

USE

🔥 Topical

PRODUCT SUMMARY

Young Living's RutaVaLa™ Roll-On utilises a proprietary blend of Ruta, Lavender and Valerian essential oils. Although Lavender and Valerian essential oils are well known, this blend includes the less recognised, yet efficacious, Ruta oil. The Ruta graveolens herb is farmed, harvested and distilled at Young Living's Ecuador farm. This trio of essential oils is formulated to create a refreshing aroma that can be quickly and conveniently applied as a fragrant scent to your wrists, neck or temples.

KEY INGREDIENTS

Lavender, Valerian and Ruta essential oils

BENEFITS & FEATURES

- Relaxing and calming scent
- Revitalising and refreshing aroma

SUGGESTED USE

- Apply RutaVaLa to your wrists and heart to enjoy its soothing aroma that creates a feeling of emotional balance.
- For a calming aroma after work, roll RutaVaLa on the back of your neck.
- Roll RutaVaLa on the bottoms of your feet during your evening routine for a relaxing scent.
- Apply RutaVaLa to the back of your neck during hectic times and follow with a soothing neck massage with V-6™ Vegetable Oil Complex.

DIRECTIONS

Apply generously to wrists, neck or temples.

CAUTION

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use. Topical use only. Possible skin sensitivity. Do not apply to sensitive tissues. Keep away from eyes and mucous membranes.



INGREDIENTS

Cocos nucifera (Coconut) oil, *Lavandula angustifolia*† (Lavender) oil, *Valeriana officinalis*† (Valerian) root oil, *Ruta graveolens*† (Ruta) oil.

†100% pure, therapeutic-grade essential oil.

FREQUENTLY ASKED QUESTIONS

Q. Is there a UV warning associated with RutaVaLa Roll-On?

A. No, RutaVaLa Roll-On does not have a UV warning.

Q. Does RutaVaLa Roll-On need to be diluted?

A. RutaVaLa Roll-On is already diluted with fractionated coconut oil, which makes it easier to apply on the go and helps enhance application.

Q. Can RutaVaLa Roll-On be ingested?

A. RutaVaLa Roll-On is labeled for topical use and is not intended for internal consumption. Be sure to always follow individual label instructions for Young Living products.

WORKS WELL WITH

**Stress Away™
Essential Oil
Roll-On**

Item No.
4472525



**Tranquil™
Essential Oil
Roll-On**

Item No.
3533525



**Peace and
Calming®
Essential Oil
Roll-On**

Item No.
26497



**White Angelica™
Essential Oil
Blend**

Item No.
342802

