

SHARP HEALTHCARE NURSING LEADERSHIP

Name: Loralie M. Woods, PhD, RN-BC

Title: Director of Inpatient Services
Sharp Mesa Vista Hospital

Summary:

I have worked at Sharp Mesa Vista (SMV) Hospital for 18 years. I began my nursing career as a Clinical Nurse; promoting to Clinical Lead Nurse; Senior Specialist, Nursing; Manager; and most recently Director of Inpatient Services. I am passionate about learning and caring for patients and their families with mental illness and substance use disorders. Additionally, I served as an adjunct psychiatric-mental health nursing instructor for San Diego State University and National University. I obtained a PhD in Nursing from the University of San Diego (USD). My research focused on barriers and facilitators of opioid use treatment and recovery services during pregnancy. When I am not working, you will find me with my husband James and 7-year-old son Andrew. I am a big sports fan, especially hockey. On the weekends, you will find me at the ice rink happily cheering on my son, Andrew, and his hockey team.

Research Interests:

My research interests include women's health, pregnancy and opioid use disorders, leadership, and mentorship.

Education:

- PhD, Nursing, USD Hahn School of Nursing and Health Science, San Diego, CA, 2020
Dissertation: Barriers and Facilitators of Opioid Use Treatment and Recovery Services During Pregnancy
- MSN, Nursing Systems Administration, San Diego State University School of Nursing, San Diego, CA, 2006
- BN, Memorial University of Newfoundland School of Nursing, St. John's, Newfoundland, Canada, 1999
- BS, Biology, Memorial University of Newfoundland, St. John's, Newfoundland, Canada, 1995

Certifications:

Nursing Professional Development-Board Certified (RN-BC), American Nurses Credentialing Center

Recent Honors:

- 2019 Center of Nursing Excellence PhD Nursing Scholarship, Sharp HealthCare
- 2019 Association of California Nurse Leaders Scholarship Award
- 2019 Martin Luther King Jr. Scripps Health Scholarship
- 2018 Sigma Theta Tau Gamma Gamma Graduate Nursing Scholarship
- 2018 Golden State Nursing Foundation Graduate Nursing Education Scholarship
- 2018 Center of Nursing Excellence Mary Ann Hubbard Scholarship, Sharp HealthCare
- 2018 Pittsburg Foundation Pocket Nurse Scholarship

Publications:

Pelletier, L.R., Vincent, C., Woods, L., Odell, C., & Stichler, J.F. 2019. Effectiveness of a psychiatric-mental health nurse residency program on retention. *Journal of the American Psychiatric Nurses Association*, 25 (1), 66-75.

Favorite Leadership Quote:

“You miss 100 percent of the shots you never take.” Wayne Gretzky

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