

# Create a Post on Social Media

Share a post to help spread awareness around Angelman syndrome, FAST, and mobilize your community to take action!

## Quick & Easy

***Share copy below and photos/videos!***

- “Angelman syndrome is a rare genetic disorder that impacts communication, movement, and development. Sharing today to help more people learn.”
- “Most people have never heard of Angelman syndrome. Our family is sharing to bring visibility to this community and the research moving progress forward.”
- **Make an ask!** Donation, share post, participate in IAD!

## More Personalized

***Here are some questions that may help inspire a post!***

- “One thing I want people to know about Angelman syndrome is...”
- “This is what daily life looks like...”
- “Here’s why research matters to our family...”
- + “Here’s how you can support families like ours...”

## Posting Instructions

- Use hashtags #InternationalAngelmanDay #IAD2026 #AngelmanSyndrome #CureAngelman
- Instagram: Use the “Invite collaborator” feature so the post will appear on FAST’s page. You can also tag @cureangelman within the copy of the post.
- Facebook + LinkedIn: Tag @Foundation for Angelman Syndrome Therapeutics