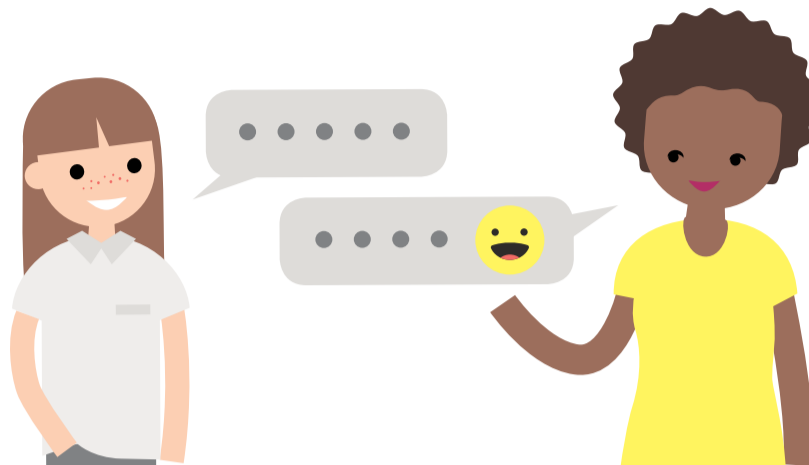


10 tips for a respectful and **SAFE CLASSROOM**

TIP 1: LET ALL YOUR STUDENTS KNOW THAT YOU RESPECT AND CARE ABOUT THEM.

Try it: Start a conversation with a student in your class whom you don't know well.



TIP 2: SET UP A CLASSROOM CULTURE OF INCLUSION AND RESPECT.

Try it: Reach out to a student in your class who appears withdrawn or doesn't seem to be included in classmates' friendship groups.

TIP 3: ACKNOWLEDGE STUDENTS WHO DEMONSTRATE KINDNESS, RESPECT AND THOUGHTFULNESS.

Try it: Identify and acknowledge a student when you notice they are using kindness, respect and thoughtfulness in the classroom.



TIP 4: USE POSITIVE APPROACHES WHEN TEACHING STUDENTS ABOUT UNACCEPTABLE BEHAVIOURS.

Try it: Provide one-on-one feedback to your students, instead of reprimanding them in front of their classmates for unacceptable behaviour.

TIP 5: ENCOURAGE YOUR STUDENTS TO PRACTISE USING SOCIAL AND EMOTIONAL SKILLS IN THE CLASSROOM.

Try it: Give your students opportunities to practise using ReachOut Breathe in class to help them manage their emotions. ReachOut.click/Breathe



TIP 6: WORK WITH STUDENTS TO DEVELOP THEIR CLASSROOM EXPECTATIONS.

Try it: Develop with your students a list of behaviours they'd like to see in their class.



TIP 7: PROVIDE LEARNING OPPORTUNITIES THAT ENCOURAGE COOPERATION, COHESION AND COMPASSION AMONG STUDENTS.

Try it: Use one activity from Wellbeing Fives to increase student wellbeing. ReachOut.click/Fives

TIP 8: MODEL THE POSITIVE BEHAVIOURS YOU WOULD LIKE TO SEE IN YOUR CLASSROOM.

Try it: Express gratitude when students display positive behaviours.



TIP 9: PROVIDE AN OPPORTUNITY FOR STUDENTS TO TAKE RESPONSIBILITY FOR THEIR LEARNING.

Try it: Give your students a chance to work together to develop a group solution to a school-related concern they have.

TIP 10: PROVIDE AN OPPORTUNITY FOR STUDENTS TO RECOGNISE AND ACKNOWLEDGE EACH OTHER'S STRENGTHS.

Try it: Ask students to acknowledge and name one strength they see in a classmate.



BONUS TIP: SIGN UP FOR FREE WELLBEING TEACHING RESOURCES

Try it: Get access to heaps of free practical wellbeing activities and resources just like this one. Sign up to receive our weekly update: ReachOut.click/10tips

