Audit Sheet: Health & Practicalities

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| **Date:** | **Time:** | **Duration:** | **Presenter:** | **Auditor:** |

**Session Aim:**
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**Competencies covered?**

 **10.1 Identify the basics of living a healthy lifestyle, including the importance of good nutrition, exercise, emotional and spiritual health.**

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**10.2 Identify immunizations and other health issues to follow up before you go.**

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**10.3 Discuss the differences in general safety standards within the host culture and how these differences may potentially impact you.**

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**Powerpoint Used? Y/N**

**Content from manual covered?**

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**Changes made? Was there a reason for the change, to the auditor’s knowledge?**

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**In the auditor’s opinion, did the session achieve its aim?**

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**What went well?**

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**What could have gone better?**

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**Suggestions from the auditor:**

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**Final comments:**

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