## The aim of mist is…..

To stimulate participants to think and learn more about the challenges of living and working in a cross cultural situation in preparation for short term placements.

## MIST Objectives/Learning Outcomes

**Through engaging in MIST, participants will be able to:**

1. **Spiritual** 
   1. Identify the biblical basis of mission
   2. Identify the biblical basis of authority and submission and how they are applicable in short term cross-cultural engagement
   3. Identify strategies to maintain spiritual health and vitality while living and working in another culture
   4. Develop a spiritual growth plan for their time of service in another culture
   5. Develop insight into spiritual warfare through a biblical framework
   6. Be able to share their personal testimony and explain the basis of their Christian faith
   7. Develop skills to communicate a Bible story clearly and competently
2. **Knowing Self**
   1. Develop insight into their own personality and how culture impacts/shapes this
   2. Develop insight into stress responses when living in a cross-cultural situation
   3. Reflect on how the personalities and cultures of others impact on their own experience
3. **Expectations**
   1. Identify the purpose of short term cross-cultural engagement
   2. Examine their expectations of short term cross-cultural engagement and develop realistic goals and expectations for their time of service
4. **Cross cultural** 
   1. Define culture shock and identify its main “symptoms”
   2. Identify potential stressors in cross-cultural situations
   3. Develop strategies for successful cross-cultural adjustment
   4. Develop an awareness of cross-cultural communication pit falls
   5. Develop an awareness of personal and national cultural characteristics that impact a cross-cultural interaction
5. **Handling conflict**
   1. Identify healthy and unhealthy strategies for managing conflict
6. **Relating in a team**
   1. Develop an awareness of issues around working together with people from other cultures, including those from other agencies and church backgrounds
   2. Demonstrate a service posture to build community
7. **Language**
   1. Identify the importance of learning language to facilitate building good relationships in location
   2. Identify realistic and effective strategies for language acquisition on location
8. **Poverty and development issues**
   1. Develop strategies for engaging with poverty and/or demand-sharing in the 4th world on location
   2. Describe the basics of development theory and its impact on missions
9. **Health and well being**
   1. Identify basics strategies to maintain a healthy lifestyle
   2. Identify immunizations and other health issues that occur before learning for service
   3. Explore the impact of differing safety standards within the host culture
10. **Packing and other practicalities**
    1. Develop plans to arrange permits, passports, visa, ticket, immunizations and health insurance
    2. Develop plans to make financial arrangements
    3. Develop plans to arrange personal needs such as medical supplies
    4. Develop realistic expectations for communication to friends and family
11. **Re-entry**
    1. Develop an awareness of aspects of re-entry