



## Safety Alert

# Avoiding Slips, Trips and Falls In Winter



Let's make this work for everyone®

Over the past three years, Strategic Comp customers have averaged **more than double the number of slips, trips and falls in the winter months** than any other season. Protect your employees this winter by helping to mitigate slips, trips and falls on ice or snow.

### When it comes to your building and property:

- Make advanced arrangements for prompt snow plowing and keep appropriate snow removal tools such as shovels, ice melting compounds and door mats or nonskid runners handy throughout the winter.
- Monitor and control build-up of icicles and frozen snow masses on roofs or overhangs, rain gutters and overhead fixtures. Ensure ladders are used safely.
- Maintain walkway and parking lot surfaces to prevent ice and snow from creating concealed tripping hazards.
- Provide adequate lighting to illuminate parking lots, walkways and steps.

### To help prevent slips and falls:

- Wear footwear that has good traction and insulation.
- Always be thinking about how you could slip and fall.
- Don't walk where you have not looked ahead.
- Walk slower, with smaller steps. Or, consider shuffling with knees slightly bent. It may feel funny to do so but it could help to stop a fall from happening!
- Walk only on treated areas; follow the cleaned and sanded/salted walks.
- Don't take shortcuts through untreated areas.
- Make sure walk areas are clearly marked.
- Always use handrails when available on stairs or other areas.
- When getting in and out of vehicles, always use three-point contact.

Hazards exist in every industry, and it's important to recognize the dangers and prevent accidents from happening. For more information on workplace safety, please contact your Strategic Comp Loss Prevention Consultant.



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