



THE
CHURCH



M A R C H 2 0 1 9



EVERY MONDAY & WEDNESDAY

Pilates ~ 10am

With Julie Schexnayder.

All ages and skill levels are welcome.

Mats provided, donation-based.

SUNDAYS at 6PM

Felice Flow

A free, funky, and focused Vinyasa flow yoga class with Felice Graham. Mats provided, donation-based.

EVERY SATURDAY & SUNDAY

Holy Yoga ~ 9am

With Tyler St. Jean (Saturday) and Jill Tatarski (Sunday). Mats provided, donation-based.

EVERY THURSDAY

Flower Share

with Pistil & Stamen

Our lovely purveyors of all things floral are hosting a monthly flower share in our reception area this month & next. Sign up for their weekly share by visiting their [website](#) and pick up a fresh bouquet, starting at 4pm on Thursdays until 9pm on Sunday evening.

MARCH 10th

Queer Contact Jam

11am ~ 1pm

Ryuta Iwishita invites you to embody queerness through movement and touch in a Contact Improv jam where movers can enter and leave at any time for their free exploration of movement. For self-identifying queer and LGBT participants, suggested donation \$5 - \$15.

MARCH 19th

St. Joseph's Day Altar

11am ~ 9pm

MILAGROS Collective creates a traditional St. Joseph's Altar - a tradition started by Sicilian immigrants in New Orleans hundreds of years ago - available to view by you & yours in the church from 11am - 9pm with cookies and blessed beans til' they run out, plus piano playin' by Danny Clifton from 7pm - 9pm.

MARCH 24th

[antidote] by amina desselle

Trunk Show & Crystal Release

Swing by as the sun sets to peruse the newest offerings from [antidote], a botanical wellness and crystal healing line by Amina Desselle. This event will feature a fresh collection of beautiful, one-of-a-kind crystal specimens paired with herb-infused oils for meditative practice and personal healing. Come vibe with us from 3pm - 8pm in Room 301 in the School House to embrace your peace and find the crystal for you!

