

ALLERGEN & PREPARATION GUIDE



We know many of our valued Guests have varying degrees of food intolerances and allergies they deal with daily. To ensure you have a safe experience, please review the following information to assist you with selecting menu options that best fit your individual needs.

Because of our reliance on suppliers for accurate information, shared cooking and preparation areas in our kitchens, and cooking procedures, **we cannot eliminate the risk of cross-contact or guarantee that any item is free of any allergen and no items are certified as gluten-free, vegetarian or vegan.** For more information regarding the preparation of menu items, please visit Page 6.

Before placing your order, please inform your server if a person in your party has a food allergy. If you have further questions, please ask to speak to a Restaurant Manager. If you have specific questions about food allergies or sensitivities, we recommend that you contact your medical professional.

This guide is updated periodically; we suggest you check back each time you dine with us.

KEY:	PREP- RATION	COMMON ALLERGENS												
		EGG	FISH	MILK	PEANUTS	SHELL- FISH	SOY*	TREE NUTS	WHEAT	GLUTEN	SESAME	MUSTARD	SULPH- ITES	
• Contains this allergen X Risk of cross-contamination for all allergens due to cooking method or utensils	FRIED													
WINGS, SAUCES & SEASONINGS														
Boneless	X								•	•	may contain	may contain		
Cauliflower Bites									•	•	may contain	may contain		
TRADITIONAL WINGS (ONTARIO)														
Traditional Wings	X										may contain	may contain	may contain	may contain
Traditional and Boneless Combo	X								•	•	may contain			
TRADITIONAL WINGS (ALBERTA)														
Traditional Wings	X						•				may contain	may contain	may contain	may contain
Traditional and Boneless Combo	X						•		•	•	may contain			
WING ACCOMPANIMENTS														
Carrots / Celery														
Bleu Cheese Dressing		•		•										
Ranch Dressing		•		•										
SIGNATURE SAUCES														
Asian Zing							•		•	•				
Blazin® Carolina Reaper													•	
Honey BBQ												•		
Honey Garlic											•			
Hot														
Kickin' Honey Garlic™											•			
Lemon Pepper		•											•	
Mango Habanero														
Medium		•												
Mild		•												
Nashville Hot														
Original Buffalo				•			•							
Parmesan Garlic		•		•							•			
Spicy Garlic		•												
Sweet BBQ												•		
Wild													•	
DRY SEASONING														
Buffalo Seasoning				•										
Chipotle BBQ Seasoning														
Desert Heat Seasoning														
Lemon Pepper Seasoning														
Salt & Pepper Seasoning														
Salt & Vinegar Seasoning														

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		FRIED	EGG	FISH	MILK	PEANUTS	SHELL-FISH	SOY*	TREE NUTS	WHEAT	GLUTEN	SESAME	MUSTARD	SULPHITES
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BAR FOOD & SIDES

Asian Zing Cauliflower Bites	X	•		•			•		•	•	may contain	may contain	
Buffalo Chicken Tots		•		•									
Carrots & Celery w/ Ranch Dressing		•		•									
Chicken Quesadilla		may contain		•			•		•	•	may contain	may contain	may contain
Add Guacamole													
Chips & Dip Trio													
Chips & House-Made Guacamole	X												
Chips & Salsa	X												
Dirty Dubs Tots	X			•								•	
Everything Pretzel Knots w/ Hatch Queso and Honey Mustard		•		•					•	•	•	•	
French Fries	X												
Fried Pickles w/ Southwestern Ranch Dressing	X	•		•					•	•	may contain	may contain	
Hatch Queso w/ Chips	X			•									
Make it Wild													•
Add Guacamole													
House Sampler, see Sauces and Dressings	X	•		•			•		•	•	may contain	may contain	
Mozzarella Sticks with Marinara	X	•		•					•	•			
Onion Rings with Southwestern Ranch Dressing	X	•		•					•	•	may contain	may contain	
Potato Wedges	X			•					•	•			
Poutine	X			•			•		•	•			•
Add Brisket													
Add Boneless	X								•	•	may contain	may contain	
Sweet Potato Fries	X												
Ultimate Nachos	X			•									
Add Brisket													
Add Chicken													
Add Guacamole													
Tots	X												

BIRD DAWGS

Buffalo Bird Dawg	X	•		•			•		•	•			
Honey BBQ Bird Dawg	X	•		•			•		•	•		•	
Loaded Bird Dawg	X	•		•			•		•	•		•	

BAR PIZZA

Buffalo Boneless Bar Pizza	X	•		•					•	•			
Honey BBQ Boneless Bar Pizza	X	•		•					•	•		•	

OPTIONAL TOPPINGS FOR FRENCH FRIES, POTATO WEDGES, OR SWEET POTATO FRIES

Bacon													
Cheese / Queso				•									
Gravy							•		•	•			•

BURGERS Protein substitutions are available upon request. All burgers are listed without french fries; see Bar Food & Sides for more allergen information.

Bacon Smashed Chile Burger		•		•			•		•	•		•	
Classic Cheeseburger		•		•			•		•	•			
Southwestern Black Bean Burger		•		•			•		•	•	may contain	may contain	may contain

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• Contains this allergen X Risk of cross-contamination for all allergens due to cooking method or utensils														
Smoked Brisket Burger		•			•			•		•			•	
PROTEINS & ADD-ONS														
Challah Bun							•		•	•				
Hamburger Patty														
Black Bean Burger Patty							•		•	•				
Hand-Breaded Chicken Breast	X				•		•		•	•				
Grilled Chicken Breast														
Brisket														
TOPPINGS														
Cheddar Cheese				•										
Hatch Queso				•										
Shredded Cheddar Jack				•										
Swiss Cheese				•										
Guacamole														
Bacon														
Grilled Onions														
Bacon Aioli		•		•										
Roasted Chile Aioli		•											•	
Ketchup														
Yellow Mustard													•	
SANDWICHES All sandwiches are listed without french fries; see Bar Food & Sides for more allergen information.														
Buffalo Ranch Chicken Sandwich	X	•		•			•		•	•				
Nashville Hot Chicken Sandwich	X	•		•			•		•	•				
Smoked Brisket Sandwich							•		•	•				
Southern Chicken Sandwich	X	•		•			•		•	•				
WRAPS & TACOS All wraps and tacos are listed without chips and salsa; see Bar Food & Sides for more allergen information.														
Brisket Tacos				•					•	•				
Buffalo Ranch Chicken Wrap	X	•		•			•		•	•	may contain	may contain	may contain	
Classic Hand-Breaded Chicken Wrap, see Sauces for Signature Sauce	X	may contain		•			•		•	•	may contain	may contain	may contain	
Classic Grilled Chicken Wrap, see Sauces for Signature Sauce		may contain		•					•	•	may contain	may contain	may contain	
Street Tacos		•		•					•	•	•			
CHICKEN STRIPS All chicken strips are listed without french fries unless otherwise noted; see Bar Food & Sides for more allergen information.														
Hand-Breaded Chicken Strips, see Signature Sauces	X			•					•	•				
GREENS & DRESSINGS All salads include dressing. Alternate dressings available upon request.														
GREENS														
Caesar Side Salad w/ Caesar Dressing		•	Anchovy	•			•		•	•	•	•	•	
Chicken Caesar Salad w/ Caesar Dressing		•	Anchovy	•			•		•	•	•	•	•	may contain
Crispy Buffalo Chicken Salad	X	•		•			•		•	•				
Garden Side Salad, see Dressings				•										
DRESSINGS														
Bleu Cheese Dressing		•		•										
Caesar Dressing		•	Anchovy	•									•	

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Ranch Dressing		•		•										
Sweet Onion Vinaigrette														
Southwestern Ranch Dressing		•		•										
SWEETS														
Apple Crumble				•			•	Coconut	•	•				•
Cheesecake with Caramel Sauce		•		•					•	•				
Chocolate Conspiracy Cake		•		•			•		•	•				
Add Ice Cream				•										
Loaded Ice Cream	X			•					•	•				•
KIDS All kids items are listed without sides or beverages. See Bar Food & Sides and Beverages for more allergen information.														
Boneless, see Signature Sauces	X								•	•	may contain	may contain		
Cheeseburger				•			•		•	•				
Hand-Breaded Chicken Strips, see Signature Sauces	X								•	•				
Traditional Wings, see Signature Sauces (Ontario Only)	X								may contain	may contain	may contain	may contain		
Traditional Wings, see Signature Sauces (Alberta Only)	X						•		may contain	may contain	may contain	may contain		
PARTY MENU														
WINGS (SEE SAUCES FOR SIGNATURE SAUCE)														
Boneless	X								•	•	may contain	may contain		
Traditional Wings (Alberta)	X						•		may contain	may contain	may contain	may contain		
Traditional Wings (Ontario)	X								may contain	may contain	may contain	may contain		
Cauliflower Bites									•	•	may contain	may contain		
WING ACCOMPANIMENTS														
Carrots / Celery														
Bleu Cheese Dressing		•		•										
Ranch Dressing		•		•										
WRAPS (SEE SAUCES FOR SIGNATURE SAUCE)														
Classic Hand-Breaded Chicken Wrap	X	may contain		•			•		•	•	may contain	may contain	may contain	
Classic Grilled Chicken Wrap		may contain		•					•	•	may contain	may contain	may contain	
BAR FOOD & SIDES														
Caesar Salad		•	Anchovy	•			•		•	•	•	•		
Chips & House-Made Guacamole	X													
Chips & Salsa	X													
Everything Pretzel Knots w/ Hatch Queso and Honey Mustard		•		•					•	•	•	•		
Hatch Queso w/ Chips	X			•										
Party Sampler	X	•		•					•	•	may contain	may contain		
Potato Wedges	X			•					•	•				
OPTIONAL TOPPINGS FOR POTATO WEDGES														
Bacon														
Cheese / Queso				•										
Gravy							•		•	•				•
BEVERAGES														
SPIRIT FREE														
Cran-Ginger Cooler														•

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Blood Orange Nojito														•
Blueberry Mint Lemonade														•
Strawberry Lemonade														•
Virgin Wild Caesar				Sardine			Mollusk	•						
SODAS & MORE														
7UP®														
Brisk® Iced Tea														
Brisk® Lemonade														
Diet Pepsi®														
Dr Pepper®														
Mtn Dew®														
Mug Root Beer®														
Pepsi®														
Schweppes® Ginger Ale														
Red Bull® Energy Drink														
Coffee														
Aquafina Bottled Water														
Bubly® Sparkling Water														
COCKTAILS														
Aviation G&T														
Buffalo Zoo														
Canadian Mule														
Coconut Margarita														
Electric Lemonade														•
Extra Wild Caesar				Sardine			Mollusk	•						
House Margarita														•
Manhattan														
Mai Tai														
Mojito														•
Moscow Mule														
Old Fashioned														
Old No. 7 Lemonade														
Pickleback Caesar				Sardine			Mollusk	•						
Platinum Margarita														•
Strawberry Margarita														•
Spiked Black Cherry Limeade														•
Top Shelf Long Island Iced Tea														•
Wild Caesar				Sardine			Mollusk	•						
WINE														
Cabernet Sauvignon														•
Chardonnay														•
Shiraz														•
Pinot Grigio														•
Rosé														•
BEER (ROTATING)														
										•	•			

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PREPARATION OF MENU ITEMS

Normal kitchen operations often involve shared cooking and/or preparation areas, therefore the possibility exists for allergen-containing food items to come in contact with other food products.

FOR EXAMPLE:

- We do not use separate fryers; due to this use of shared fryers there is the potential for allergen cross-contact between fried foods.
- Our Traditional Wings, Cauliflower Bites and Boneless are fried then sauced or seasoned in the same bowls.
- We grill many items that contain allergens, therefore cross contact may occur during the grilling process.

Buffalo Wild Wings® has received allergen information from our approved manufacturers and does not guarantee its accuracy other than as compiled. It is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions and/or preparation techniques. Some menu offerings may vary by restaurant and may not be available at all locations; test products, test recipes, limited time offers, or regional items may not be included.

Beef shortening is used to fry products. Refer to the FRIED column under PREPARATION for indication of what products are fried in beef shortening.

The soybean oil used in some of the Buffalo Wild Wing® sauces, dressings and products is a highly refined oil unless otherwise specified. Highly refined soybean oil does not demonstrate a significant hazard to allergic individuals and therefore it is not listed as an allergen.