

Child Wellbeing and Protection Policy for Scottish Football – Referee Associations

HEALTH

This Practice Note applies to all members and sets out the best practice in relation to the health and wellbeing of young people involved at the Referee Association as young referees. The principles set out in this Practice Note will also apply to children and young people who Association members come into contact with through their role in football.

During training and at games there are times when children and young people may sustain an injury which requires treatment. This Practice Note looks at wellbeing and protection best practice in first aid and the treatment of injuries in such circumstances, as well as best practice for a young person who has a pre-existing medical condition.

First Aid and the Treatment of Injuries for training events

At Referee Association activities the Association will ensure:

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| <ul style="list-style-type: none">• There is an accessible and well-resourced first aid kit at the venue, which is regularly checked to ensure that it contains appropriate stock• Only those with a current, recognised First Aid qualification treat injuries. In more serious cases assistance should be obtained from a medically qualified professional, as soon as possible• It will be best practice for all young people to complete a consent form, which includes an emergency contact and any relevant medical information. For example, pre-existing medical conditions, relevant medication taken by participants or existing injuries and treatment required• The emergency contact for the young person will be informed of any injury and any action taken as soon as possible | <ul style="list-style-type: none">• If a young person needs to be transferred to the hospital, and their parents or carers are not in attendance, a member who is in an official role at the Referee Association will travel with them and contact their parents/carers immediately• If a young person sustains a significant injury the incident must be recorded as a concern and reported to the Referee Association’s Child Wellbeing and Protection Officer along with the details of any emergency treatment given. Common sense should be applied when determining which injuries are significant• A physio may be in attendance at a training session and any physio treatment will be administered by a qualified and registered physiotherapist for that training sessions only. If continued treatment is required, the young person will require to make necessary arrangements with a physiotherapist and it is |
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<ul style="list-style-type: none">• Treatment should be administered in an open environment, where possible, avoiding private or unobserved situations. Where a private room is needed for the treatment to preserve the young person’s dignity their parent or carer or another appropriate adult must be present	recommended that another appropriate adult is present at future treatments
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