key role in the health system and can help address health inequities and improve the health and well-being for all.

Learn more



Sharp Chula Vista Medical Center Receives ANCC Nursing Magnet[®] Designation

On May 19, 2021, the American Nurses Credentialing Center notified Sharp Chula Vista Medical Center that they had been designated a Magnet hospital. Achieving Magnet recognition has many benefits, including attracting and retaining top talent; improving patient care, safety and satisfaction; fostering a collaborative culture; advancing nursing standards and practice; and growing business and financial success.

Learn more



SHARP. Terrence and Barbara Caster Institute for Nursing Excellence

Spotlight on Clinical Quality Improvement: Teri Armour-Burton

Teri Armour-Burton, from Sharp Grossmont Hospital, achieved a Sharp HealthCare Certified Lean Six Sigma Green Belt after conducting a study to reduce the incidence of non-ventilator hospital acquired pneumonia.

Learn more

2021 Nursing Scholarship Recipients

In July 2021, 52 nurses received a total of \$186,400 in scholarships from the Caster Nursing Institute to pursue BSN, MSN, and PhD/DNP degrees.

Learn more



Recognizing Excellence – 2021 Nurse Excellence Awards

In May and June 2021, the work of exceptional nurses was recognized throughout the Sharp system. Congratulations to recipients of the nurse excellence and nurse of the year awards!

Learn more





7th Annual Interprofessional Research & Innovations Conference

Mark your calendars for the 7th Annual Interprofessional Research & Innovations Conference scheduled for Wednesday, September 29, 2021, from 08:30am-2:00pm.

Learn more



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Congratulations New Nursing Doctoral Degree Graduates

Lifelong learning is central to professional nursing practice and a core value of the Caster Nursing Institute. Congratulations to nurses who have recently received doctoral degrees.

Learn more

Entity Editorial Influencers Sharp Memorial Hospital: Professional Practice Advisors

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From Laurie Ecoff...

New Building, New Home for the Caster Nursing Institute

A new addition is coming soon to Sharp HealthCare's Spectrum site. The Sharp Innovation and Education Center (SIEC) is a four-story, 68,000-square foot building that will be constructed in the west parking lot adjacent to the current Spectrum building's main entrance. A new 665-stall parking structure in the east parking lot will increase the parking available at the site. The addition of these two new structures will turn our Spectrum building into a Spectrum campus.

The new SIEC building will have a bridge connecting it back to the existing Spectrum building on levels 2, 3 and 4 with a shared outdoor entry pavilion spanning the main first floor entrances of both buildings. This new centrally located space within the Sharp system is dedicated to training, education, innovation, and event production, which affords Sharp to stop renting facilities for many activities.

Construction is expected to begin in the coming weeks on the new building and parking structure. The parking structure will be completed in October 2022 while the new building will open for use in Spring 2023.

The primary features of the new building will include: Level 1

- 375-seat auditorium
- Full kitchen and café with food prepared on site
- Indoor and outdoor dining areas

Level 2

- Clinical simulation labs for hands-on training and the recording of training simulations for live broadcast to Sharp sites or future viewing
- Equipment demonstration space for new IT technologies
- Technology Immersion Lab for development of IT tools and demonstrations of software applications
- Dedicated space for the Caster Nursing Institute
- Conference rooms to support breakout sessions during auditorium events

Level 3

- Administrative offices for executive, legal, corporate compliance, internal audit, strategy, and business development teams Level 4
- Flexible event room and attached outdoor patio sized to accommodate 100+-person seated fundraising dinner events put on by the Foundation, Sharp HealthCare board meetings and a variety of other events
- Sharp HealthCare Foundation offices
- Large conference rooms.

Future of Nursing 2020-2030 Report Released

Sponsored by Robert Wood Johnson Foundation, this new report entitled *The Future of Nursing 2020-2030: Charting a Path to Achieve Health Equity*, builds on the foundation set out by *The Future of Nursing: Leading Change, Advancing Health*, which was published in 2011. A report release webinar was held on May 11, 2021 (click <u>here</u> to view). The report is dedicated "to the nurses around the world who paid the ultimate price of caring for people during the COVID-19 crisis of 2020–2021. Hundreds lost their lives, and many thousands became sick themselves." There is a strong emphasis in the report's recommendations on determinants of health ("conditions in the environments in which people live, learn, work, play, worship, and age...") and their relationship to health equity ("the state in which everyone has the opportunity to attain full health potential and no one is disadvantaged from achieving this potential because of social position or any other socially defined circumstance").¹

Key messages in the webinar include:

- Permanently remove nurse practice barriers
- Value nurses' contributions
- Prepare nurses to tackle and understand health equity
- Fully support nurses: promote nurse health and well-being
- Create a shared agenda to address social determinants of health and achieve health equity.

Many of the report materials are free to healthcare professionals and the public.

- Read the full report <u>here</u>.
- Read the report highlights <u>here</u>.
- Report recommendations (report briefs) are available:
 - o Lifting Nurse Practice Barriers to Advance Health Equity
 - Paying for Health Equity
 - o Preparing Nurses to Respond to Disasters and Public Health Emergencies
 - o <u>Transforming Nursing Education</u>
 - o Valuing Community and Public Health Nursing
- Other resources related to the report:
 - o 2020 Institute for Nursing Leadership Critical Conversation on Health Equity and Racism
 - <u>Unleashing the Power of the Nurse to Achieve Health Equity: Lessons from a National Academies Report</u> (interactive)

We're sure you will be hearing about the report from leaders and managers, as well as nursing professional associations you belong.

<u>Citation</u>: National Academies of Sciences, Engineering, and Medicine. (2021). *The future of nursing 2020-2030: Charting a path to achieve health equity*. Washington, DC: The National Academies Press. https://doi.org/10.17226/25982

Sharp Chula Vista Medical Center Receives ANCC Nursing Magnet® Designation

On May 19, 2021, Monica Work, Senior Magnet Program Analyst, and Jeannette Ives Erickson, DNP, RN, Chair, Commission on Magnet from the American Nurses Credentialing Center announced that the Commission had voted unanimously to designate Sharp Chula Vista Medical Center as a Magnet facility. Sharp Chula Vista executives, leaders, and staff joined over 100 other staff throughout Sharp to hear the Magnet announcement. Dr. Erickson reviewed 11 exemplars - a new record for Sharp HealthCare - gleaned from the virtual site visit that occurred in April. One exemplar included work with underserved populations in Tijuana, Mexico. She said, "You not only shared yourselves, you shared your knowledge." She then highlighted several examples of SCVMC data on nurse-sensitive indicators outperforming benchmark statistics (for example, falls, pressure ulcer, catheter-associated urinary tract infections, outpatient and patient engagement).

Sharp Chula Vista joins Sharp Grossmont Hospital, Sharp Mary Birch Hospital for Women & Newborns, and Sharp Memorial Hospital in this elite Magnet-recognized group - and becomes one of only 562 hospitals worldwide. As one of the highest forms of distinction for nursing excellence, Magnet recognition is a testament to the countless contributions of our nurses — in collaboration with other team members — to quality patient care through

¹ National Academies of Sciences, Engineering, and Medicine. (2017). *Communities in action: Pathways to health equity.* Washington, DC: The National Academies Press. https://doi.org/10.17226/24624.

innovations in professional nursing practice. The Magnet application process is rigorous and the result of years of hard work and dedication. The application included patient care stories written by our nurses that required many hours of research. The application also included a virtual site visit, which took place March 30 to April 1, 2021.

Thank you to the Magnet champions at Sharp Chula Vista, as well as the many nurses, nurse leaders, and interprofessional team members who served as guides and participated in achieving the medical center's first Magnet designation.

Watch Sharp Chula Vista's Journey to Magnet video here.

Spotlight on Clinical Quality Improvement: Teri Armour-Burton

Teri Armour-Burton, PhD, RN, CNML, NE-BC, conducted a study on reducing the incidence of non-ventilator hospital acquired pneumonia from July 2020-February 2021 at Sharp Grossmont Hospital. Teri noted from research that a structured process with appropriate oral hygiene products reduces the oral bacteria load, which is a catalyst for non-ventilator hospital acquired pneumonia. Her study's aim was to reduce the rate of non-ventilator hospital acquired pneumonia by 10% in Fiscal Year (FY) 2020 compared to FY 2019. Results of the study included better patient perception and improved oral care; improved staff knowledge regarding oral hygiene best practices and its connection to disease; standardization of oral hygiene practices; increased physician confidence in staff care; and improved physician-nurse relationships. Due to COVID-19, cases had higher acuity and longer lengths of stay, yet the number of non-ventilator hospital acquired pneumonia cases did not increase. This was considered a positive outcome of the study. The study team concluded that they needed to replicate the study over a longer period of time. They estimated that each case had the potential of \$27,000 cost avoidance. Dr. Armour-Burton and her study team plan on continuing the study through 2025.

The presentation of results can be found <u>here</u> (Dr. Armour-Burton's presentation starts at 23:59). For this work, Dr. Armour-Burton earned a Sharp HealthCare Certified Lean Six Sigma Green Belt.

2021 Nursing Scholarship Recipients

The Caster Nursing Institute provides scholarship assistance to registered nurses (RNs) and non-nursing team members (entry into practice) seeking to advance their education to BSN, MSN, or doctorate in nursing from an accredited nursing program. Scholarships are funded through the generous philanthropic contributions of Sharp HealthCare donors. Each year, the Caster Nursing Institute's Scholarship Selection Committee awards as many scholarships as the available funds allow. Since its inception, the Caster Nursing Institute has awarded 349 scholarships in the amount of \$1,504,900. A competitive scholarship application demonstrates alignment with Sharp HealthCare Nursing strategic priorities for nursing practice, nursing education, and career progression within the organization, with a focus on retention of scholarship recipients.

Priorities for granting scholarships include the following nursing degrees:

- Entry into Practice: BSN, MSN (Gross and Wiesler scholarships)
- RN to BSN (Caster Nursing Institute Scholarships)
- MSN: Leader and clinical nurse specialist (Caster Nursing Institute and Reil scholarships)
- Doctoral: Generation of new knowledge or translation of evidence into practice to improve patient outcomes (Caster Nursing Institute and Hubbard [PhD at University of San Diego scholarships)

Application forms, recommendation forms, and scholarship writing class information can be found at https://sharpnet.sharp.com/centerNursingEx/Information-on-Scholarships.cfm. See <u>nursing scholarships and</u>

<u>financial aid</u> for a list of additional financial assistance resources. The call for scholarship applications commences each year on **May 1**.

Congratulations to the 2021 Nursing Scholarship Award Recipients:

Entry Into Practice	MSN
Daniel L. Gross Scholarship	Mary Abbott
Brenda Campos	Krystyna Antoine
Sharlene Reyes	Julienne Baugh
James B. & Mary Jane Wiesler Scholarship	Andrea Castenada
Leile Baboa	Tracy Chirimbes
Bridget Braden	Lisa DeLong
leshia Brown	Brain Donald
Isabella Bruno	Cesilee Finley
Elaine De Jesus	Leslie Gomez
Sarah Garoutte	Annette Leigh
Katrina Gozun	Kristina Lopez
Hans Hartman	Cambria Love
Marga Klages	Dan Marinelli
Emily Lira	Bryanne Marino
Dominic McConnaughey	Jennifer Martinez
Yvonne Pal-ing	Molly Quillin-McEwan
Kristen Phung	Nicole Rumpf
Ashlyn Sao	Elizabeth Song
Jessica Valdez	Mary Wisdom
Mauricio Yanez	Cassandra Woore
	Eric Wyatt
	Virginia Reil CNS Scholarship
	Arielle Ferber
	Merari Morales
BSN	Doctoral
Ryan Anderson	Molly Bauer
Helen Clement	Geline Buenconsejo
Lorie Love	Kristy Fillmore
Debbie Lozano	Ann Lawani
Christopher Marquardt	Marion Hubbard Scholarship
Christina Seiler	Patty Magdaluyo

Recognizing Excellence

Nurses of the Year were acknowledged on various campuses in May and June. Congratulations to nurse excellence and nurse of the year honorees!

Sharp Chula Vista Medical Center Exemplary Professional Practice Clinical Nurse: Nicole Athans, BSN, RN, CCRN, ICU Nurse Leader: Christy Johnstone, MSN, RN, CEN, Emergency Department Structural Empowerment Clinical Nurse: Bridgette Sullivan, BSN, RN, 5T Structural Empowerment Nurse Leader: Samantha Tarin, BSN, RN, CEN, Emergency Department New Knowledge, Innovations and Improvement Clinical Nurse: Jamie Hipolito, BSN, RN, 4 West Nurse Leader: Leslie Dela Cruz-Torio, PhD, RN, CPPS, Quality Assurance *Transformational Leadership* Clinical Nurse: Alejandra Cedeno, BSN, RN, 5T Nurse Leader: Janyce Ally, BSN, RN, PCCN, 5 East *Nurse of the Year* Nicole Athans, BSN, RN, CCRN, ICU *Employee of the Year* Anthony Medrano, Surgery

Sharp Coronado Hospital

Advancing and Leading the Profession Clinical Nurse: Marie Miraflores, BSN, RN, CNOR, Surgery Nurse Leader: Taya Wallis, BSN, RN, OCN, Sub-Acute Care Education and Mentorship Muriel Ho, BSN, RN, CEN, PHN, ED Nursing Support Services Norma Miranda, SNF Nurse of the Year Christy Laflamme, MSN, RN, NEA-BC, TCRN, CEN, CCRN, MICU LVN of the Year Jaewon Lee, LVN

Sharp Grossmont Hospital

Advancing and Leading the Profession Olivia Denson, RN, 5W Education and Mentorship Dawn Harrell, MSN, RN, CNS, 2W Patient and Staff Management Zerlina De La Cruz, MSN, RN, CEN, ED Volunteerism and Service Bea Espinola, RN, Labor & Delivery Exemplary Leadership Kareem Dally, MSN, RN, 1W Nursing Support Services Keisha Garner, 2W Nurse of the Year Amanda Miller, BSN, RN, 2N Licensed Vocational Nursing Jericho Somo, LVN, 2S

Sharp Metropolitan Medical Campus

Exemplary Professional Practice Clinical Nurse: Andrew Princiotta, BSN, RN, CCRN, Advanced Clinician, RRT, Sharp Memorial Hospital Nurse Leader: Susan Crooks, BSN, RN, CEN, Clinical Lead, ED, Sharp Memorial Hospital Structural Empowerment Clinical Nurse: Devan Humphries, MSN, RN, PCCN, Advanced Clinician, 6W, Sharp Memorial Hospital Nurse Leader: Heather Rodrigues, MSN, RN, CNS, Clinical Nurse Specialist, ED, Sharp Memorial Hospital

New Knowledge, Innovations and Improvement

Clinical Nurse: Sarah Jones, BSN, CCRN, CNRN, Advanced Clinician, SICU, Sharp Memorial Hospital Nurse Leader: Theresa Moore, BSN, CEN, Clinical Lead, ED, Sharp Memorial Hospital *Transformational Leader* Clinical Nurse: Emily Peirce, BSN, RN, Clinical Nurse, ED, Sharp Memorial Hospital Nurse Leader: Brian Donald, BSN, RN, Manager, ICU, Sharp Mesa Vista Hospital *Nurses of the Year* Noorsaba Bahrami, BSN, RN, Clinical Nurse, EW2, Sharp Mesa Vista Hospital Asha Abraham, MSN, RN, RNC-IBCLC, Advanced Clinician, PACU, Sharp Mary Birch Hospital for Women & Newborns Whitney Topping, BSN, CCRN, CSC, Clinical Nurse, SICU, Sharp Memorial Hospital *LVN of the Year* Reynaldo Rodio, LVN, 7S, Sharp Memorial Hospital

<u>Sharp Rees-Stealy Medical Group</u> *Registered Nurse of the Year* Denniz Loza, RN, Triage *LVN of the Year* Heidee Dizon, LVN, Family Practice

System Services and Sharp Community Health Group

Advancing and Leading the Profession Leslie Thompson, MSN, RN, ANP, COHN-S, HR Employee & Occupational Health Advanced Practice Nurse Rachel K. Hyden, MS, AGPCNP-BC, CNS, HR Employee & Occupational Health Education and Mentorship Sharon Carlson, RN, CEM, Disaster Preparedness Corporate Services Sarah Beth Morris, BSN, RN, SRN Administration Nurses of the Year Kylie Greika, BSN, RN, System Services Welita Catangay, RN, Sharp Community Medical Group

7th Annual Interprofessional Research & Innovations Conference

Sharp HealthCare's 7th Annual Interprofessional Research & Innovations Conference: *Creating Knowledge and Resilience in Uncertain Times,* will be held **Wednesday, September 29 from 8:30 am to 2:00 pm**. The event will be held virtually via Microsoft Teams. <u>Register here.</u>

We accepted abstract submissions for the conference through July 16, 2021. Abstract submissions must meet the following criteria:

- Current study or project (within last 3 years)
- Studies or projects that are still in progress (not implemented or without results or outcomes) will be considered for poster presentations only.
- Podium presenters may also submit their project as a poster if desired.
- All presenters must register for the conference.

By attending this dynamic conference, you will discover innovation in the practice setting, best practices for adoption across organization(s), dissemination of new knowledge obtained through research, interprofessional collaboration and engagement, professional advancement of frontline caregivers, and exemplary patient, workplace and organizational outcomes.

New this year, we are offering an Art Gallery platform to share the experiences, thoughts, and feelings of employees, patients, and physicians during an historic pandemic, through artistic expression. We encourage the presentation of all art forms, including paintings, drawings, photos, video, images of sculpture and poetry. Deadline for art abstracts is **August 20, 2021**.

Submission packets must be complete and submitted by required deadlines. For any questions, please contact <u>Karen Flowers</u>.

Congratulations New Nursing Doctoral Degree Graduates

Congratulations to Sharp HealthCare nurses who recently completed their doctorates. Doctoral education is a goal from the National Academy of Medicine *Future of Nursing* reports, and an aim of the Caster Nursing Institute (lifelong learning). Many of these graduates received scholarships from the Caster Nursing Institute.

Briony Dubose, PhD, RN^{2, 3} Six Sigma Black Belt, System Services PhD, USD Hahn School of Nursing and Health Science Dissertation: <u>Suicide Mortality of Emergency Department Patients</u> (2021)

Sunny Lee Stirling, PhD, RN, MBA² Program Manager-Clinical Informatics, Oncology, System Services PhD, USD Hahn School of Nursing and Health Science Dissertation: <u>Emergency Department Visits and Hospital Admissions for Adult Cancer Patients Post</u> <u>Outpatient Chemotherapy: Does the Oncology Nurse Navigator Make a Difference?</u> (2021)

Danisha Jenkins, PhD, RN, CCRN, NEA-BC² Director, Critical Care and Emergency Services, SCVMC PhD, University of California, Irvine Dissertation: Care Incarcerated: The Collision of Caring and Carceral Institutions (2021)

Shalaine Corbilla, DNP, RN Clinical Nurse, 5W, SGH DNP, USD Hahn School of Nursing and Health Science Project: <u>Bridging the Gap: Utilization of Telehealth for Heart Failure Patients to Reduce Hospital</u> Readmissions: Best Practice and Recommendations (2021)

Kristine May V. Mendoza, PhD, RN, ACNS-BC, CNS^{2,3}

² Caster Nursing Institute Scholarship

³ Marion Hubbard Scholarship

Manager, Innovation & Performance Excellence, SGH PhD, USD Hahn School of Nursing and Health Science Dissertation: Food Insecure COPD Patients and Healthcare Utilization: A Retrospective Study (2021)

Brooke Rakes, PhD, RN² Advanced Clinician, NICU, SMBHWN PhD, USD Hahn School of Nursing and Health Science Dissertation: <u>Timing of Therapeutic Hypothermia & Short-Term Infant Outcomes</u> (2021)

Rachelle Sey, PhD, APRN, RNC-NIC, CNS⁴ Clinical Nurse Specialist, NICU, SMBHWN PhD, USD Hahn School of Nursing and Health Science Dissertation: <u>Neonatal Toxic Stress and Long-Term Neurodevelopment in Premature Infants</u> (2021)

⁴ Robert Wood Johnson Foundation Future of Nursing Scholar