CASH COURSE WORKSHEET

Manage Your Financial Hygiene Quiz



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1. Match the definition in Column A with the term in Column B.			
Column A		Column B	
	Stealing someone's personal information	a. Budget	
	The use of someone's information to commit crimes	b. Positive Cash Flow	
	Plan for your monthly income	c. Negative Cash Flow	
	Spending more money than you make	d. Identity Theft	
	Earning more money than you spend	e. Fraud	

2. Why is financial hygiene important?

- a. It will prevent unexpected circumstances.
- b. It will help you maintain your budget.
- c. It will keep you physically fit.
- d. It will help you bring in more income.

3. Why is negative cash flow undesirable?

- a. It could lead you into debt.
- b. It could increase your personal wealth.
- c. It could help you recognize fraud in your account.
- d. It could improve your personal budget.

4. How can you prevent identity theft from happening?

- a. Print out your credit report
- b. Place your bills on auto-pay
- c. Check your accounts frequently
- d. Organize your receipts

5. Who can help you organize your financial activity as your needs increase?

- a. Cashier
- b. Banker
- c. Tax preparer
- d. Accountant

Application: Oh no! You wrote down your budget expenses and realized you have negative cash flow. Your budget is \$850 per week. Analyze your list of expenses for the past week and circle the ones that you could lessen in order to achieve a healthier personal budget. Can you eliminate the negative cash flow by creating a better budget?

Rent	\$250
Groceries	\$175
Coffee	\$30
Gym Membership	\$50
Utilities (Gas/Water)	\$75
Clothing	\$140
Dining Out	\$150
Cell Phone	\$60



Answer Key

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1. Match the definition in Column A with the term in Column B.

Column A Column B

- d. Identity Theft Stealing someone's personal information a. Budget
- **e. Fraud** The use of someone's information to commit crimes b. Positive Cash Flow
- a. Budget Plan for your monthly income c. Negative Cash Flow
- c. Negative Cash Flow Spending more money than you make d. Identity Theft
- <u>b. Positive Cash Flow</u> Earning more money than you spend e. Fraud
- 2. Why is financial hygiene important?
 - b. It will help you maintain your budget.
- 3. Why is negative cash flow undesirable?
 - a. It could lead you into debt.
- 4. How can you prevent identity theft from happening?
 - c. Check your accounts frequently
- 5. Who can help you organize your financial activity as your needs increase?

d. Accountant

Application: Oh no! You wrote down your budget expenses and realized you have negative cash flow. Your budget is \$850 per week. Analyze your list of expenses for the past week and circle the ones that you could lessen in order to achieve a healthier personal budget. Can you eliminate the negative cash flow by creating a better budget?

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Items in **bold font** may be considered variable expenses. Help students create budgets that lessen these columns in order to equal \$850 altogether.

