



THE NEXT CHAPTER

Stories That Heal
Futures That Grow

9 October

9:30 - 13:30

Women's Pavilion
Expo City Dubai

EVENT AGENDA

9.30AM - 10.00AM

REGISTRATION AND REFRESHMENTS

9.30AM - 1.00PM

WOMEN'S HEALTH LOUNGE

An interactive space with doctors and clinicians across specialties, offering expert insights and guidance on women's health and wellbeing led by NMC Royal Hospital DIP

10.00AM - 10.15AM

WELCOME AND KEYNOTE



Maha Gorton
Head - Women's Pavilion,
Expo City Dubai



Dr. Afaf Sahraoui
Consultant Breast, Thyroid
& Parathyroid Surgeon at
NMC Royal Hospital DIP

10.15AM - 10.45AM

FIRESIDE CHAT: REAL-LIFE NARRATIVES ON LIFE AFTER BREAST CANCER

In an intimate, Majlis conversation, survivors reflect on the personal, professional, and emotional transitions that often follow recovery, spotlighting the lived experiences they have faced navigating life beyond treatment.



Mary Patten
Senior Property Advisor,
Blackbrick



Jennifer Croes
Director | Conservation
Scientist



MODERATOR

Dina Butti
TV Presenter

11.00AM - 12.40PM

CRUNCHMOMS IMPACT HOUR

An interactive session offering practical and empowering **mentorship and advice** with tools that support all women at every stage of life - from recovery to motherhood, leadership, and beyond.

Stress Management, Burnout & Tools for Recovery

MENTORS



Sandy Zanella
Lifestyle Medicine Physician,
Holistic Women's Health Coach



Tanya Dharamshi
Counsellor, Community Support
Services & Raymee Grief Center
Lead

Holistic Wellness & Nutrition

MENTORS



Ruhil Badiani
Family Physician



Hadil T. Alkhatib
Certified Nutrition & Gut Health Coach

Mindset & New Identity

MENTORS



Sheliza Din
Transformational Life
& Business Coach



Maureen Bannerman
Co-founder Menopause Hub

Financial Planning & Personal Finance

MENTORS



Scheherazade Hasan
Wealth Coach, Financial Advisor



Kalyani Seth Soni
Financial Coach



Sarah Lombardi
Wealth Planner, Continental
International Group

Return to Work, Career & Purpose

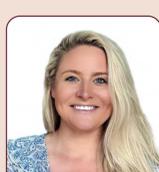
MENTOR



Ashley Boots
Leadership Coach

Career Confidence - Interview & CV Advice

MENTOR



Danielle Blizzard
Executive Advisor
& Career Coach

12.40PM - 12.45PM

CLOSING REMARKS



Julie Nguyen
Co-founder, Crunchmoms

12.45PM - 01.30PM

NETWORKING