YOUNG LIVING SUGGESTED PRODUCT CLAIMS

We know you love sharing Young Living with family, friends, and acquaintances. But what can—and can't—you say about our products? We want to give you all possible resources to share the amazing benefits of our products and to grow your business.

The following are suggested product claims, descriptions, and tips that you may use when describing some of our best-loved essential oils and blends.

AromaEase®

Topical/Aromatic

Contains: Peppermint, Spearmint, Ginger, Cardamom, Fennel

Primary Benefits

- Offers a clean, nurturing aroma
- Provides a comforting aroma when applied to neck and chest
- Diffuse to create a calm and relaxing aromatic environment
- Includes the naturally occurring constituents menthol, l-carvone, zingiberene, linalool, and ocimene

Product Description

A proprietary Young Living blend, AromaEase® is formulated with oils that create a clean, nurturing aroma. Diffuse for a relaxing aromatic environment or a comforting influence when applied to the neck and chest.

Basil

Dietary Supplement

Primary Benefits

- Supports health and wellness*
- Is a fresh and herbaceous addition to salad dressings, sauces, and marinades
- Includes the naturally occurring constituents methylchavicol, linalool, and eucalyptol
- Included in Aroma Siez[™], Clarity[™], M-Grain[™], and the Raindrop Technique[®]

Product Description

Basil essential oil has a fresh and herbaceous taste that makes it a flavorful substitute for dried or fresh basil. Try adding it to savory salad dressings, marinades, and classic Italian recipes, or take as a dietary supplement to support health and wellness. Find Basil in Aroma Siez™, Clarity™, M-Grain™, and as part of the Raindrop Technique®.

BLM^{TM}

Dietary Supplement

Primary Benefits

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- Nutritional support for joint mobility*
- Supports ligament health*
- Supports bone health*
- Supports muscle health*
- Supports cartilage formation*

With an advanced combination of unique ingredients such as glucosamine, MSM, and Wintergreen and Clove essential oils, BLM™ provides nutritional support for joint mobility and cartilage formation, as well as ligament, muscle, and bone health.*

Brain Power[™]

Topical/Aromatic

Contains: Royal Hawaiian™ Sandalwood, Cedarwood, Frankincense, Melissa Officinalis, Blue Cypress, Lavender, Helichrysum

Primary Benefits

- Diffuse to create an inspiring aroma
- Uplifting fragrance is great for home, office, or on the go
- Apply topically to moisturize skin
- An inspired blend with a rich, invigorating scent
- Includes the naturally occurring constituents of cedrol, alpha-pinene, guaiol, and linalool

Product Description

A member-favorite blend with a rich, invigorating scent, Brain Power[™] is perfect for inhaling or diffusing to enjoy its inspiring aroma in the home, office, or on the go. Apply Brain Power topically to moisturize the skin and enjoy its inspiring scent anywhere!

Breathe Again™ Roll-On

Topical/Aromatic

Contains: Caprylic/Capric Triglyceride, Eucalyptus Staigeriana, Eucalyptus Globulus, Laurus Nobilis, Rose Hip, Peppermint, Eucalyptus Radiata, Balsam Copaiba, Blue Cypress, Eucalyptus Bicostata, Myrtle

Primary Benefits

- Invigorating and awakening aroma
- Apply to the head, neck, chest, or under the nose
- Blended with four powerful Eucalyptus oils
- Comes in an easy-to-use, portable roll-on applicator to have on hand anytime, anywhere

Product Description

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Combining four powerful varieties of Eucalyptus essential oils, Breathe Again™ Roll-On has a fresh aroma that is invigorating and awakening. Its convenient roll-on bottle makes it easy to apply to the head, neck, chest, or under the nose to enjoy its aroma.

Cedarwood

Topical/Aromatic

Primary Benefits

- Has a woodsy, warm, balsamic aroma
- May be added to your favorite skin care products and applied topically
- Its powerful aroma creates a relaxing, calming, and comforting atmosphere when diffused
- Its aroma allows you to enjoy the outdoors annoyance-free
- Massage into scalp for the appearance of healthy-looking hair

Product Description

With a warm, balsamic aroma, the scent of Cedarwood essential oil can help create a calming and comforting atmosphere when diffused. Combine with Citronella, Lemongrass, Rosemary, Tea Tree, Clove, or Myrtle and apply topically to enjoy the outdoors annoyance-free. Cedarwood essential oil is also perfect to add to your favorite skin care products; apply topically or massage into the scalp for the appearance of healthy-looking hair. Cedarwood is an important ingredient in Brain PowerTM, GroundingTM, Highest PotentialTM essential oil blends and Cel-Lite MagicTM massage oil.

Chocolate-Coated Slique® Bars

Primary Benefits

- High in fiber
- Gluten free
- No trans fats
- No preservatives
- Manages satiety
- Potato skin extract triggers the release of cholecystokinin (CCK) in the body, increasing the duration of feelings of fullness

Product Description

A delicious blend of exotic fruits, nuts, essential oils, and decadent chocolate, our Chocolate-Coated Slique® Bars are high in fiber and contain no preservatives or trans fats. Also featuring potato skin extract, they are a great choice for any weight-management regimen. This unique extract triggers the release of cholecystokinin (CCK) in the body, increasing the duration of feelings of fullness when combined with a diet high in fiber and protein and when used as part of a system that includes a sensible diet and regular exercise.

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Cinnamon Bark

Dietary Supplement

Primary Benefits

- Promotes a healthy immune response*
- Helps maintain a healthy lifestyle regimen*
- Is a culinary spice that has been used for thousands of years
- Provides a spicy and delicious addition to cooking or baking
- Includes the naturally occurring constituent cinnamaldehyde
- An important ingredient in many products, including Thieves[®], Abundance[™], and Inner Defense[®]

Product Description

With its sweet, spicy, warm flavor and aroma, Cinnamon Bark essential oil can be used in many of the same recipes where its powdered counterpart is called for. It helps promote a healthy immune response and fits any healthy lifestyle regimen.* Cinnamon Bark essential oil is an important ingredient in Thieves®, AbundanceTM, and Inner Defense®.

Citronella

Topical/Aromatic

Primary Benefits

- Has a refreshing and uplifting fragrance
- Diffuse indoors and outdoors to freshen and eliminate odors
- Includes the naturally occurring constituents geraniol, limonene, and geranyl acetate
- Included in Purification[®] oil blend, RepelAroma[™] (Animal Scents[®] Kit), and Animal Scents[®] Shampoo

Product Description

For a refreshing, uplifting fragrance that eliminates odors, Citronella essential oil is ideal for diffusing indoors and outdoors to refresh the air. Citronella is an important oil in Young Living products like Purification® oil blend, RepelAroma™ (found in our Animal Scents® Kit), and Animal Scents® Shampoo.

Citrus Fresh™

Topical/Aromatic

Contains: Orange, Tangerine, Grapefruit, Lemon, Mandarin, Spearmint

- When diffused, Citrus Fresh™ creates a clean, fresh scent in any environment
- Add to Young Living lotions or to Young Living® Bath & Shower Gel Base to create an uplifting aromatic experience
- Add to laundry for a revitalizing aroma

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- May be worn topically as a perfume or cologne to refresh and inspire
- Maintains the appearance of healthy, toned skin
- Great for a topical application to beautify the skin
- Add to Thieves® Household Cleaner to enhance the aroma
- Includes the naturally occurring constituents of limonene, beta-pinene, and linalol

Featuring the fresh, bright aromas of five citrus essential oils plus Spearmint, Citrus Fresh™ is perfect to wear as an inspiring personal fragrance or to diffuse and freshen any indoor environment. Add it to Young Living® lotions, our Bath & Shower Gel Base, or your favorite skin care products for an uplifting aromatic experience and to beautify the skin. Citrus Fresh includes the naturally occurring constituents limonene, beta pinene, and linalol.

Clove

Dietary Supplement

Primary Benefits

- Promotes a healthy immune response*
- May support overall wellness*
- Clove essential oil is distilled from a culinary spice that has been used for thousands of years
- Provides a rich and spicy addition to cooking or baking
- Includes the naturally occurring constituent eugenol
- An important ingredient in many products, including Thieves[®], ImmuPower[™], Inner Defense[®], and Longevity[™]

Product Description

Clove essential oil is distilled from the same rich, spicy cloves that have been used in cooking and baking for thousands of years. Clove essential oil promotes a healthy immune response and overall wellness, making it an important part of our Thieves®, ImmuPower™, Inner Defense®, and Longevity™ formulas.*

Cool Azul™ Sports Gel

Cosmetic (Topical)

- Formulated with 10 percent essential oils
- A great product for use by most everyone before and after physical activities
- Blended with Peppermint essential oil, menthol, and camphor, Cool Azul provides a cooling sensation on skin
- Cool Azul Sports Gel has an invigorating yet relaxing aroma
- Dorado Azul and Plectranthus Oregano essential oils are homegrown on Young Living farms

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- Aloe barbadensis leaf extract is the first ingredient and the hydrating base of this unique formula.
- The unique consistency makes application convenient and easy for anyone, including physical, sports, and massage therapists alike
- The rich, moisturizing botanicals leave skin feeling soft and hydrated
- Perfect for your gym bag, purse, or backpack

Formulated with a hydrating base of aloe barbandensis leaf extract, Cool Azul™ Sports Gel boasts a topically cooling blend of Peppermint essential oil, menthol, and camphor, with Dorado Azul and Plectranthus Oregano essential oils. With an invigorating yet relaxing aroma, Cool Azul is perfect for any purse, gym bag, or backpack to use following physical activity. Its moisturizing gel consistency hydrates the skin and makes it easy for sports therapists, physical therapists, and massage therapists to use.

Copaiba

Dietary Supplement

Primary Benefits

- Promotes wellness
- May be an important part of a daily health regimen*
- Mix with honey and warm water to create a tea
- Includes the naturally occurring constituents beta-caryophyllene and alpha-humulene

Product Description

Copaiba essential oil has a pleasant, complex taste, and when taken internally, can promote wellness.* Take daily as a dietary supplement, combine with honey, or dilute well with warm water and take internally to enjoy Copaiba as an important part of a daily health regimen.

Dead Sea Mud Soap

Cosmetic (Topical)

- Cleanse and exfoliate your skin
- Enriched with Balm of Gilead, infused with skin-loving essential oils, and imbued with mineral-rich mud of the Dead Sea, your skin will feel rejuvenated with a healthy-looking glow
- Contains mud and salt from the Dead Sea, which is known to be rich in nutrients and minerals
- Contains Balm of Gilead oil (*Commiphora gileadensis*) from the Young Living farm in Israel; this exclusive oil is not yet available to purchase but can be enjoyed in this handcrafted soap
- Made from natural ingredients

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 Available during the 2015 convention; it is currently sold only at Young Living's farm in Israel

Product Description

Our Dead Sea Mud Soap works to cleanse and exfoliate the skin with skin-loving and mineral-rich ingredients such as Balm of Gilead essential oil from our farm in Israel and ancient mud from the Dead Sea. Made from all-natural ingredients, this handcrafted soap both purifies the skin and leaves it with a healthy-looking glow. Find it exclusively at the Young Living farm in Israel

Deep Relief™

Topical/Aromatic

Contains: Peppermint, Idaho Balsam Fir, Clove, Vetiver, Wintergreen, Lemon, Helichrysum, Copaiba, Dorado Azul

Primary Benefits

- Use for massage after activity.
- Inhale for an invigorating, energizing scent.
- Keep on hand for use at the gym to apply during a workout.
- Blended with Peppermint, Deep Relief[™] has a cooling sensation when applied to the skin.
- Deep Relief's aroma is relaxing and calming.
- Apply to temples, forehead, and back of neck.
- Formulated with Peppermint, Wintergreen, Copaiba, and Helichrysum

Product Description

Blended with Peppermint essential oil, Deep Relief™ creates a cooling sensation when applied topically, while its fresh aroma is both invigorating and relaxing. Also formulated with Wintergreen, Copaiba, and Helichrysum essential oils, this blend is perfect to keep in your gymbag to use during a workout. Apply as desired to temples, forehead, and back of neck.

DiGize™

Dietary Supplement

Contains: Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, Patchouli

- Add to a gel capsule
- Add 2 drops DiGize[™] and 1 drop Peppermint to water for a stimulating beverage
- The use of fennel dates back to the ancient Egyptians
- Use with every meal along with Essentialzymes-4[™] to support a wellness regimen*
- Use as a dietary supplement in water when traveling abroad

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- Add 2–3 drops to honey for a tasty snack
- Includes the naturally occurring constituents menthol, citrol, and zingiberene

A unique and proprietary Young Living essential oil blend, DiGize[™] combines Tarragon, Ginger, Peppermint, Juniper, Fennel, Lemongrass, Anise, and Patchouli essential oils for a blend that can be taken daily with Essentialzymes-4[™] to support a wellness regimen.* Add 2 drops to a gel capsule and take as a dietary supplement or combine with 1 drop Peppermint essential oil in water for a pleasant, stimulating drink. When traveling abroad, you may also take DiGize as a dietary supplement in water.

Einkorn Flour

Food

Primary Benefits

- Ancient grain
- Easier to digest
- Promotes proper functions of the digestive system

Product Description

Einkorn is the original "staff-of-life" grain, known as the oldest variety of wheat, which dates back to the beginning of time. Einkorn's natural genetic code and low gluten levels make it a superior choice because of the compatibility with the human body when compared to the modern hybrid wheat of today. Einkorn grain is easier to digest, so nutrients are better absorbed. Today, Young Living is helping to bring einkorn back to its rightful prominence in the world.

EndoFlex™

Dietary Supplement

Contains: Sesame Seed Oil, Spearmint, Sage, Geranium, Myrtle, Nutmeg, German Chamomile

Primary Benefits

- Features Spearmint, Sage, Geranium, Myrtle, German Chamomile, and Nutmeg essential oils
- May support a healthy lifestyle*
- Includes the naturally occurring constituents alpha-pinene, carvone, geraniol, limonene, camphor, and myristicin

Product Description

EndoFlex[™] may support a healthy lifestyle when taken as a dietary supplement by combining Spearmint, Sage, Geranium, Myrtle, German Chamomile, and Nutmeg essential oils*. EndoFlex

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includes the naturally occurring constituents alpha-pinene, carvone, geraniol, limonene, camphor, and myristicin.

Eucalyptus Radiata

Topical/Aromatic

Primary Benefits

- Has a mildly pungent and sweet, fruity aroma
- Use for massage after activity
- Diffuse for a stimulating and rejuvenating environment
- Add to your favorite household cleaners
- Includes the naturally occurring constituents 1,8 cineole and eucalyptol
- An important ingredient in Breathe Again[™], Thieves[®], R.C.[™], Inner Defense[®], and Ortho Ease[®]

Product Description

Eucalyptus Radiata essential oil is loved for its fresh, pungent, and fruity aroma; and it is often used in massage after activity. Diffuse Eucalyptus Radiata to promote a stimulating and rejuvenating environment or add it to your favorite household cleaners for a burst of extra freshness. Find Eucalyptus Radiata essential oil in Breathe Again™, Thieves®, R.C.(TM), Inner Defense®, and Ortho Ease®.

Frankincense

Topical/Aromatic

Primary Benefits

- Diffuse during meditation for grounding and purpose
- Use for massage after activity
- May help smooth the appearance of healthy-looking skin
- Includes the naturally occurring constituent alpha-pinene
- Key ingredient in many products, including Boswellia Wrinkle Cream[™], Brain Power[™], Awaken[™], Highest Potential[™], and Forgiveness[™]

Product Description

Including the naturally occurring constituent alpha-pinene, Frankincense is a key ingredient in essential oil blends such as Brain PowerTM, AwakenTM, Highest PotentialTM, and ForgivenessTM. Diffuse it during meditation to help with grounding and purpose. Frankincense can also be useful for massage after activity or in cosmetic applications to smooth the appearance of healthy-looking skin, which makes it an important ingredient in our Boswellia Wrinkle CreamTM.

Fennel

Dietary Supplement

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Primary Benefits

- In some cultures, fennel seeds are chewed after mealtime
- May help maintain wellness*
- May be a flavorful addition to savory recipes
- Includes the naturally occurring constituents trans-anethole and fenchone
- Included in DiGize[™], JuvaFlex[®], Detoxzyme[™], Digest & Cleanse[™], and Essentialzymes-4[™]

Product Description

With the distinctive black licorice-like flavor of the fennel seeds chewed in some cultures after mealtime, Fennel essential oil can be a great addition to savory recipes. Fennel may be useful in maintaining wellness and is included in Young Living products like DiGize™, JuvaFlex®, Detoxzyme™, Digest & Cleanse™, and Essentialzymes-4™.*

Geranium

Topical/Aromatic

Primary Benefits

- Uplifting, floral fragrance
- Diffuse this essential oil for its balancing, peaceful, and calming aroma
- May help soothe and maintain the appearance of tender skin
- Includes the naturally occurring constituents citronellol and geraniol
- An important ingredient in many skin care products, including ART® Creme Masque, Boswellia Wrinkle Cream™, Animal Scents® Ointment and Acceptance™, Awaken™, Believe™, and Clarity™ essential oil blends

Product Description

With an uplifting floral fragrance, Geranium essential oil's aroma is perfect for diffusing to create an environment that is calming and peaceful. An important ingredient in many of our skin care products, including ART® Creme Masque, Boswellia Wrinkle CreamTM, and Animal Scents® Ointment, Geranium may help soothe and maintain an improved appearance of tender, red, and swollen skin. Its pleasant aroma also makes it an important addition to our AcceptanceTM, AwakenTM, BelieveTM, and ClarityTM essential oil blends.

Ginger

Dietary Supplement

Primary Benefits

- May calm occasional nausea*
- Supports a healthy lifestyle regimen
- Includes the naturally occurring constituents zingiberene and beta-phellandrene
- Important ingredient in DiGize[™], Digest & Cleanse[™], EndoGize[™], ICP[™], and Essentialzymes-4[™]

Product Description

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With its ability to help calm occasional nausea when taken internally, Ginger essential oil is an important ingredient in DiGizeTM, Digest & CleanseTM, and Essentialzymes-4TM.* As an addition to savory dishes, desserts, teas, or used as a dietary supplement, it can also support your daily healthy lifestyle regimen.

Grapefruit

Dietary Supplement

Primary Benefits

- Includes the naturally occurring constituent limonene
- An important ingredient in Slique® Essence[™] and Power Meal[™]
- Enhances the flavor of foods and water

Product Description

Grapefruit (*Citrus paradisi*) essential oil includes the naturally occurring constituent limonene. Grapefruit is a delightful way to enhance the flavor of meals and water. It is also an important ingredient in Slique® Essence and Power MealTM.

Helichrysum

Topical/Aromatic

Primary Benefits

- Diffuse for its clarifying and grounding fragrance
- Diffuse when studying or doing homework
- This oil has a stimulating aroma that no home should be without
- Apply topically to improve the appearance of tender skin
- Includes the naturally occurring constituents neryl acetate, gamma-curcumene, and alpha-pinene
- An important ingredient in oil blends, including Awaken[™], Brain Power[™], Deep Relief[™]
 Roll-On, Forgiveness[™], PanAway[®], and Trauma Life[™]

Product Description

An important ingredient in popular products such as Brain Power™, Deep Relief™ Roll-on, and PanAway®, Helichrysum essential oil is ideal for applying topically to improve the appearance of tender skin. It's stimulating, clarifying, and grounding fragrance also makes it a great choice for diffusing while studying or doing homework.

Idaho Balsam Fir

Topical/Aromatic

- Woodsy and refreshing aroma
- Diffuse for a grounding, relaxing, and calming aroma

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- Use in meditation for increased spirituality
- Includes naturally occurring constituents beta-pinene and camphene
- Important ingredient in many products, including Animal Scents® Ointment, Deep Relief™ Roll-on, Believe™, Gratitude™, and BLM™

Balsam fir essential oil, with its woodsy and refreshing fragrance, is often diffused or inhaled during meditation for an aroma that is grounding and calming and to establish a deep sense of spiritual connectedness. Balsam fir is an important ingredient in many products, including Animal Scents® Ointment, Deep Relief™ Roll-on, Gratitude™, and BLM™.

Joy™

Topical/Aromatic

Contains: Bergamot, Ylang Ylang, Geranium, Lemon, Coriander, Tangerine, Jasmine, Roman Chamomile, Palmarosa, Rose

Primary Benefits

- This beautiful blend of essential oils harmonizes and has a joyful aroma
- Joy's scent inspires a romantic, aromatic atmosphere
- When diffused, it creates a warm, comforting environment
- Add to a YL lotion or moisturizer to beautify and enhance the appearance of the skin
- Add to Young Living® Bath & Shower Gel Base to relax and calm as you unwind from a long day.
- When worn as cologne or perfume, Joy™ exudes an alluring and irresistible fragrance that inspires romance and togetherness

Product Description

A sweet-smelling blend of harmonizing essential oils, Joy's aroma invites a sense of romance, bliss, and warmth when diffused. When worn as a fragrance, it invites togetherness. Add it to any Young Living® lotion or Bath & Shower Gel Base to enhance the appearance of skin and to unwind from a long day.

Juniper

Topical/Aromatic

- Has an earthy, sweet, and woodsy aroma
- Diffuse this peaceful aroma
- The species of juniper we distill for its essential oil is native to the southwestern United States and is distinctive to Young Living
- Includes the naturally occurring constituents alpha-pinene and bornyl acetate

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An important ingredient in many products, including Awaken[™], DiGize[™], Grounding[™],
 Allerzyme[®], K&B[™], Cel-Lite Magic[™] Massage Oil, and Morning Start® Bath & Shower
 Gel

Product Description

Young Living's exclusive Juniper essential oil is distilled from a Juniper species native to the southwestern United States and possesses an earthy, sweet, woodsy scent. Diffuse Juniper to enjoy its peaceful aroma. Juniper is an important ingredient in many products, including AwakenTM, DiGizeTM, Allerzyme®, and Morning Start® Bath & Shower Gel.

Lavender

Topical/Aromatic

Primary Benefits

- Diffuse Lavender for a comforting and calming scent
- Unwind by adding a few drops to a nighttime bath
- Diffuse for a fresh, clean scent and to eliminate odors
- A key ingredient in many blends, including Stress Away[™], Tranquil[™], RutaVaLa[™], Forgiveness[™], and Harmony[™]
- May complement some of your favorite shampoos, lotions, or skin care products

Product Description

Lavender, a popular essential oil long loved for its calming, soothing fragrance, is a key ingredient in many of our blends, including Stress Away™, Tranquil™, RutaVaLa™, Forgiveness™, and Harmony™. When diffused, Lavender adds a clean, fresh scent to any room and is a relaxing addition to baths and body care products.

Lemon

Dietary Supplement

Primary Benefits

- Includes the naturally occurring constituent limonene
- Enhances the flavor of foods and water
- A key ingredient in Thieves®, NingXia Red®, and Inner Defense®

Product Description

Containing the naturally occurring constituent limonene, Lemon is a key component in the popular products Thieves[®], NingXia Red[®], and Inner Defense[®]. Its fresh citrus flavor makes a bright, flavorful addition to food and water.

Lemongrass

Dietary Supplement

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Primary Benefits

- May support the digestive system*
- Supports overall well-being*
- An important ingredient in DiGize[™], Essentialzymes-4[™], and MultiGreens[™]
- Enhances the flavor of foods and water

Product Description

Lemongrass (*Cymbopogon flexuosus*) essential oil supports overall well-being* and may support the digestive system.* This oil contains the naturally occurring constituent geranial. Adding Lemongrass oil is a delightful way to enhance the flavor of meals.

Life 5®

Dietary Supplement

Primary Benefits

- Promotes natural digestion*
- Supports gut health*
- Supports a healthy immune system*
- Helps maintain normal intestinal function*

Product Description

Life 5® gives the body an even release of live probiotics that promote normal digestion and intestinal function, support digestive health, and maintain a healthy immune system.*

Light the Fire™

Cosmetic (Topical/Aromatic)

Contains: Nutmeg, Cassia, Mastrante, Ocotea, Canadian Fleabane, Lemon, Pepper, Hinoki, Northern Lights Black Spruce

Primary Benefits

- Warm, spicy aroma
- Diffuse for an inspiring fragrance in any environment
- Add to V-6[™] massage oil for a powerful scent experience
- This unique and inspired blend was formulated by Young Living founder D. Gary Young to celebrate the 2015 International Grand Convention, "Light the Fire"
- Includes the naturally occurring constituents beta-caryophyllene, alpha-pinene, betapinene, and limonene

Product Description

A special essential oil blend formulated by Young Living founder D. Gary Young to celebrate the 2015 International Grand Convention, Light the Fire™ offers a spicy, warm aroma. Including essential oils like Cinnamon, Black Pepper, Nutmeg and more, Light the Fire can be diffused or

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combined with V-6[™] Vegetable Oil Complex and used in massage for a powerful, inspiring aromatic experience.

Master Formula[™]

Dietary Supplement

Primary Benefits

- Naturally supports general health and well-being for the body*
- Gut flora supporting prebiotics*
- Ingredients help neutralize free radicals in the body*
- Includes antioxidants, vitamins, minerals, and other food-based nutrients
- Vegetarian friendly
- No preservatives
- No artificial stimulants
- Bovine and porcine free
- No artificial colors

Product Description

Master Formula™ is a comprehensive daily supplement that includes a wide range of antioxidants, vitamins, minerals, and other food-based nutrients to naturally support general health and well-being for the body.* This unique supplement also includes prebiotics to support digestive flora and ingredients to help neutralize free radicals in the body. Master Formula is vegetarian-friendly and free from preservatives, artificial stimulants, and artificial colors.*

MindWise™

Dietary Supplement

Primary Benefits

- Supports normal brain function and cognition*
- Supports normal heart health and cardiovascular function*

Product Description

MindWise™ combines exotic sacha inchi nut oil with a proprietary blend of pure essential oils and more for a daily supplement that supports normal brain function and cognition, while helping to maintain normal heart health and cardiovascular function.*

NingXia Nitro™

Dietary Supplement

Primary Benefits

• Supports cognitive fitness*

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- Supports both body and mind*
- Enhances mental fitness*
- Promotes cognitive alertness
- Contains naturally occurring caffeine and Bioenergy's D-Ribose to support athletic performance and endurance*
- Bioenergy Ribose supports physical performance and recovery and increases overall energy reserves*
- Supports mental alertness*
- Enhances physical performance*

A unique blend of essential oils, botanical extracts, and other select ingredients, NingXia Nitro[™] supports cognitive alertness and fitness. A great support for body and mind, its mix of naturally occurring caffeine and Bioenergy's D-Ribose supports athletic performance, endurance, and recovery. Use NingXia Nitro whenever you need to clear your mind and boost your energy.*

NingXia Red®

Dietary Supplement

Primary Benefits

- Balanced ingredients make NingXia Red® a whole-body nutrient infusion for health and wellness support*
- Provides Energy Support*
- Supports normal cellular function*
- Contains powerful ingredients that are involved in many natural antioxidant processes*
- Supports good health and overall wellness*
- Supports whole-body health*
- Supports normal eye health*
- Delivers citrus essential oils containing d-limonene, a powerful component in citrus oils
- Energize*
- Fortify*
- Revitalize*
- Formulated from exotic fruits
- Powerful formula includes wolfberry, which is touted for its health benefits
- Helps prevent against oxidative stress*
- Healthy daily supplement*

Product Description

NingXia Red® blends NingXia wolfberry puree with super-fruit extracts and pure essential oils for a whole-body nutrient infusion that supports good health and overall wellness. This signature supplement provides energy support, supports normal cellular function, and contains powerful ingredients that are involved in many natural antioxidant processes.

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Ningxia Zyng™

Food

Primary Benefits

- Infused with a refreshing blackberry-lime flavor
- Made with just a hint of sparkling water
- With natural Lime and Black Pepper essential oils
- Amplified
- Fueled
- Charged
- No artificial flavors, colors, sweeteners, or preservatives

Product Description

NingXia Zyng[™] is a sparkling drink made with a deliciously crisp blend of pure Black Pepper and Lime essential oils, wolfberry puree, white tea extract, and vitamins. At only 35 calories, Zyng is refreshing, guilt free, and invigorates the senses without artificial flavors, colors, sweeteners, or preservatives.

Northern Lights Black Spruce

Cosmetic:(Topical/Aromatic)

Product Benefits

- May help improve the appearance of dry skin
- Helps maintain the appearance of healthy-looking skin
- Apply to bottom of feet, along the spine, back of neck, or wherever desired
- Diffuse during meditation
- Add to skin care products
- Use for massage
- Rich, woodsy, and invigorating aroma
- Includes the naturally occurring constituents alpha-pinene, camphene, and beta-pinene
- Important ingredient in many products, including Valor II[™], Peace & Calming II[™], Shutran[™], and Light the Fire[™] essential oil blends

Product Description

With a rich, woodsy aroma, Northern Lights Black Spruce is distilled exclusively from black spruce trees on our scenic Northern Lights farm in British Columbia. Its invigorating scent makes it a perfect choice for massage and for diffusing during meditation. It may also improve the appearance of dry skin and maintain the appearance of healthy-looking skin, making it an ideal addition to your favorite moisturizers. Find Northern Lights Black Spruce in top-selling blends such as White Angelica[™], Valor II[™], Shutran[™], and Grounding[™].

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OmegaGize^{3™}

Dietary Supplement

Primary Benefits

- Supports normal brain, heart, eye, and joint health*
- Supports general wellness*

Product Description

Formulated to support general wellness, OmegaGize^{3™} offers special support for normal brain, heart, eye, and joint health.*

Orange

Dietary Supplement

Primary Benefits

- Includes the naturally occurring constituent limonene
- An important ingredient in many products, including NingXia Red[®] and ImmuPro[™]
- Enhances the flavor of foods and water

Product Description

Orange (*Citrus sinensis*) essential oil includes the naturally occurring constituent limonene. Orange is a wonderful addition to enhance the flavor of many foods and drinks.

Oregano

Dietary Supplement

Primary Benefits

- Supports a healthy lifestyle regimen*
- Includes the naturally occurring constituent carvacrol
- May be used to enhance the flavor of foods
- An important ingredient in ImmuPower[™] and the Raindrop Technique[®]

Product Description

With its spicy, savory flavor, Oregano essential oil is both a delicious culinary essential oil and a powerful support for a healthy lifestyle. Including the naturally occurring constituent carvacrol, Oregano essential oil is an important ingredient in ImmuPower™.

Palo Santo

Topical/Aromatic

- Diffuse for a cleansing and refreshing atmosphere
- Inhale this essential oil's inspiring and uplifting fragrance
- Use for massage after activity

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- Includes the naturally occurring constituents limonene and alpha-terpineol
- An important ingredient in Transformation[™] oil blend

Palo Santo, found in our proprietary Transformation™ essential oil blend, has a fragrance that is inspiring and uplifting when inhaled. It can also be diffused for a cleansing and refreshing atmosphere or used in massage following activity.

PanAway[®]

Topical/Aromatic

Contains: Wintergreen, Helichrysum, Clove, Peppermint

Primary Benefits

- A best-selling blend formulated by D. Gary Young
- Apply topically after exercise
- Supports the appearance of healthy skin coloration
- Add to V-6[™] and apply to neck and back for a soothing aromatic experience.
- Has a stimulating aroma
- Includes the naturally occurring constituents methyl salicylate, gamma-curcumene, menthol, and eugenol

Product Description

Featuring the naturally occurring constituents methyl salicylate, gamma-curcumene, menthol, and eugenol, PanAway® is a popular essential oil blend formulated by Young Living Founder D. Gary Young. Combine with V-6™ Vegetable Oil Complex and apply after exercise or to neck and back anytime for a soothing and stimulating aromatic experience.

Patchouli

Topical/Aromatic

Primary Benefits

- May improve the appearance of dry, chapped skin
- May be added to your favorite skin care products
- Diffuse this essential oil to enjoy its calming, relaxing, and peaceful fragrance
- Includes the naturally occurring constituents patchoulol, bulnesene, and alpha-guaiene
- An important ingredient in DiGize[™], Abundance[™], Live with Passion[™], Magnify Your Purpose[™], and Allerzyme[®]

Product Description

An important ingredient in such essential oil blends as DiGize™, Abundance™, and Magnify Your Purpose™, Patchouli can be diffused for an aroma that is calming, peaceful, and relaxing. It is also a good addition to your favorite skin care products to help improve the appearance of dry, chapped skin. Patchouli is also found in Allerzyme® capsules.

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Peace & Calming®

Topical/Aromatic

Contains: Tangerine, Orange, Ylang Ylang, Patchouli, Blue Tansy

Primary Benefits

- Improves the appearance of skin when applied topically (*Tangerine, Blue Tansy, Orange, Patchouli*)
- Add 5–10 drops to YL lotions and apply topically to moisturize skin. (*Tangerine, Blue Tansy, Orange, Patchouli*)
- Helps freshen the air when diffused (Orange)
- Add to V-6[™] and massage on bottoms of feet
- Diffuse this blend before bed for a relaxing and calming aroma
- Blends well with Citrus Fresh[™] when diffused
- Add 4–5 drops to Epsom salts and add to bathwater for a calming, relaxing bath
- Provides a peaceful aroma for yoga and meditation
- Diffuse for a peaceful and relaxing atmosphere at bedtime
- Includes the naturally occurring compound chamazulene, a constituent that gives the oil its blue color (*Blue Tansy*)
- Includes the naturally occurring compound limonene (*Tangerine*, *Orange*)
- Includes the naturally occurring compound patchoulol (Patchouli)

Product Description

Peace & Calming® is a beautifully scented blend of Ylang Ylang, Orange, Tangerine, Patchouli, and Blue Tansy. Together, these oils provide a soothing and relaxing atmosphere when diffused, added to a bath, or during meditation and yoga. When applied topically, Peace & Calming may improve the appearance of skin and is a perfect companion when paired with Young Living's Bath & Shower Gel Base to support clean, moisturized, healthy-looking glow.

Peace & Calming II™

Topical/Aromatic

Contains: Tangerine, Orange, Ylang Ylang, Patchouli, Northern Lights Black Spruce, Matricaria, Vetiver, Cistus, Bergamot, Cassia, Davana

- The gentle aroma of Peace & Calming IITM encourages relaxation
- Beautifies the appearance of skin when applied topically
- Can be diluted and applied topically to moisturize skin
- Creates a refreshing and relaxing atmosphere when diffused
- Includes the naturally occurring constituents germacrene D, linalol, alpha-pinene, and bisabolol

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Young Living founder D. Gary Young specially formulated Peace & Calming II[™] essential oil blend as his recommended option and alternate to Peace & Calming®. He handpicked this new formulation to stay true to the original constituent character of its predecessor and offer the same great experience. The gentle aroma of Peace & Calming II includes Tangerine, Orange, Ylang Ylang, Patchouli, German Chamomile, Vetiver, Cistus, Bergamot, Cassia, Davana, and Young Living's exclusive Northern Lights Black Spruce essential oils.

This proprietary blend creates a relaxing and pleasant aroma when diffused. Dilute and apply topically to moisturize and beautify the appearance of skin. Peace & Calming II includes the naturally occurring constituents germacrene D, linalol, alpha-pinene, and bisabolol. Along with Peace & Calming, you'll now have two unique and powerful options that can be used individually or together for a complementary experience!

Peppermint

Dietary Supplement

Primary Benefits

- Supports gastrointestinal system comfort*
- Promotes healthy bowel function*
- Enhances healthy gut function*
- Maintains efficiency of the digestive tract*
- Supports normal digestion*
- May support performance during exercise*
- A key ingredient in DiGize[™]

Product Description

Peppermint is a powerful essential oil that promotes and enhances healthy intestinal function, along with overall healthy G.I. system comfort. Peppermint is celebrated for maintaining the efficiency of the digestive tract and supporting normal digestion. It may also support your performance during exercise when ingested or added to water during physical activity.*

Progessence Plus[™]

Topical/Aromatic

Primary Benefits

- Progessence Plus[™] is a serum designed specifically for women
- Wild yam and vitamin E support healthy-looking skin
- Frankincense essential oil may help smooth the appearance of fine lines for a more youthful look
- Add to your daily skin care regimen to promote an attractive complexion and improve the overall appearance of your skin

Product Description

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Specifically for women, Progessence Plus[™] serum is formulated with a careful balance of wild yam extract and vitamin E to support healthy-looking skin, while pure Frankincense essential oil smooths the appearance of fine lines. Add it to your daily regimen for a more youthful look.

Pure Protein Complete™

Dietary Supplement

Primary Benefits

- Excellent source of protein
- Optimal 5-protein blend
- Protein boost
- Supports the body's protein needs
- Provides a full range of amino acids including: D-aspartic acid, threonine, L-serine, glutamic acid, glycine, alanine, valine, methionine, isoleucine, leucine, tyrosine, phenylalanine, lysine, histidine, arginine, proline, hydroxyproline, cystine, tryptophan, and cysteine
- Protein metabolism support
- elevATP, an ancient peat and apple extract, supports ATP production, the energy currency of the body
- Offers 25 grams of protein per serving
- No trans fat
- rBGH-free whey
- Soy free

Product Description

Offering a remarkable 25 grams per serving, Pure Protein Complete[™] combines five sources of protein--goat's milk, whey, egg white (albumin), pea, and hemp--for a delicious daily protein supplement that provides a full range of amino acids. Pure Protein is also formulated with elevATP, a unique ancient peat and apple extract that supports the production of ATP, the energy currency of the body. Available in two delicious flavors--Vanilla Spice and Chocolate Deluxe--Pure Protein Complete is high in protein and free from trans-fat, soy, and rBGH.*

Purification®

Topical/Aromatic

Contains: Citronella, Rosemary, Lemongrass, Melaleuca Alternifolia, Lavandin, Myrtle

Primary Benefits

 Add to V-6[™] Vegetable Oil Complex to complement a soothing and relaxing foot massage

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- Diffuse to freshen air and eliminate odors
- Includes the naturally occurring compounds cineol, neral, and geranial
- Put a few drops on cotton balls and place on vents in house, car, and closets to freshen the air
- Add to Young Living's Bath & Shower Gel Base or add 4 drops to a cup of Epsom salts for a soothing bath
- Add to distilled water in a small spray bottle and use when traveling to freshen air
- Add to product to moisturize skin and improve appearance for healthy looking skin
- Apply topically to enjoy the outdoors annoyance-free

Purification® essential oil blend helps freshen the air and eliminate odors with its unique combination of Citronella, Lemongrass, Lavandin, Rosemary, Tea Tree, and Myrtle essential oils and includes naturally occurring compounds cineol, neral, and geranial. Add Purification oil to Animal Scents® products to moisturize skin and improve the appearance of healthy-looking skin or apply topically to enjoy the outdoors annoyance-free.

Raven™

Topical/Aromatic

Contains: Ravintsara, Lemon, Wintergreen, Peppermint, Eucalyptus Radiata

Primary Benefits

- Diffuse or inhale directly for a refreshing aromatic experience
- Provides a comforting aroma when applied to neck and chest
- Features oils of Ravintsara, Lemon, Wintergreen, Peppermint, and Eucalyptus Radiata.
- Includes the naturally occurring constituents eucalyptol, menthol, and methyl salicylate

Product Description

Raven[™] combines Ravintsara, Lemon, Wintergreen, Peppermint, and Eucalyptus Radiata essential oils for a refreshing aromatic experience. Enjoy its comforting scent by applying it to neck and chest or by diffusing or inhaling its fresh aroma.

R.C.™

Topical/Aromatic

Contains: Eucalyptus Globulus, Myrtle, Marjoram, Pine, Eucalyptus Radiata, Eucalyptus Citriodora, Lavender, Cypress, Black Spruce, Peppermint

- Rub 3 drops on feet before bedtime
- Use in place of Aroma Siez[™] in the Raindrop Technique[®]
- Add to V-6[™] Vegetable Oil Complex to create a spa-like, soothing atmosphere with massage

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- Rub on feet or chest before exercising to create an uplifting and inspiring aroma
- Includes the naturally occurring compounds linalol acetate, linalol, camphene, and eucalyptol
- Diffuse to create a comforting aroma

R.C.™ essential oil blend is a unique combination of Cypress, Spruce, and three types of Eucalyptus (*E. globulus, E. radiata, and E. citriodora*) oils and includes the naturally occurring constituent limonene. Rub R.C. on your feet or chest before exercise to uplift and inspire or massage 3 drops on your feet before bedtime to encourage an atmosphere of comfort. R.C. can also be used in place of Aroma Siez™ in Young Living's Raindrop Technique®.

Rosemary

Dietary Supplement

Primary Benefits

- Helps support a healthy lifestyle regimen*
- Supports well-being*
- Provides a savory addition to many meats, marinades, side dishes, and dressings
- Includes the naturally occurring constituents eucalyptol and alpha-pinene
- An important ingredient in many products, including Thieves[®], En-R-Gee[™], JuvaFlex[®], Essentialzymes-4[™], and Inner Defense[®]

Product Description

Not only is Rosemary essential oil a great addition to savory recipes calling for the fresh or dried herb, but it can also support overall well-being. Rosemary is an important ingredient in Thieves®, En-R-Gee™, JuvaFlex®, Essentialzymes-4™, and Inner Defense®.

Sacred Frankincense

Topical/Aromatic

Primary Benefits

- Supports and maintains the appearance of healthy-looking skin
- Diffuse this grounding, uplifting, and inspiring aroma
- Apply oil to enhance meditation
- Includes the naturally occurring constituents alpha-pinene, limonene, and boswellic acid
- Important ingredient in Freedom Sleep™ and Freedom Release™ kits, Common Sense™, RutaVaLa™, Progessence Plus™, and Sheerlumé™.

Product Description

Sacred Frankincense is versatile for both topical and aromatic uses. Diffuse Sacred Frankincense to elevate meditation and other sacred moments or to enjoy an aroma that is grounding, inspiring, and uplifting. An important ingredient in Sheerlumé™, it is also perfect for applying to skin to maintain its healthy-looking, radiant appearance.

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Shutran™

Cosmetic:(Topical/Aromatic)

Contains: Idaho Blue Spruce, Ocotea, Ylang Ylang, Hinoki, Coriander, Davana, Lavender, Cedarwood, Lemon, Northern Lights Black Spruce

Product Benefits

- Shutran is an empowering aroma designed for men
- In addition to its unique formula, Shutran includes Idaho Blue Spruce essential oil, distilled from Idaho blue spruce trees grown on Young Living's farms
- Shutran is formulated with pure essential oils and without the synthetic ingredients found in many mainstream men's colognes
- Shutran's inspiring scent is appealing to both men and women
- Shutran's aroma promotes feelings of vitality, masculinity, confidence, and energy

Product Description

Including the fresh, woodsy aroma of Idaho Blue Spruce essential oil distilled from trees grown on Young Living's farms, Shutran's inspiring aroma makes it a great cologne that appeals to both men and women. Its scent inspires feelings of vitality, masculinity, confidence, and energy.

Spearmint

Dietary Supplement

Primary Benefits

- Blend with Peppermint essential oil for digestive system support*
- Includes naturally occurring carvone and limonene
- An important ingredient in many products, including Citrus Fresh[™], EndoFlex[™], GLF[™], NingXia Nitro[™], and Thyromin[™]

Product Description

Spearmint essential oil is fresh and minty, with a softer and sweeter flavor than Peppermint. When blended with Peppermint essential oil, it can provide digestive system support.* Spearmint is an important ingredient in many products, including Citrus FreshTM, EndoFlexTM, NingXia NitroTM, and ThyrominTM.

Stress Away™

Dietary Supplement

Contains: Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender

- Add 2–3 drops to glass of water to enhance flavor
- Promotes wellness
- May be an important part of a daily health regimen

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• Includes the naturally occurring constituents beta-caryophyllene, alpha-humulene, limonene, cedrol, and linalool

Product Description

With the sweet, pleasant flavors of Lime essential oil and Vanilla, Stress Away™ is a great addition to a glass of water to promote wellness and support your daily health regimen.

Stress Away[™] Roll-On

Topical/Aromatic

Contains: Copaiba, Lime, Cedarwood, Vanilla, Ocotea, Lavender

Primary Benefits

List of benefits coming soon

Product Description

Stress Away™ Essential Roll-On is the perfect on-the-go natural solution to combat stresses that creep into everyday life. This deliciously unique blend of essential oils makes relieving daily stress convenient and easy.

Sulfurzyme®

Dietary Supplement

Primary Benefits

- Supports joint health*
- Supports recovery time and acute inflammation associated with exercise*

Product Description

Sulfurzyme® combines powerful nutritional solutions like MSM, a naturally occurring organic form of dietary sulfur needed by our bodies to help maintain the normal structure of proteins, with pure wolfberry powder for a formula that supports joint health. Sulfurzyme is also an ideal workout supplement, as it can support a good recovery time and help maintain a healthy response to acute inflammation associated with exercise.*

Super B™

Dietary Supplement

Primary Benefits

- Supports normal cardiovascular health
- Supports energy levels
- Contains a combination of mood-supporting B vitamins
- Promotes healthy cognitive function

Product Description

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With a combination of powerful, mood-supporting B vitamins, Super B[™] can support normal cardiovascular health and energy levels, while promoting healthy cognitive function.

Tangerine

Dietary Supplement

Primary Benefits

- Supports a healthy lifestyle regimen*
- Includes naturally occurring limonene
- Offers a bright citrus flavor addition to foods and water
- An important ingredient in Citrus Fresh[™], Joy[™], Inner Child[™], NingXia Red[®], Slique®
 Essence[™], and Super C[™]

Product Description

Tangerine essential oil is loved for its bright, sweet citrus flavor, which makes it a perfect option for flavoring water and desserts. When used as a dietary supplement, Tangerine can help support a healthy lifestyle regimen. Find it in Citrus Fresh™, Peace & Calming®, NingXia Red®, Slique® Essence™, and Super C™.

Tarragon

Dietary Supplement

Primary Benefits

- Supports wellness*
- Includes the naturally occurring constituent estragole
- Use to enhance the flavor of savory recipes
- An important ingredient in DiGize[™], Allerzyme[®], ComforTone[®], Essentialzymes-4[™], and ICP[™]

Product Description

With a taste and aroma reminiscent of fresh tarragon, Tarragon essential oil is a great addition to savory foods; and its flavor pairs well with Lemon essential oil. Tarragon is an important ingredient in DiGize™, Allerzyme®, ComforTone®, and Essentialzymes-4™. Use it as a dietary supplement to support wellness.

Tea Tree

Topical/Aromatic

- Helps maintain healthy looking hair and scalp
- Reduces the appearance of blemishes
- Apply to feet and toenails when needed

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- Includes the naturally occurring constituents terpinene-4-ol, gamma terpinene and alpha-terpinene
- Included in Purification® and Melrose $^{\text{\tiny M}}$ essential oil blends, Animal Scents® and Rose ointments, and ClaraDerm $^{\text{\tiny M}}$.

With a fresh, crisp aroma, Tea Tree essential oil is an important oil in Purification® and Melrose™ essential oil blends, as well as Animal Scents® ointment, Rose ointment, and ClaraDerm™. When applied topically, Tea Tree can help maintain healthy-looking hair and scalp, reduce the appearance of blemishes, and can be applied to feet and toenails as needed.

Thieves®

Dietary Supplement

Contains: Clove, Lemon, Cinnamon Bark, Eucalyptus Radiata, Rosemary

Primary Benefits

- Thieves® essential oil blend contains Eucalyptus Radiata essential oil, which may help support a healthy respiratory system when taken as a dietary supplement* (Thieves, Eucalyptus Radiata)
- Add to food or beverages to enhance the flavor. A drop in hot drinks adds a spicy zing (Clove, Lemon, Cinnamon, Rosemary)
- Includes the naturally occurring constituent limonene (Lemon, Eucalyptus Radiata, Rosemary)
- Includes the naturally occurring constituent eugenol (Clove, Cinnamon)
- Includes the naturally occurring constituent eucalyptol (Eucalyptus Radiata, Rosemary)
- May contribute to overall wellness when taken as a dietary supplement*
- Supports healthy immune function*
- Includes Clove, which was traditionally used as a spice for flavoring food
- Add 1 drop Thieves to 2 drops Orange essential oil as a refreshing flavor to complement your favorite beverage
- Add 1 drop to a cup of warm water as part of a wellness regimen

Product Description

This powerful blend of Clove, Lemon, Cinnamon, Eucalyptus Radiata, and Rosemary essential oils may help support healthy immune function and contribute to overall wellness when taken as a dietary supplement. The Eucalyptus Radiata essential oil may help maintain a healthy respiratory system when taken as a dietary supplement. This blend delivers the naturally derived constituents limonene, eugenol, and eucalyptol and can be a great addition to food and drinks as a flavoring.*

Thieves® AromaBright™ Toothpaste

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Primary Benefits

- Harnesses the power of Thieves® essential oil blend for extra clean teeth and gums
- Gently removes stains with the help of natural abrasives
- Polishes and brightens the appearance of teeth for a sparkling smile
- Peppermint and Spearmint oils combine for a minty-fresh flavor and long-lasting fresh breath
- No fluoride, synthetic dyes, or preservatives

Product Description

Harnessing the power of Thieves® essential oil blend, Thieves AromaBright™ Toothpaste can help promote extra-clean teeth and gums. Free from fluoride, synthetic dyes, and preservatives, Thieves AromaBright Toothpaste is a great choice for the whole family for minty-fresh flavor and long-lasting fresh breath. With the help of natural abrasives, this top-selling toothpaste gently removes stains while polishing and brightening the appearance of teeth for a sparkling smile.

Thieves[®] Dentarome Plus[™]

Cosmetic

Primary Benefits

- Discover a new level of clean with baking soda plus the power of Thieves
- Naturally derived ingredients gently lift stains for vivid, brilliantly clean teeth
- Peppermint and Wintergreen oils combine for a refreshing flavor
- Contains no fluoride, synthetic dyes, or preservatives

Product Description

Discover a new level of clean with Thieves® Dentarome Plus™ Toothpaste. Naturally derived ingredients such as baking soda and Thieves essential oil blend gently lift stains for brilliantly clean teeth. The minty combination of Peppermint and Wintergreen essential oils add to the refreshing flavor. Free from fluoride, synthetic dyes, or preservatives, this toothpaste is an excellent choice for your family.

Thieves® Dentarome Ultra™

Cosmetic

Primary Benefits

- Provides a cool, stimulating flavor for ultra-fresh breath
- Gently removes stains to reveal a brighter, more radiant smile
- Includes Thieves® essential oil for extra cleaning power
- Naturally derived ingredients make this toothpaste a great alternative to commercial brands
- Contains no fluoride, synthetic dyes, or preservatives

Product Description

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Thieves® Dentarome Ultra™ Toothpaste engages the power of Thieves oil blend for a boost of added cleaning power, while the cool flavor of Peppermint essential oil provides ultra-fresh breath. Made from naturally derived ingredients and free from fluoride, synthetic dyes, and preservatives, Thieves Dentarome Ultra is a great alternative for removing stains to reveal a brighter, fresher, more radiant smile!

Thieves[™] Dish Soap

Cleaner

Primary Benefits

- Plant-based formula
- Leaves dishes sparkling clean
- Free from SLS, dyes, SLES, formaldehyde, phosphates, and synthetic perfumes
- Uses Thieves essential oil blend and Jade Lemon and Bergamot essential oils

Product Description

Plant-based and infused with Thieves, Jade Lemon, and Bergamot essential oils, Thieves[™] Dish Soap leaves dishes sparkling clean without SLS, dyes, SLES, formaldehyde, phosphates, or synthetic perfumes.

Thieves[™] Fruit & Veggie Spray

Cosmetic

Primary Benefits

- Small, convenient size makes it perfect to use when on the go
- Ideal for quickly cleaning small quantities of produce at home
- Cleans fruits and vegetables with the help of naturally derived ingredients
- Lime essential oil and Thieves essential oil blend do not affect taste

Product Description

Infused with Lime and Thieves® essential oils, Thieves™ Fruit & Veggie Spray is a small, convenient, on-the-go solution for quickly cleaning produce when a sink isn't nearby. Formulated with naturally derived ingredients, Thieves Fruit & Veggie Spray cleans small amounts of fruits and vegetables without affecting taste.

Thieves[™] Fruit & Veggie Soak

Cosmetic

- Cleans fruits and vegetables with the help of naturally derived ingredients, including Thieves[®], DiGize[™], and Purification[®] essential oil blends
- Great for conventional and organically grown produce
- Highly concentrated

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Infused with Lime, DiGize[™], Purification[®], and Thieves[®] essential oils, Thieves[™] Fruit & Veggie Soak is a highly concentrated cleaning solution for both organic and conventional produce. Formulated with naturally derived ingredients, Thieves Fruit & Veggie Soak cleans fruits and vegetables without affecting taste.

Thieves® Household Cleaner

Cleaner

Primary Benefits

- Offers exceptional cleaning with the power of Thieves® and Lemon essential oils
- Naturally derived, plant-based ingredients for a safer way to clean and purify your home
- Multipurpose solution for virtually any surface in your home or office
- Can be used on many surfaces, including fabrics, upholstery, carpet, floors, walls, dishes, and more

Product Description

Combining naturally derived, plant-based ingredients and Lemon essential oil, Thieves[®] Household Cleaner provides exceptional home cleaning and purifying power. This multipurpose solution can be used for virtually any surface in your home or office.

Thieves[™] Laundry Soap

Cosmetic

Primary Benefits

- Plant-based formula
- Gently and naturally washes clothes
- Cleans clothes without chemical or synthetic residue
- Free from SLS, dyes, petrochemicals, formaldehyde, phosphates, synthetic perfume, and optical brightening agents
- HE safe
- 6X ultra concentrated (64 loads)
- Natural enzymes
- Uses Thieves essential oil blend and Jade Lemon and Bergamot essential oils

Product Description

A plant-based formula infused with Thieves[®], Jade Lemon, and Bergamot essential oils, plus natural enzymes, Thieves[™] Laundry Soap is free from SLS, dyes, petrochemicals, formaldehyde, phosphates, synthetic perfume, and optical brightening agents. HE safe and concentrated to clean 64 loads of laundry per bottle, Thieves Laundry Soap is the perfect choice for gently and naturally cleaning your family's clothes without leaving chemical or synthetic residues.

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Thieves® Lozenges

Dietary Supplement

Primary Benefits

- Powered by Thieves® essential oil blend for extra strength and effectiveness
- Naturally derived ingredients are potent
- Contains no artificial flavors, dyes, or preservatives
- Has a refreshing lemon-mint flavor
- Perfect to carry in your car, purse, or backpack for use on the go

Product Description

Powered by Thieves® essential oil blend for extra strength and effectiveness and infused with Lemon and Peppermint essential oils, Thieves Lozenges provide a lasting, refreshing taste. The naturally derived ingredients—free from artificial flavors, dyes, or preservatives—are both powerful and effective. Take Thieves Lozenges with you for an essential oil-infused boost on the go!

Thieves[®] Fresh Essence Plus[™] Mouthwash

Cosmetic

Primary Benefits

- Powered by Thieves® essential oil blend for incredibly clean teeth and gums
- Cool, invigorating taste featuring Peppermint and Spearmint essential oils for longlasting fresh breath
- Contains naturally derived ingredients that leave your whole mouth feeling fresh
- No alcohol, synthetic dyes, or artificial flavors
- Valuable addition to complete your oral hygiene routine

Product Description

Thieves® Fresh Essence Plus™ Mouthwash is powered by Thieves essential oil blend for incredibly clean teeth and gums. Combined with naturally derived ingredients, Young Living's mouthwash is safe and effective without the use of alcohol, synthetic dyes, or artificial flavors. The cool, invigorating taste is enhanced by Peppermint and Spearmint essential oils to deliver long-lasting fresh breath, making our mouthwash a valuable addition to your oral hygiene routine.

Thyme

Dietary Supplement

- May support wellness*
- Use as a flavorful addition to savory dishes

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- Includes the naturally occurring constituents thymol, para-cymene, and gammaterpinene
- An important ingredient in Inner Defense[®], Longevity[™], ParaFree[™], and Rehemogen[™]

Like fresh or dried thyme, Thyme essential oil is a flavorful addition to savory dishes or to desserts that feature citrus flavors. When taken internally, Thyme may support wellness, making it an important ingredient in popular Young Living formulas like Inner Defense®, Longevity™, and ParaFree™.*

Thyromin™

Dietary Supplement

Primary Benefits

• Nutritionally supports healthy thyroid function

Product Description

Combining a cutting-edge blend of supportive ingredients and pure essential oils, Thyromin[™] can provide essential nutritional support for healthy thyroid function.

Valor[®]

Topical/Aromatic

Contains: Black Spruce, Blue Tansy, Frankincense, Rosewood, Coconut Oil

Primary Benefits

- Apply several drops to wrists, chest, base of neck, or bottoms of feet for an uplifting, empowering aromatic experience
- Add several drops to bath water for a calming aroma
- Inhale from the bottle or diffuse to create a refreshing aromatic environment
- Add 15–20 drops to V-6[™] Vegetable Oil Complex for a full-body massage
- This blend is essential to Young Living's signature Raindrop Technique®
- Apply at bedtime for a peaceful aroma
- Add to Young Living's Bath & Shower Gel Base for an uplifting aroma
- Valor® is one of Gary Young's favorite oil blends
- Valor is one of Young Living's top-selling oil blends

Product Description

Valor® essential oil blend is a top seller and one of Young Living Founder D. Gary Young's favorite blends. Apply to wrists, chest, base of neck, and bottoms of feet or add to Young Living® Bath & Shower Gel Base. You may also apply at bedtime or diffuse, inhale, or add 2–4 drops to bath water to enjoy its calming aroma. Valor can be an important blend in Young Living's signature Raindrop Technique®, and it is also a great addition to a full-body massage when 15–20 drops are added to V-6™ Vegetable Oil Complex.

^{*} These statements have not been evaluated by the Food and Drug Administration. Young Living products are not intended to diagnose, cure, treat, or prevent any disease.



Valor IITM

Topical/Aromatic

Contains: Ylang Ylang, Rosewood, Northern Light Black Spruce, Matricaria, Idaho Blue Spruce, Frankincense, Vetiver, Cistus, Bergamot, Cassia, Davana

Primary Benefits

- Calming and soothing aroma
- Apply topically to experience an uplifting fragrance
- Diffuse for an inspiring aroma
- Add 15–20 drops to V-6™ Vegetable Oil Complex and use for a relaxing foot massage
- Includes naturally occurring constituents of linalol, alpha-pinene, camphene, and limonene

Product Description

Young Living founder D. Gary Young specially formulated Valor II™ essential oil blend as his recommended option and alternate to Valor. He handpicked this new formula to stay true to the original constituent character of its predecessor and offer the same great experience. Valor II includes Young Living's exclusive Northern Lights Black Spruce and Idaho Blue Spruce essential oils, along with Ylang Ylang, Frankincense, Vetiver, Cistus, Bergamot, Cassia, German Chamomile, and other oils. Diffuse Valor II for an inspiring and calming aroma or apply topically to experience this uplifting fragrance.

Valor II includes the naturally occurring constituents linalol, alpha-pinene, camphene, and limonene. Along with Valor, you'll now have two unique and powerful options that can be used individually or together for a complementary experience!

Vetiver

Topical/Aromatic

Primary Benefits

- Has an earthy and grounding aroma
- Diffuse this calming and relaxing fragrance
- Includes the naturally occurring constituents isovalencenol, khusimol, and beta-vetivone
- Included in ART® Creme Masque, Melaleuca-Geranium Moisturizing Soap, Inspiration™, Lady Sclareol™, and SleepEssence™

Product Description

Vetiver's earthy and grounding aroma make it an important part of signature Young Living formulas like ART® creme masque, Inspiration™, Lady Sclareol™, and SleepEssence™. Diffuse this unique essential oil for a calming and relaxing fragrance throughout the home.

Wintergreen

Topical/Aromatic

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Primary Benefits

- Wintergreen has a refreshing, minty, sweet aroma
- Great addition to lotions and ointments that are applied after activity
- Includes the naturally occurring constituent methyl salicylate
- An important ingredient in Deep Relief[™] Roll-On, Ortho Ease[®] Massage Oil, Ortho Sport[®] Massage Oil, PanAway®, and BLM[™]

Product Description

Providing a distinctively refreshing, minty aroma to Deep Relief™ Roll-On and PanAway®, Wintergreen essential oil's scent is stimulating and invigorating. Wintergreen is a perfect addition to any lotion, massage oil, or ointment that is used after activity.

Ylang Ylang

Topical/Aromatic

Primary Benefits

- Has a rich, sweet, floral scent
- Diffuse this oil for a calming, relaxing, and soothing aroma
- Massage into scalp to increase the appearance of healthy, shiny hair
- Found in many Young Living skin and hair care products and other products, including Awaken[™], Believe[™], Clarity[™], Dragon Time[™], and Forgiveness[™]

Product Description

With its sweet floral aroma, Ylang Ylang essential oil is perfect for diffusing to enjoy its romantic and relaxing aroma. Ylang Ylang is an important addition in many of our signature essential oil blends, including Awaken™, Clarity™, and Forgiveness™, as well as several skin and hair care products.

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