



# External Teams

## Contents

Psychometric and Test Development Services .....1  
 Exam Proctoring Services.....1  
 NCCPT Certification Board of Directors .....1

## Psychometric and Test Development Services

### ACS Ventures

ACS was established to address a need in the assessment community for design, evaluation, operational support, and quality assurance. These needs align with the founders’ core capabilities and allow them to apply their experiences and knowledge of assessment policy and practice in the education, credentialing, and workforce sectors. The ACS team is committed to providing practical solutions that help organizations ensure the validity, reliability, and fairness of their assessment programs.

## Exam Proctoring Services

### Prometric

Prometric is a leading provider of technology-enabled testing and assessment solutions to many of the world's most recognized licensing and certification organizations, academic institutions, and government agencies.

## NCCPT Certification Board of Directors

Geno Carignan (NCCPT CPT and CSTS)	Director
Mike Hibner (NCCPT CPT, CSTS and CICI)	Director
David Hoptar, CPT (NCCPT CPT and CSTS)	Director
Pamela Lyttle (NCCPT CGxI and CICI)	Director
Khalid McLeod (NCCPT CPT and CSTS)	Chair
Janine Mitchell (NCCPT CYI)	Director
Mary Anna Kittredge	Public Member
Victor Verhage (NCCPT CPT, CGxI and CSTS)	Director

### Geno Carignan (NCCPT CPT and CSTS)

#### Director

Geno is a health and fitness trainer who specializes in customizing exercise and nutrition programs for the baby boomers, Geno has over 20 years of experience to share with his clients. After receiving his degree in exercise physiology at the University of Rhode Island in 1990, Geno worked as a physical therapist for spinal-cord injured patients at the Walker Institute in Pacific Palisades. Soon thereafter, he became an AAFP Board Certified Medical Exercise Specialist. As the owner and founder of Fitness Enterprises in Los Angeles, Geno now works with members to achieve their health and fitness goals including body fat loss, sports conditioning and post-rehab therapy.

### Mike Hibner (NCCPT CPT, CSTS and CICI)

#### Director

Mike Hibner received a Bachelor of Science degree in Exercise Science from Arizona State University. Previously, he has had experience as a Fitness Director at North Phoenix Health Institute, Territory Manager for Cybex International, Owner of World Gym, and Director of National Accounts for FreeMotion Fitness. He is currently the Director of Key Accounts for Core Health & Fitness.

### David Hoptar, CPT (NCCPT CPT and CSTS)

#### Director

David is an NCCPT certified personal trainer and strength coach with over forty years of experience in the area of health and fitness. David teaches Personal Training, Nutritional Consulting and Self Defense. Formerly, David was Regional Fitness Director at Purefitness San Diego California, Senior Master Trainer 24 hr Fitness Carlsbad California, Fitness Manager Crunch Fitness Carlsbad California, and Senior Master trainer Crunch fitness Carlsbad California. David currently lives in Scottsdale Arizona training private clients.

He is a 7th degree black belt in Chinese Goju Karate, and a Martial Arts Practitioner for over 30 years. David is affiliated with Marketamerica / shop•com.

### Pamela Lyttle (NCCPT CGxl and CICI)

#### Director

Pamela found the love of fitness at a very young age, and has been in the industry professionally for over twenty years. She currently holds certifications in Personal Training, Group Fitness, Indoor Cycling, and Yoga. She has also held certifications/licenses in Gravity Resistance Systems and Zumba. Since 2018, Pamela has been a Board Member for NCCPT, and is currently a part of the Recertification Committee and Ethics Committee. In addition to personally training clients and instructing group fitness classes, Pamela has managed fitness centers as well as owned and operated studios of her own. One of her main desires is to help others find their love for fitness whether it be lifting weights or flowing through postures. She believes that everyone can achieve their fitness goals. They just have to find the right activity that works for them, and then they, too, will find their own love for fitness.

## Khalid McLeod (NCCPT CPT and CSTS)

### Chair

Khalid is a renowned health and fitness expert with more than 25 years of experience. He has been on the international health & wellness circuit speaking on topics, including: Adult/childhood obesity, Nutrition for elite athletes, Mental health, Program design for athletes, and Advanced Periodization. He has worked with athletes in Major League Baseball (MLB), National Football League (NFL), and various levels for the NCAA. His versatility in the field includes, working with major corporations and government organizations on contracts to develop and improve wellness programs for recruitment standards.

He particularly enjoys working with collegiate and high school athletes, along with various trainers and conditioning specialists teaching continuing education courses throughout the United States. His work has been featured in the Washington Post, Chicago Tribune, Arizona Republic, Baltimore Sun, The Daily Herald, Fitness Style Magazine and Your Health Magazine.

Khalid holds a Master's degree in Exercise Science from The George Washington University School of Medicine and Health Sciences, and his undergraduate work was done at Towson University in Sports Management.

## Janine Mitchell (NCCPT CYI)

### Director

Janine began her journey and attended her first Kundalini Yoga and Meditation class in 2008. It was the beginning of an overall transformation of her lifetime. This was the Ah Ha moment of self-realization and healing that guided her toward her destiny, to the ongoing-practice she is devoted to today.

Janine began teaching in January 2011. In 2013, she was called to Rishikesh, India, the motherland of yoga, to be trained and certified by the lead teachers and direct descendants "The Golden Chain" of the Master Yogi Bhajan.

Up for a challenge, with her background as a professional actress and stunt performer, she is committed to daily practice and studies with Tej Kaur Khalsa, the Custodian of the Archives of the Teachings of Yogi Bhajan. Tej is a recognized authority on the teachings, a longtime teacher of Kundalini yoga and a student of Yogi Bhajan for over three decades.

## Mary Anna Kittredge

### Public Member

Mary Anna has her Master of Education, Elementary Education, Arizona State University. She has been a Special Education teacher at Maryland Elementary, Washington Elementary School District, since 2016. Participated at district level teams for Teacher Evaluation, Language Arts Coordinator, Computer Contact, Public Relations Chair, Summer Curriculum Academy, Professional Development Council and Coordinator for school, Special Education Case Coordinator, Budget Cadre and School Improvement Review Team.

Victor Verhage (NCCPT CPT, CGxI and CSTS)

Director

Victor has over 24 years of experience as a Fitness Coach and Personal Trainer. He is certified in Functional Movement Screen (Level 1 and 2) and Fundamental Capacity Screen. He was a Co-Creator of FreeMotion Fitness, a Director and General Manager at The Institute of Human Performance, and Director at Cybex International. He is currently the Senior Vice President of Personal Training at XSport Fitness in Chicago, Illinois.