



IF THEY'RE CALM, YOU'RE CALM

Barastoc Calm Performer is a cool performance pellet that is low in glycaemic index and starch, and is suitable for feeding ponies and horses in maintenance, to a low to moderate workload. Being lower in starch and glycaemic index, the carbohydrates in the pellet are broken down slowly in the horse's digestive tract, releasing glucose into the bloodstream at a much slower rate. Horses maintained on a low glycaemic diet have more controlled spikes in blood glucose after eating a meal, this longer-term blood glucose control and a reduction in blood lipids means more balanced energy levels throughout the day. Without the spikes in insulin that is required for the glucose in blood to be stored as glycogen, a more placid temperament is encouraged without the fizzy behaviour.

The digestible energy nutrient level of Calm Performer is partitioned from feedstuff including 'Barastoc Superfibres', fats from omega 3 rich vegetable oil, protein and carbohydrates. 'Superfibres' are digestible fibre sources that are broken down in the large intestine and fermented by the intestinal microbiome to produce volatile fatty acids (VFA's). These VFA's are used by the horse as an energy source and include sources such as soyhulls and beet pulp. As well as being a cool slow release energy source these digestible fibre sources are beneficial for a healthy digestive system. The fat is derived from omega 3 rich vegetable oil which provides 2.25 times more digestible energy than carbohydrates such as cereal grains.

Barastoc Calm Performer has increased levels of the B group Vitamin Biotin, an essential coenzyme in carbohydrate, fat and protein metabolism and for the conversion of feedstuff to energy. Biotin has also been shown to increase hoof strength and integrity. Added Vitamin E for antioxidant protection, a healthy immune response, nerve and muscle function. Magnesium is added to help keep your horse calmer due to its vital role in nerve excitability and muscle contraction and integrity.

Barastoc Calm Performer is a fully fortified feed for cool performance specifically designed to provide slow release balanced energy from highly digestible fibre sources.

