



THE  
CHURCH



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EVERY MONDAY & WEDNESDAY

**Pilates ~ 10am**

With Julie Schexnayder.  
All ages and skill levels are welcome.  
Mats provided, donation-based.

SUNDAYS at 6PM

**Felice Flow**

A free, funky, and focused Vinyasa flow yoga class with Felice Graham. Mats provided, donation-based.

EVERY SATURDAY & SUNDAY

**Holy Yoga ~ 9am**

With Tyler St. Jean (Saturday) and Jill Tatarski (Sunday). Mats provided, donation-based.

VALENTINE'S DAY

**Valentine's Day Sale  
with Pistil & Stamen and  
Pottery by Oso  
2pm - 7pm**

A sale for lovers - bring your beau.

MARDI GRAS

**Neighborhood Parades**

A quick guide to Marigny and Quarter parades. Keep in mind, these parades pass a few blocks away - there's plenty of celebration and bigger floats on St. Charles but we're partial to this side of town during Carnival season mostly due to their ram-bunctious followings, DIY-craftsmanship, and into the evening shenanigans that fill our narrow streets with joy and laughter.

FEBRUARY 9th  
Krewe of Chewbacchus

FEBRUARY 15th  
Krewe Bohème

FEBRUARY 16th  
Krewe du Vieux  
krewedelusion

FEBRUARY 17th  
'tit Rəx

FEBRUARY 22nd  
Krewe of Cork

FEBRUARY 24th  
Krewe of Barkus

