## Enhancing Longevity: Harnessing Counseling Centers for Effective Support and Care

Join us for a compelling workshop highlighting the pivotal role of counselling centres, such as The Red Sea Counselling and Member Care Centre, in enhancing the resilience and longevity of cross-cultural workers. This session addresses the critical need for agencies to offer preventive care services for workers' vulnerabilities before they escalate into issues requiring premature departure. Discover how counselling centres provide essential resources to equip personnel for thriving in challenging environments, ensuring sustained commitment and ministry impact. Responding to results of the Royal Commission on Institutional Child Sexual Abuse, counselling centre staff help meet supervisory expectations by fostering objective member care relationships with your personnel, building resilience and optimizing staff effectiveness.

## **GREG & SHIRLEY CARLSON**

**Greg Carlson -** BA(SW), MDiv - is team leader and coach at The Red Sea Counselling and Member Care Centre, bringing over three decades of mission experience spanning Mexico City to Montevideo, Moscow to Melbourne. As a certified life coach and International Coaching Federation member, Greg specializes in member care coaching and facilitating sex addiction recovery, emphasizing emotional maturity and spiritual responsibility.

**Shirley Carlson -** BA(Th), MDiv, RN and midwife, ordained minister - directs communication and prayer initiatives at The Red Sea Centre. With expertise in holistic care and prayer ministry certified by Deeper Walk International, Shirley enhances their ministry's impact, continuing a legacy of compassionate service since 1989.

