



JOB DESCRIPTION

Job title:	Academy Lead Sports Scientist	Contractual status:	Permanent
Hours of work:	Full time - 40 hours per week: includes evenings and weekends as per fixture / training requirements	Salary:	Competitive
Location:	Burnley FC Training Ground, Habergham Drive, Padiham, BB12 8UA & Turf Moor, Harry Potts Way, Burnley, BB10 4BX	Reporting to:	Academy Head of Sports Science

Job Summary:

To lead the delivery of the Sports Science provision to all Academy players with specific physical development support to the U18 Professional Development and Youth Development Phase players.

Roles and Responsibilities:

Sports Science

- Support the planning and periodisation of daily training sessions alongside the multidisciplinary team.
- Monitor daily well-being and readiness to train markers.
- Monitor daily physical exertion of training and feedback to the coaching staff via verbal communication and visual reports.
- Implement daily on field physical preparation and conditioning sessions.
- Plan and deliver weekly gym-based injury prevention and strength and conditioning sessions for the professional development phase players.
- Provide sports science match day support in terms of preparation, nutrition, monitoring, hydration and recovery to professional development phase and youth development phase players.
- Develop and monitor everyone's elite development physical plan (ILP) and implement bespoke physical development programmes.
- Take a lead role in the benchmarking, progression and monitoring of physical performance.
- Lead the implementation of the Premier League Benchmark Fitness Testing and in house physical testing across the course of the season to all academy players.
- Monitor alterations in body composition for all U18 professional development phase players monthly.
- Assist in the monitoring of all academy player's growth and maturation throughout the academy journey.
- Assist in the implementation of age specific gym based and on-field strength and conditioning sessions for the Youth Development Phase players.
- Contribute towards the delivery of the elite performance lifestyle framework to players and parent (nutrition, hydration, psychology, growth and maturation).

Academy Operations

- Support the Youth Development Phase training programme and progression of U15-U16 players into the scholarship system.
- Support the periodisation and implementation of the small sided games programme.
- Assist in the planning, monitoring and implementation of the foundation phase multi-sports programme.
- To take an active role in all Sports science and Academy planning meetings.

Reporting and Data

- Ensure all monitoring and training data is input into the performance management application.
- Prepare and contribute to Player Performance Reviews for professional development phase players.

Leadership

- To supervise and take responsibility for the personal development of part time sports science staff and interns.



Development

- To actively participate in yearly personal continuing professional development in keeping with the EPPP guidelines.
- Maintain professional registration with relevant governing bodies and organisations.
- To attend briefings, courses and seminars run by the Football Association as appropriate.

General

- To understand and implement the Club's Safeguarding policy, procedures, and best practice guidelines in your role. To use this understanding to ensure safe working practices, appropriate reporting of concerns and contribute positively to a safe environment.
- To be able to work flexible hours where the role of the job requires.
- To work towards agreed Key Performance Indicators (KPIs).
- Comply with all Club policies.
- Promote the Burnley FC brand and ethos in a professional, strong, and positive manner.
- Work alongside other team members to support in other areas of the organisation as and when required to promote best practice.
- A commitment to equality and diversity in the workplace.
- Willingness to attend training courses to enhance own professional development.
- Always demonstrate the Club's values.
- This job description is issued as a guideline to assist you in your duties and is not exhaustive. You may, on occasions, be required to undertake additional or other duties within the context of this job description.



PERSON SPECIFICATION		
CRITERIA	ESSENTIAL	DESIRABLE
QUALIFICATIONS	- BSc (Hons) Degree in Sport and Exercise Science or equivalent. - Master's Degree in Sport and Exercise Science or equivalent. - BASES Accreditation or ability to obtain within 12 months.	- CSCS or UKSCA Accreditation. - ISAK Qualification. - Certification Level 2 in Coaching Football or other sports. - Current and up to date First Aid Qualification. - FA Safeguarding qualification.
EXPERIENCE & SKILLS	- A minimum of 4 years' experience in elite level sport. - Previous experience of delivering on-field physical development sessions for players. - Previous experience of working with young people in a gym-based environment. - Understanding of Growth and Maturation and the potential implications on the person. - Time management skills to be able to plan and regulate workload including the ability to prioritise demands and thrive under pressure. - Excellent communication skills, both written and verbal. - Excellent IT skills including intermediate abilities in all MS Office programmes.	
PERSONAL QUALITIES	- An ability to connect with children. - A flexible attitude towards working hours and availability on weekends and evenings. - Ability to work within a team and foster good working relationships. - Shows initiative, has confidence in own ability with a positive attitude towards undertaking any aspect of the job role. - Displays no prejudice when working with others. - Self-motivated, with expectation of self and others. - A commitment to the aims, vision, and values of Burnley FC. - Enthusiasm, energy, and resilience. - Ability to maintain confidentiality. - Willingness to take a DBS check. - A friendly, positive 'can do' and courteous attitude. - An organised and efficient approach to work. - Flexible, helpful, and responsive.	Access to transport for work purposes and to travel to locations throughout the local area.