



Eric Liddell | Lesson Plan

How can strong personal values and integrity influence an individual's decisions and impact their legacy?

Using Eric Liddell's biography, students will understand how strong personal values and integrity can influence an individual's decisions and shape their legacy.

Learning Objectives:

- Recount key facts about Eric Liddell's life and achievements.
- Explain the importance of humility and integrity.
- Reflect on important values and how to stand up for personal beliefs.

Key Vocabulary:

- **Missionary:** A person whose calling is to teach and promote Christianity in a foreign country.
- **Contender:** A person with a good chance of success in a contest or event.
- **Preliminary trials:** Competitions held beforehand to qualify for participation in the main event at the Olympics.
- **Internment camp:** A camp where a government imprisons people considered suspicious or undesirable, usually during a time of war. The prisoners are often unfairly treated and suffer from terrible atrocities or even death.

Educational Standards: CCRA.R.7, CCRA.W.2, CCRA.W.4, CCRA.W.9, CCRA.L.1, CCRA.L.2, CCRA.L.4, CCRA.SL.1, CCRA.SL.2

Academic Subject Areas: Biography, Historical Figures, Character Development

What You'll Need

- Video: *Guess or Mess: Eric Liddell* (Watch [Here](#))
- Worksheet: *Guess or Mess: Eric Liddell* (Click [Here](#))
- Book: PragerU Kids biographical book [Sports Legends: Eric Liddell](#)
- Large paper or poster board for each group, along with markers

Lesson Plan: (45-60 minutes)

Warm-Up: (10 minutes)

1. Begin with a brief discussion about sports and famous athletes. Ask students if they know any athletes who are also known for their character and values.
2. Introduce Eric Liddell, a famous runner and missionary. Show pictures from the booklet and give a brief overview of his life.



Reading and Comprehension Group Work: (25-30 minutes)

1. Divide the students into six groups. Each group will focus on one section of Eric Liddell's life from the booklet:
 - Group 1: Childhood (pages 2-3)
 - Group 2: A Gifted Athlete (pages 4-5)
 - Group 3: The Decision That Would Change It All (pages 6-7)
 - Group 4: Eric's Iconic Moment (pages 8-9)
 - Group 5: Missionary Life in China (pages 12-13)
 - Group 6: The Last Leg (pages 14-16)
2. Provide each group with the corresponding section of the Eric Liddell booklet. Ensure each group has enough copies of their section or access to the digital version of the booklet.
3. Allow time for each group to read their assigned section, taking turns reading aloud. As they read, they should discuss the main ideas.
4. Provide each group with a large piece of paper or a poster board and markers to write down the key points and any interesting facts or quotes they find.
5. Allow each group two minutes to present their findings to the class. After each presentation, provide time for classmates to ask questions and discuss the content.

Worksheet Activity: (10-15 minutes)

1. Distribute the "Guess or Mess: Eric Liddell Worksheet" to each student and allow them time to complete it individually. (Note: The multiple-choice section corresponds to the *Guess or Mess* episode and can also be used to play along while watching. See below.)
2. Go over the answers as a class, discussing important comprehension questions to ensure understanding.
3. Use the discussion questions from the worksheet to talk about humility, integrity, and standing up for one's beliefs. Encourage students to share their thoughts and personal experiences.
4. Collect worksheets as a formative assessment.

Wrap-Up: (5 minutes)

1. Summarize the key points about Eric Liddell's life, character, and legacy.
2. Encourage students to think of one way they can show humility and integrity in their daily lives and to share that idea with a family member or a friend.

Extension Activity:

Guess or Mess Trivia Show: After the lesson, students can participate in the "Guess or Mess" trivia show for Eric Liddell—direct students to the multiple-choice section of the worksheet called "Guess or Mess Episode Play Along." Students can play along with the contestants to see if they can answer the trivia questions correctly.