

ATTENTION VALUED GUESTS

Foods prepared at QDOBA may contain or may have come in contact with: EGGS, DAIRY, WHEAT, SOY, PEANUTS, TREE NUTS, FISH, and SHELLFISH. Please request to speak to management if you have any questions or concerns.

X Contains the allergen.

Δ May contain the allergen.

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean /Shellfish	Gluten
Ancho Chili BBQ Sauce		X	X						
Apple Sauce, Natural									
Bacon, Smoked									
Beef, Seasoned Ground			X						
Beef, Smoked Brisket									
Black Bean Corn Salsa									
Black Beans									
Brown Rice									
Brownies	X	X		X	Δ	Δ			X
Cheese, Cotija			X						
Cheese, Shredded			X						
Chicken, Grilled Marinated			X						
Cilantro Chimichurri									
Chorizo			X						
Cilantro Lime Rice									
Cilantro Lime Dressing (seasonal)									
Cookie, Chocolate Chunk*	X	X	X	X	Δ	Δ			X
Corn Tortilla Chips	Δ								Δ
Crispy Corn Tortilla Strips**	Δ								Δ
Crispy Corn Taco Shell**	Δ								Δ
Corn Tortilla 5.5"	Δ								Δ
Crunchy Flour Tortilla Bowl	X								X
Eggs			X	X					
Fajita Vegetables									
Fat Free Picante Ranch			X						
Fiery Habanero									
Flour Tortilla (5.5", 10", 12.5")	X								X
Guacamole									
Mango Salsa (seasonal)									
Mexican Caesar Dressing			X	X			X		
Pico de Gallo									
Pineapple Pico									
Pinto Beans									
Pork, Pulled									
Potatoes, Seasoned	X								X
Queso Diablo			X						
Roasted Chile Corn Salsa									
Salsa Roja									
Salsa Verde									
Shrimp, Fire Roasted /Glazed							X	X	
Sour Cream, Lite			X						
Steak, Grilled			X						
Three Cheese Queso			X						
Tortilla Soup		X							

White Milk lowfat 1%			X						
Simply Orange Juice									
Minute Maid Kid's Apple Juice Box									

* Products may vary by store.

** Fryer oil has contact with product containing wheat and gluten ingredients.

INGREDIENT STATEMENTS

Ancho Chili Barbecue Sauce Water, Sugar, Seasoning (Spices, Modified Corn Starch, Sugar, Salt, Corn Syrup Solids), Semi-sweet Chocolate Chips [Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin (an emulsifier), Natural Vanilla Extract], Salt, Seasoning [Sugar, Maltodextrin, Salt, Garlic Powder, Onion Powder, Natural Smoke Flavor, Natural Tomato Flavor, Citric Acid, Spice, Dextrose, Paprika (color)], Modified Food Starch, and Xanthan Gum, Soybean Oil, Modified Food Starch, Garlic (garlic, water), Seasoning [Sugar, Mesquite Smoke Flavor (maltodextrin), Salt, Garlic Powder, Onion Powder, Natural Tomato Flavor, Citric Acid, Spice, Dextrose, Paprika (color)]. **Contains Milk, Soy**

Apple Sauce, Natural Apples, Water, Ascorbic Acid (Vitamin C).

Bacon, Smoked Cured with: water, salt, contains 2% or less of sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite and may contain dextrose, sodium diacetate.

OR

Cured With: Water, Salt, Sodium Nitrite, Contains One Or More Of The Following: Sugar, Dextrose, Brown Sugar, Smoke Flavoring, Sodium Phosphates, Sodium Erythorbate, Sodium Ascorbate, Potassium Chloride, Apple Flavor (May Contain Water, Sugar, Dextrose, Natural Flavoring).

OR

Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite. **May contain smoke flavoring**

Beef, Seasoned Ground Beef, seasoning (chili pepper, salt, modified corn starch, corn syrup solids, sugar, corn starch, sodium phosphate, whey, dehydrated garlic, dehydrated onion, grill flavor (from vegetable oil), smoke flavor, spice, disodium inosinate & disodium guanylate, no more than 2% silicon dioxide added to prevent caking), water. **Contains Milk.**

Beef, Smoked Brisket Beef, Water, Hydrolyzed Corn Protein, Potassium Lactate, Sodium Lactate, Salt, Beef Flavour, Sodium Phosphate, Sodium Diacetate, Natural Flavour, Smoke. Rub: Salt, Dextrose, Garlic and Onion Powder, Caramel, Spices.

Black Bean Corn Salsa Corn and Pepper Blend (Corn, Poblano Peppers, Red Peppers), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt, Black Beans.

Black Beans Black Beans, Red Onions, Cumin, Water, Lime Juice, Salt.

Brown Rice Brown Rice, Rice Seasoning (Fire Roasted Tomatoes, Fire Roasted Garlic, Chipotle Pepper Puree [Water, Chipotle Pepper], Salt, Vinegar, Sugar, Yellow Onions, Spices, Soybean Oil), Pan Release Spray (Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono and Diglycerides, Calcium Stearate, Silicon Dioxide, Propellant [Non-Chlorofluorocarbon]).

Brownies Brownie Base (Sugar, Enriched Bleached Wheat Flour [Bleached Wheat Flour, Ferrous Sulphate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Cocoa, Soybean Oil, Salt, Cornstarch, Leavening [Sodium Bicarbonate]), Canola Oil, Water, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin), Liquid Whole Egg. **Contains Wheat, Gluten, Soy, Egg, (May Contain Tree Nuts and Peanuts)**

Cheese, Cotija Pasteurized Milk, Enzymes, Cultures, Salt, Free Flow Powder (Potato Starch, Corn Starch, Dextrose, Calcium Sulfate, Natamycin, Enzyme) Added to prevent caking. **Contains Milk.**

OR

Pasteurized Grade A Whole Milk, Salt, Rennet, Enzymes and Cellulose. **Contains Milk.**

OR

(Canada only): Cultured Pasteurized cow milk, salt, microbial enzyme. **Contains Milk.**

Cheese, Shredded Asadero Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Queso Quesadilla Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), AntiCake (Potato Starch, Corn Starch, Cellulose and Natamycin a natural mold inhibitor). **Contains Milk**

Chicken, Grilled Marinated Boneless Skinless Chicken Thighs containing up to an 11.55% solution of Water, Chili Pepper, Vegetable Oil, Salt, Sodium Phosphates, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate, Disodium Guanylate. **Contains Milk**

OR

Boneless Skinless Chicken Thighs containing up to an 11.35% solution of Water, Adobo Seasoning (Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate, Disodium Guanylate), Soybean Oil, Sodium Phosphates. **Contains Milk**

Chimichurri Sauce CILANTRO, SOYBEAN OIL, RED ONIONS, LIME JUICE, SOFRITO SEASONING Onions, Garlic, Olive Oil, Salt, Red Bell Peppers, Cilantro, Jalapeño Peppers, Mirepoix (Sautéed Vegetables [Carrot, Onions, Celery], Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin [from Corn], Carrot Powder), Spice, Xanthan Gum, Jalapeno Pepper.

Chorizo Pork, Seasoning (Chili Pepper, Salt, Modified Corn Starch, Corn Syrup Solids, Sugar, Corn Starch, Sodium Phosphate, Whey, Dehydrated Garlic, Dehydrated Onion, Grill Flavor [from Vegetable Oil], Smoke Flavor, Spice, Disodium Inosinate and Disodium Guanylate, and no more than 2% Silicon Dioxide added to prevent caking), Water. **Contains Milk**

Cilantro Lime Rice Rice, Cilantro, Salt, Lime Juice, Soybean Oil, Pan Release Spray (Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono and Diglycerides, Calcium Stearate, Silicon Dioxide, Propellant [Non-Chlorofluorocarbon])

Cilantro Lime Dressing (*seasonal*) Salsa Verde (Tomatillos, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum), Soybean Oil, Lime Juice, Water, Sugar, Sofrito Seasoning (Onions, Garlic, Olive Oil, Salt, Red Bell Peppers, Cilantro, Jalapeño Peppers, Mirepoix [Sautéed Vegetables (Carrot, Onions, Celery), Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin (from Corn), Carrot Powder], Spice, Xanthan Gum), Cilantro, Salt, Jalapeño Peppers.

Cookie, Chocolate Chunk* Enriched Bleached Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Semi-Sweet Chocolate Chunks (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla Extract, Salt, Milk), Palm Oil, Eggs, Contains 2% Or Less Of: Molasses, Butter (Cream [Milk], Lactic Acid), Baking Soda, Salt, Natural Flavors, Acetic Acid. **Contains Wheat, Gluten, Soy, Egg, Milk.**

OR

(Canada Only): Enriched Wheat Flour (Contains Barley), Semi-Sweet Chocolate Chunks (Sugar, Unsweetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Vanilla Extract, Milk, Salt), Sugar, Butter (Milk), Liquid Whole Eggs, Invert Sugar, Molasses, Sodium Bicarbonate, Salt, Water, Butter Oil (Milk), Natural Flavours, Vanilla Extract. **May Contain: Peanuts, Almonds, Coconut, Macadamia Nuts and Pecans.**

Corn Tortilla Chips** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil), Salt, Lime Juice.

Crispy Corn Tortilla Strips** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil), Salt.

Crispy Corn Taco Shell** White Corn Tortilla (Whole Ground Corn treated with Lime, Water, Cellulose Gum, Propionic, Benzoic and Phosphoric Acids to preserve freshness, Guar Gum, Amylase), Fryer Oil (Soybean Oil).

Corn Tortilla Water, Whole Grain Corn, Contains 2% or less of: Salt, Cellulose Gum, Guar Gum, Enzymes, and Propionic Acid, Benzoic Acid and Phosphoric Acid (to maintain freshness).

Flour Tortilla 5.5" Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of each of the following: Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). **Contains: Wheat, Gluten.**

OR

Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of : Vital Wheat Gluten, Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). **Contains: Wheat, Gluten.**

Flour Tortilla 10" (Crunchy Tortilla Bowl) Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of each of the following: Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). **Contains: Wheat, Gluten.**

OR

Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of : Vital Wheat Gluten, Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). **Contains: Wheat, Gluten.**

Flour Tortilla 12.5" Enriched Bleached Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified and Hydrogenated Soybean Oils), contains 2% or less of: Vital Wheat Gluten, Salt, Baking Powder (Baking Soda, Sodium Aluminum Sulfate, Monocalcium Phosphate, Calcium Sulfate), Fumaric Acid, and Calcium Propionate and Sorbic Acid (to maintain freshness). **Contains: Wheat, Gluten.**

Whole Wheat Flour Tortilla Whole Wheat Flour, Water, Bleached Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Vital Wheat Gluten, Mono and Diglycerides of Fatty Acids, Natural Flavor, Salt, Sugar, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Calcium Propionate, Sodium Aluminum Sulfate, Fumaric Acid, Potassium Sorbate, Sodium Stearoyl Lactylate (SSL), Guar Gum, Enzymes, Sodium Metabisulfite. **Contains Wheat, Gluten.**

Eggs Whole Eggs, 19.0% Water, Egg Whites, Contains less than 2% of the following: Salt, Xanthan Gum, Citric Acid, Annatto (color), Natural Butter Flavor (Sunflower Oil, Natural Flavors, and Medium Chain Triglycerides). Cooked with Soybean Oil. **Contains Egg, Milk**

OR

(Limited Markets Only) Whole Eggs with Sodium Phosphate and Citric Acid (to preserve color), Nisin Preparation (preservative), Soybean Oil, Salt. **Contains Egg**

Fajita Vegetables Red Peppers, Green Peppers, Red Onions, Soybean Oil, Salt, Spice (Oregano).

Fat Free Picante Ranch Dressing Fat Free Ranch Dressing (Water, Buttermilk, Vinegar, Maltodextrin [from Corn], Sugar, Salt, Cellulose Gel, Cellulose Gum, Less than 2%: Garlic, Titanium Dioxide, Xanthan Gum, Carrageenan, Sour Cream Solids [Milk], Potassium Sorbate, Calcium Disodium EDTA [to preserve freshness], Spice, Lactic Acid, Sorbic Acid, Natural Flavor, Citric Acid), Salsa Roja (Tomatoes, Tomato Puree, Water, Jalapeño Peppers, Fire-Roasted Tomatoes, Salt, Garlic, Spices, Modified Cornstarch, Corn Syrup, Natural Flavor, Xanthan Gum, Titanium Dioxide (For Color)). **Contains Milk**

Fiery Habanero Salsa Tomatillos (Tomatillos, Citric Acid), Water, Roasted Habanero Chili Peppers, Seasoning (Salt, Spices, Corn Syrup Solids, Modified Cornstarch, Xanthan Gum, Propylene Glycol, Annatto Extract [Color], Silicon Dioxide), Garlic (Garlic, Water).

Guacamole Avocados, Red Onions, Cilantro, Jalapeño Peppers, Lime, Juice, Salt.

Mango Salsa (*seasonal*) Mango, Cucumber, Pico de Gallo (Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt), Jalapeño Peppers, Red Onions, Cilantro, Red Pepper, Lime Juice, Sugar, Salt.

Mexican Caesar Dressing Soybean Oil, Water, Parmesan Cheese (Cultured Milk, Salt, Enzymes), Distilled Vinegar, Anchovy Paste (Fish), Egg Yolk, Red Wine Vinegar, Contains less than 2% of: Garlic, Lemon Juice Concentrate, Sugar, Spices, Salt, Molasses, Corn Syrup, White Wine, Caramel Color, Citric Acid, Tartaric Acid, Tamarind, Natural Flavor.

Contains Eggs, Fish, Milk.

Pico de Gallo Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt.

Pineapple Pico FIRE ROASTED PINEAPPLE Fire Roasted Pineapple, PICO DE GALLO Tomato, Red Onion, Jalapeño Pepper, Cilantro, Lime Juice, Salt.

Pinto Beans Pinto Beans, Red Onions, Cumin, Water, Lime Juice, Salt.

Pork, Pulled Pork, Water, Salsa Verde (Tomatillo, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum), Lime Juice, Verde Seasoning (Salt, Cornstarch, Dehydrated Vegetables [Green Bell Pepper, Garlic, Onion, Tomato], Sugar, Maltodextrin [from Corn], Sodium Tripolyphosphate, Chili Pepper, Cilantro, Spices, Citric Acid, Natural Smoke Flavor, Natural Flavor, Less than 2% Silicon Dioxide [to prevent caking]), Sofrito Seasoning (Onions, Garlic, Olive Oil, Salt, Red Bell Pepper, Cilantro, Jalapeño Peppers, Mirepoix [Sautéed Vegetables (Carrot, Onion, Celery)], Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin (from Corn), Carrot Powder], Spice, Xanthan Gum).

Potatoes, Seasoned Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Spices, Cornmeal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Oleoresin Paprika, Dextrose. **Contains Wheat, Gluten.**

Queso Diablo Water, Half And Half (Cream, Milk), Chipotle Paste [Red Fresno Peppers, Chipotle Pepper Puree (Water, Chipotle Peppers), Tomatoes, Red Jalapeno Peppers, Distilled Vinegar, Contains Less Than 2% of Apple Cider Vinegar, Garlic, Basil, Cloves, Paprika, Modified Food Starch, Salt, Soybean Oil, Sugar, Tomato Paste, Onions], Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Pasteurized Process Monterey Jack Cheese Product [Cultured Milk And Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes], Roasted Diced Poblano Peppers, Tomatoes (Diced Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) And Oleoresin Of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, and less than 2% Silicon Dioxide as a processing aid], Pasteurized Process Swiss American Cheese [Cultured Milk And Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes], Diced Jalapeno Peppers, Contains 2% or less of the following: Cheese Blend [Cheddar, Granular, Semi-Soft And Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Corn Syrup Solids, Modified Food Starch, Sodium Phosphates, Chopped Garlic (Garlic and Water). **Contains: Milk.**

OR

Water, Whipping Cream, Chipotle Diablo Paste [Red Fresno Peppers, Chipotle Pepper Puree (Water, Chipotle Peppers), Tomatoes, Red Jalapeno Peppers, Distilled Vinegar, Contains less than 2% of Apple Cider Vinegar, Garlic, Basil, Cloves, Paprika, Modified Food Starch, Salt, Soybean Oil, Sugar, Tomato Paste, Onions], Poblano Peppers, Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Pasteurized Process Monterey Jack Cheese Product (Cultured Milk and Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Fire Roasted Tomatoes (Fired Roasted Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) and Oleoresin of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder and less than 2% Silicon Dioxide as a processing aid], Green Jalapeno Peppers, Pasteurized Process Swiss American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes), Cheddar Cheese Ingredient [Cheddar, Granular, Semi-Soft and Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Garlic (Garlic, Water). **Contains: Milk.**

Roasted Chile Corn Salsa Corn and Pepper Blend (Corn, Poblano Peppers, Red Peppers), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt.

Salsa Roja Tomatoes, Tomato Puree, Water, Jalapeno Peppers, Fire-Roasted Tomatoes, Salt, Garlic, Spices, Modified Corn Starch, Corn Syrup, Natural Flavor, Xanthan Gum, Titanium Dioxide (For Color).

Salsa Verde Tomatillo, Water, Jalapeño Peppers, Salt, Less than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum.

Shrimp, Fire Roasted/ Glazed AL PASTOR SHRIMP Shrimp, Water, Salt, Contains 2% Or Less Of: Palm Oil, Natural Smoke Flavor, Cane Sugar, Natural Flavor, Gelatin (extracted from tilapia fish), Guar Gum, Dehydrated Garlic, Maltodextrin, Corn Starch, Dehydrated Orange Peel, Dehydrated Onion, Citric Acid, Vegetable Oil (Canola, Cottonseed, and/or Soybean), Dehydrated Pineapple Juice Concentrate, Spices, Orange Juice Powder (orange juice solids and maltodextrin). **Contains Crustacean Shellfish (Shrimp), Fish (Tilapia)**

Soybean Oil - The FDA exempts highly refined soybean oil from being labeled as an allergen. Studies show most individuals with a soy allergy can safely eat soy oil that has been highly refined (not cold-pressed, expeller-pressed or extruded soybean oil). If you are allergic to soy, ask your doctor whether or not you should avoid soy oil.

Sour Cream, Lite Grade A Cultured Cream, Skim Milk, Water, Vitamin A Palmitate. **Contains Milk**

OR

Grade A Cultured Cream, Skim Milk, Vitamin A Palmitate. **Contains Milk**

Steak, Grilled Beef, Water, Seasoning (Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (From Vegetable Oil) and Smoke Flavor, Disodium Inosinate and Disodium Guanylate), Soybean Oil, Food Starch, Dextrose, Bromelain, Soybean Oil. **Contains: Milk**

OR

Beef, Water, Seasoning [Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor, and Smoke Flavor, Disodium Inosinate and Disodium Guanylate], Vegetable Oil, Food Starch, Dextrose, Bromelain, Soybean Oil. **Contains: Milk**

OR

Boneless Beef Ranch Steaks, Tenderized with Bromelain, containing up to a 15% solution of Seasoning [Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (from Vegetable Oil), Smoke Flavor, Disodium Inosinate and Disodium Guanylate], Water, Soybean Oil, Salt. **Contains: Milk**

Three Cheese Queso Water, Cream (Cream, Milk), Pasteurized Processed Monterey Jack Cheese (Monterey Jack Cheese [Cultured Milk And Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Pasteurized Processed American Loaf (American Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Water, Milkfat, Sodium Phosphate, Salt), Roasted Poblano Peppers, Roasted Tomatoes (Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride), Seasoning (Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide [For Color], Oleoresin Of Paprika [For Color], Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, Silicon Dioxide), Jalapeno Peppers, Pasteurized Processed Swiss And American Cheese (Cultured Milk And Skim Milk, Cream, Sodium Phosphate, Salt, Enzymes), Cheddar Concentrate (Cheddar, Granular, Semisoft And Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Corn Syrup Solids, Modified Corn Starch, Garlic (Garlic, Water). **Contains: Milk**
OR

Water, Whipping Cream, Pasteurized Process Monterey Jack Cheese Product (Cultured Milk and Skim Milk, Milkfat, Natural Flavor, Salt, Sodium Phosphate, Enzymes), Pasteurized Process American White Loaf [American Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Milkfat, Sodium Phosphate, Salt], Roasted Poblano Peppers, Fire Roasted Tomatoes (Fire Roasted Tomatoes, Tomato Juice, Salt, Calcium Chloride and Citric Acid), Seasoning [Modified Corn Starch, Salt, Sodium Phosphate, Titanium Dioxide (for color) and Oleoresin of Paprika (for color), Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, Silicon Dioxide], Jalapeno Peppers, Pasteurized Process Swiss American Cheese (Cultured Milk and Skim Milk, Cream, Sodium Phosphate, Salt and Enzymes), Cheddar Cheese Ingredient [Cheddar, Granular, Semi-Soft and Blue Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Sodium Phosphate, Vinegar, Salt], Corn Syrup Solids, Modified Corn Starch, Garlic (Garlic, Water). **Contains: Milk**

Tortilla Soup Water, Tomatoes (Diced Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid), Seasoning [Modified Cornstarch, White Corn Flour, Dry Bell Pepper, Salt, Spices, Dry Garlic, Soy Lecithin, Natural and Artificial Flavor, Chili Pepper, Maltodextrin [from Corn], Disodium Inosinate, Disodium Guanylate, Dextrose, Vegetable Gums (Xanthan, Guar, Carob Bean), Dry Onion, Flavor (Contains Maltodextrin [From Corn], Salt), Poblano Peppers, Onions, Vegetarian Chicken Flavor Base (Water, Salt, Hydrolyzed Soy and Corn Protein, Soy Protein Concentrate, Corn Oil, Onion Powder, Autolyzed Yeast Extract, Flavoring, Soy Protein Isolate, Sugar, Garlic Powder, Turmeric), Soybean Oil, Tomato Paste (Tomatoes), Jalapeño Peppers, Cilantro. **Contains Soy**

Barq's Root Beer Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (to protect taste), Citric Acid, Caffeine, Artificial and Natural Flavors, Acacia.