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CIRCULAR

03-04-2024

Dear Parents,

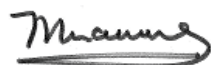
We are excited to announce the commencement of our Indoor and Outdoor sports activities. Sports Activities teach students ethics, values, discipline and a sense of mutual trust. Hence it is mandatory for all students to participate in the competitions. Only medically unfit students will be exempted from the outdoor competitions. Parents of such students are requested to inform the class teachers through the student's diary and produce a medical certificate.

Schedule for Group A to Group G: Track and Field activities only, in October 2024**Schedule of Games for Group H to Super Senior students****Outdoor:** Basketball, Football, Volleyball**Indoor:** Chess, Carroms, Scrabble, Table Tennis, Badminton**Dates:** 23rd April 2024 to 2nd May 2024**Dates:** 19th May 2024 to 25th May 2024**Track and Field Events**

Group A	Born on or after 1-01-2020	1) 25 mts Race 3) Bursting the Balloon	2) Quick Action
Group B	Born between 01-01-2019 and 31-12-2019	1) 50 mts Race 3) Quick Action	2) Balance Walk
Group C	Born between 01-01-2018 and 31-12-2018	1) 50 mts Race 3) Running through the Hoops	2) Frog Race
Group D	Born between 01-01-2017 and 31-12-2017	1) 75 mts Race 3) Cricket Ball Throw	2) One Legged Race
Group E	Born between 01-01-2016 and 31-12-2016	1) 75 mts Race 3) Ring Race	2) Cricket Ball Throw
Group F	Born between 01-01-2015 and 31-12-2015	1) 100 mts Race 3) 4x100 mts Relay	2) Soft ball Throw 4) Standing Broad Jump
Group G	Born between 01-01-2014 and 31-12-2014	1) 100 mts Race 3) Soft Ball Throw	2) Standing Broad Jump 4) 4x100 mts Relay
Group H	Born between 01-01-2013 and 31-12-2013	1) 100 mts Race 3) 200 mts Race	2) Long Jump
Sub Juniors	Born between 01-01-2012 and 31-12-2012	1) 100 mts Race 3) 4x100 mts Relay	2) Long Jump
Juniors	Born between 01-01-2011 and 31-12-2011	1) 100 mts Race 3) 800 mts Race 5) 4x100 mts Relay	2) 200 mts Race 4) Long jump 6) Shot Put
Seniors	Born between 01-08-2009 and 31-12-2010	1) 100 mts Race 3) 1500 mts Race 5) Long Jump	2) 400 mts Race 4) 4x100 mts Relay 6) Shot Put
Super Senior	Born on or before 31-07- 2009	1) 100 mts Race 3) 1500 mts Race 5) Long Jump	2) 400 mts Race 4) 4x100 mts Relay 6) Shot Put

Note:

1. Track and Field Events selection will be conducted during regular P.E. periods.
2. Students of Group F and G may participate in any 3 events. Students of Group H to Super Senior may participate in 3 track and field events, besides relay, and of these, 1 should be track, 1 throw and 1 jump.
3. **Indoor games for Group H to Super Seniors:** Students may participate in any 2 of the indoor games, one being Table Tennis or Badminton and the other being Chess, Carroms or Scrabble.
4. Any event with less than 5 participants will be cancelled. If any student attempts to participate in the wrong age group, he/she will be disqualified from all events pertaining to his/ her age group.

Decisions of the referee will be final for all games and sports.**Principal**