



# **Am I A Good LASIK Candidate?**

**A checklist for knowing if  
LASIK is right for you**



# The Checklist

- ☐ My eyeglass/contact lens prescription has been stable for at least 12 months.
- ☐ I have independently researched the LASIK procedure (at the library or used the internet) to learn about the procedure.
- ☐ I have considered if vision correction surgery is a good option for my lifestyle.
- ☐ I have selected a qualified surgeon who is a board certified ophthalmologist who has performed more than 1,000 procedures.
- ☐ I have selected a LASIK practice that suits me and my needs and has provided me with the support I need to make an informed decision such as:
  - Providing me with patient references.
  - Giving me informational materials to read and understand.
  - Answering all of my questions.
- ☐ My choice of a LASIK practice or surgeon is determined by my confidence in his skills and qualifications not by the price of my procedure.
- ☐ I know I am a good candidate for LASIK because I have:
  - Shared my complete health history with my surgeon/practice, including a list of my medications and any medical conditions.
  - Undergone a thorough (upwards of 2-3 hours) evaluation of my vision and eye health that confirmed my physical candidacy for LASIK.
  - Shared any concerns or questions I have about the procedure and discussed the risks and benefits of the surgery.
  - Discussed my expectations of the surgery, the post-operative healing process and the outcome with my surgeon.
  - Discussed any real or potential factors that may impact the outcome of my procedure.
  - Thoroughly reviewed the materials provided to me by my surgeon/practice to help me make an informed decision.

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