



THE
CHURCH



PETER & PAUL

J A N U A R Y 2 0 1 9



EVERY MONDAY AND WEDNESDAY

Pilates ~ 10am

With Julie Schexnayder.

All ages and skill levels are welcome.

Mats provided, donation-based.

EVERY TUESDAY & THURSDAY

Yoga ~ 12pm

A free, funky, and focused Vinyasa flow with

Felice Graham. Mats provided,

donation-based.

EVERY SUNDAY

Yoga ~ 9am & 6pm

With Jill Tatarski (9am) and Felice Graham

(6pm). Mats provided,

donation-based.

SATURDAY, JANUARY 27th

Femme Contact Jam

11am - 1pm

Hosted by Lauren Hind and Natalie Cohen,

a jam for self-identifying femmes

to participate in and explore dance within

the container of a shared identity. Contact

Improvisation is a movement form where

movers communicate and interact

in relation to each other, with and without

physical touch. No experience necessary,

come as you are. \$5 suggested donation.

