# BARASTOC

## **FOOD FOR THOUGHT**

## - FEED FOCUS-

## **BARASTOC COMPETITOR**

#### Feed like a Pro.

Our ultimate performance feed, developed in partnership with Kentucky Equine Research (KER), Barastoc Competitor is a fully fortified pelleted feed designed to fuel performance horses across a range of disciplines—from dressage, endurance and eventing to racehorses in training or spelling. With a scientifically designed blend of energy sources and digestible fibres, Barastoc Competitor delivers consistent, controlled energy to help horses perform at their peak while supporting muscle development, recovery, and digestive health.

### **Why Choose Barastoc Competitor?**

Barastoc Competitor provides energy from multiple sources including cooked cereal grains for fast-release energy, vegetable oil for slow-release energy, and super fibres like beet pulp and soy hulls that are calorie-dense yet gentle on the gut. This makes it ideal for horses in full work who need stamina and condition—without over feeding.

### Supports muscle repair and strength.

Quality protein sources that are balanced in essential amino acids—Lysine, Methionine and Threonine— essential for muscle growth, recovery and overall body function.

### **Advanced Micronutrient Support.**

Formulated by the scientists at KER, Competitor's comprehensive micronutrient profile includes:

- Balanced macro minerals and organic trace minerals for skeletal health
- Natural Vitamin E to support muscle and immune function
- Organic chromium, shown in research to support lean muscle mass and nutrient use during periods of intense work or recovery

Whether you're chasing ribbons or building back condition in a spelling horse, Barastoc Competitor provides the calm energy, digestibility and muscle-building nutrition needed to perform—and recover—at every stage.

A study carried out at Kentucky Equine Research (KER) reported that supplementing performance horses with 5 mg/day of chromium in the form of chromium yeast had a beneficial effect on the response to exercise stress. Horses were subjected to a standard exercise test on a high-speed treadmill and blood and heart rate were monitored. The horses receiving chromium cleared blood glucose following a meal more quickly than control horses and showed lower peak insulin values and cortisol levels.

#### **How to Feed**

Feed in conjunction with good-quality hay or pasture. Introduce gradually over 7-10 days and adjust quantities based on workload and body condition. For tailored advice, reach out to our Barastoc nutrition team or complete a free diet analysis online at barastochorse.com.au/diet-request.

