



# SOUTHAMPTON FC AFTER SCHOOL CLUBS

## *Parents Guide*

UK & INTERNATIONAL  
**FOOTBALL  
PROGRAMMES**

As a valued customer of Southampton FC, we wanted to give you some more details of what you can expect from your after-school club. Football equipment will be provided.



The aim for every club is to make them safe, fun & engaging using the clubs' unique philosophy and values.



All clubs are inclusive and will support and challenge players of all abilities. Every player will automatically be enrolled onto our player progression pathway.



All staff are FA/UEFA qualified, hold an enhanced DBS certificate and have relevant safeguarding and first aid qualifications.



Coaches will arrive at least 15 minutes before the session to sign in and set up.



Coaching ratios are 1:16 for all our clubs. Coaches will take a register every week and keep track of attendance.



All participants are expected to wear appropriate footwear and clothing when taking part in the club. This includes shin pads.



Sessions will follow our dedicated curriculum that includes fun warm ups, ball mastery and small sided games.



All of our coaches will receive ongoing training and observations to ensure that we maintain our high standards.



[coaching.southamptonfc.com](https://coaching.southamptonfc.com)



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