



BREAKFAST MENU

MORNING EGGS

EGGS BENEDICT £13.75

Poached eggs, cured Wiltshire ham and hollandaise on an English muffin **645 kcal**

Go **gluten free** swap muffin for GF toast (GF) **659 kcal**

EGGS ROYALE £14.25

Poached eggs, smoked salmon and hollandaise on an English muffin **603 kcal**

Go **gluten free** swap muffin for GF toast (GF) **599 kcal**

WORLD BREAKFAST PLATES

FRENCH TOAST £13.00 (V)

Brioche french toast, labneh, apricot & peach compote, raspberries, honey, za'atar and omega seeds **617 kcal**

HUEVOS RANCHEROS £13.00 (V)

Soft tortilla with mushrooms, black beans, sweetcorn, Cheddar cheese, smashed avocado, pico de gallo, cayenne ranch and fried eggs **954 kcal**

BREKKIE BURRITTO £12.00

Scrambled eggs, Cumberland sausage, black bean chilli and sweetcorn in a flour tortilla, topped with melted Cheddar cheese, pico de gallo, jalapeños and smashed avocado **846 kcal**

Add: Crispy potato tots **+£4.75 443 kcal**

SPICY CHORIZO EGGS £13.00

Diced chorizo, kale and cherry tomatoes on creamy labneh, topped with poached eggs pickled pink onions, chilli oil and Middle Eastern spices. Served with garlic flatbread **1169 kcal**

WE AIM TO SERVE ALL DISHES IN 10 MINUTES!

Let your server know if you're in a hurry or ask for the bill. when ordering.

CLASSIC BREAKFASTS

BIG ENGLISH BREAKFAST £16.75

Double back bacon, Cumberland sausages, mushrooms, roasted plum tomatoes, hash browns, baked beans and eggs

Choose: Fried eggs **1132 kcal**

Scrambled eggs **1046 kcal**

GIRAFFE BREAKFAST PLATE £14.50

Back bacon, Cumberland sausage, mushrooms, roasted plum tomato, hash brown, baked beans and eggs

Choose: Fried eggs **740 kcal**

Scrambled eggs **654 kcal**

GLUTEN FREE BREAKFAST £14.50 (GF)

Eggs, roasted plum tomato, baked beans, mushrooms, smashed avocado and back bacon

Choose: Fried eggs **762 kcal**

Scrambled eggs **675 kcal**

VEGGIE BREAKFAST PLATE £14.50 (V)

Smashed avocado, Quorn™ veggie sausages, mushrooms, roasted plum tomato, hash browns, baked beans and eggs

Choose: Fried eggs **893 kcal** | Scrambled eggs **806 kcal**

Go **vegan** swap eggs for another Quorn™ veggie sausage (VG) **800 kcal**

FULL WORKS BAP £10.75

Double back bacon, Cumberland sausage and a fried egg, served with hash browns **917 kcal**

Add: Crispy potato tots **+£4.75 443 kcal**

GIRAFFE BREAKFAST HASH £13.25

Crispy potato tots with Cumberland sausage, fried red peppers, onions, fresh red chillis, padron peppers and spinach tossed with house breakfast sauce. All topped with a fried egg and our cayenne ranch **872 kcal**

ADD ONS

TOAST & BUTTER £3.50 (V)

Choose two slices of: White toast **339 kcal** |

Brown toast **350 kcal** |

Gluten free toast (GF) **305 kcal**

Add: A tasty preserve - ask your server for our selection **+£1.00**

CRISPY POTATO TOTS £4.75 (V) 443 kcal

FRESH PASTRIES £3.25 (V)

Ask your server what has been baked in-house today

HEALTHY MORNING

GRANOLA £7.75 (V)

Crunchy granola with thick Greek-style yoghurt, strawberries, blueberries and pomegranate seeds

427 kcal

SALMON & CREAM CHEESE £12.50

Smoked salmon with lemon & dill cream cheese and cucumber ribbons. Served on a toasted brown bloomer

345 kcal

Go **gluten free** swap bloomer for GF toast (GF) **429 kcal**

APRICOT, BERRIES & HONEY PORRIDGE £7.75 (V)

A fruity twist on the traditional breakfast porridge - served with berries, apricot & peach compote and drizzled with delicious honey. Made with your choice

of water **352 kcal** or semi-skimmed milk **524 kcal**

AVOCADO SMASH £12.00 (VG)

Toasted brown bloomer topped with smashed avocado, pico de gallo, cucumber ribbons,

pomegranate and omega seeds **344 kcal**

Add: Poached eggs (V GF) **+£2.75 155 kcal** |

Halloumi (V GF) **+£2.75 294 kcal** |

Smoked salmon (GF) **+£4.75 96 kcal**

Go **gluten free** swap bloomer for GF toast (GF) **425 kcal**

AMERICAN STYLE PANCAKES

NUTELLA & BANANA £12.00 (V)

With NUTELLA® and banana **761 kcal**

THE MAPLE BUTTER £12.00 (V)

With creamy maple butter and maple syrup **948 kcal**

LEMON MERINGUE £12.00 (V)

With lemon curd, clotted cream, meringue and lemon zest **905 kcal**

BISCUIT & WHITE CHOCOLATE £12.00 (V)

With white chocolate sauce, Biscoff® spread, clotted cream, Biscoff® crumb and fresh strawberry **1072 kcal**

BREAKFAST TIPPLES

BLOODY MARY £9.85

Vodka with spiced tomato juice, black pepper and celery, served with Tabasco on the side

MIMOSA £8.75

Orange juice and Prosecco

GO CONTACTLESS

PAYATGIRAFFE.COM

Scan here to order and pay online

OR use contactless card payment



V - Contains no meat or fish VG - Contains no animal products

We advise you to speak to a member of staff if you have any food allergies or intolerances. Full allergen information relating to our menu items can be found at www.restaurantallergens.com/giraffe. Adults need around 2000 kcal per day.

SUNSHINE SMOOTHIES

SMALL £6.50 LARGE £7.00

Our smoothies are made from fruit and blended with apple juice to make a delicious icy fruit drink

STRAWBERRY SPLIT

A luscious mix of strawberries and banana
176 kcal / 236 kcal

PASH 'N' SHOOT

A delicious tropical concoction of passion fruit, pineapple and mango 162 kcal / 184 kcal

KALE KICK

Queen of the greens! Kale, spinach and mango
147 kcal / 169 kcal

PINEAPPLE PUNCH

A perfect mix of pineapple, mango, kiwi and strawberry 159 kcal / 181 kcal

PROTEIN PUNCH

A great tasting fruity protein boost combining pea protein, spirulina, chlorella and a crop of summer fruits 205 kcal / 227 kcal

BREKKIE SMOOTHIE

Rise and shine with gluten free rolled oats, flax seeds, blueberry, raspberry and banana 361 kcal / 383 kcal

THIRST QUENCHERS

FRESH LEMONADE WITH MINT £4.25

Cloudy and refreshing 65 kcal

SUNSHINE COAST ICED TEA £6.50

Ice-cold chamomile & green tea with mango, lime and fresh mint 48 kcal

POMEGRANATE ICED TEA £6.50

Served ice-cold with a little lemon, pomegranate juice and fresh mint 51 kcal

FRESH ORANGE JUICE £4.75 116 kcal / £5.75 154 kcal

CLOUDY APPLE JUICE £4.75 145 kcal / £5.75 193 kcal

PINEAPPLE JUICE £4.25 148 kcal / £5.25 197 kcal

POMEGRANATE JUICE DRINK
£4.25 145 kcal / £5.25 193 kcal

CRANBERRY JUICE DRINK
£4.25 176 kcal / £5.25 234 kcal

APPLE JUICE £4.25 136 kcal / £5.25 181 kcal

ORANGE JUICE £4.25 133 kcal / £5.25 177 kcal

TOMATO JUICE £4.25 133 kcal / £5.25 177 kcal

GUAVA JUICE DRINK £4.25 167 kcal / £5.25 222 kcal

STILL WATER £3.30 0 kcal

SPARKLING WATER £3.30 0 kcal

DIET COKE £4.25 1 kcal

COKE ZERO £4.25 1 kcal

SLIMLINE LEMONADE £4.25 5 kcal

COCA COLA £4.50 182 kcal

GLASS OF MILK £1.75 167 kcal

COFFEES

FLAT WHITE £4.25 108 kcal

ESPRESSO SINGLE £3.55 0 kcal

MACCHIATO SINGLE £3.55 7 kcal

CAPPUCCINO £4.25 147 kcal

PICCOLO £3.00 74 kcal

AMERICANO £3.80 12 kcal

CAFFÈ LATTE £4.25 147 kcal

CLASSIC ICED COFFEE £4.35 0 kcal

Coconut and oat alternatives available

OTHER CUPPAS

HOT CHOCOLATE £4.35 227 kcal

Add: Marshmallows + £0.50 33 kcal

YORKSHIRE TEA £3.55 12 kcal

TEAPIGS £3.55 0 kcal

Please ask your server for the selection of teas available

'MOROCCAN' FRESH MINT TEA £3.55 4 kcal

ADD ONS £1.00

+ Vanilla 85 kcal, hazelnut 79 kcal or
caramel syrup 81 kcal

We want you to have a great time... every time! If your experience has been anything less than that, please speak to a member of our team who will be happy to help you or you can tell us immediately (by all means, let us know when we get it right too!) at airports@giraffe.net

(V) These dishes are made from ingredients that do not contain meat or fish. (VG) These dishes are not made with any animal products. However we do not have a dedicated preparation or cooking area for vegetarian or vegan food. If you have a specific food allergy or food intolerance, please advise your server before ordering who will provide you with our allergen guide. Please note whilst our teams adhere to the strict controls that we have in place, we do prepare food in a kitchen where nuts, cereals, eggs and all other allergens are present and we therefore cannot guarantee that our dishes will be free from traces of other ingredients. Adults need around 2000 kcal per day. The calorie information for our menu is calculated from recipes, however, as all our dishes are prepared by hand, some variation may occur. Guidance permits a +/-20% variance on published calorie values. For the latest calorie information please visit our website

We accept Visa, Mastercard and American Express. All major currencies are accepted. All our prices include VAT at the current rate. Giraffe airports are franchised and operated by The Restaurant Group PLC.

For all allergy information visit:

