

MIST Facilitator Self-reflection

The ultimate aim of self reflection is to ensure that you are equipped and confident in your role as a Presenter for the MIST course. This sheet is a tool to help you—you may use as much or as little as you choose.

PART A: Personal reflections on your sessions: e.g. What were your impressions on the session/s you delivered? Did you achieve your aims? How did the participants respond? etc . [*If you find it difficult to articulate your thoughts, use the alternate PART A (Guided Self Reflection) and then complete Part B*]

Alternate PART A: Guided Self-reflection

Use this series of questions to stimulate your thoughts. You may use as much of it as you choose.

Goal of MIST: To stimulate participants to think and learn more about the challenges of living and working in a cross-cultural situation in preparation for short term placement.

Name of Session you Delivered:

Goals of that Session: (select from the MIST learning outcomes)

Read the following statements and tick the appropriate box using a 1-5 scale rating.

1. Strongly agree / I am confident that this is working well
2. Generally agree / I am generally happy with this, though there is some room for improvement

PREPARATION AND CONTENT	1	2	3	4	5
I understood clearly the content and goals of the MIST Facilitator's Manual for this session					
I was able to plan my session in the light of both the Manual and the local situation					
The content and activities challenged and extended participant's assumptions, understandings and encouraged self-reflection					
All the required AV resources and artefacts were relevant, complete and available					
I knew the content well enough to adjust according to the needs/interests of the participants					
Follow up resources were available or sourced to encourage future learning					
The activities were planned to cater for a range of learning preferences and competencies					
Content and activities created the opportunity to develop a greater empathy towards others					

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Guided Self reflection Continued					
ADULT LEARNING PRINCIPLES	1	2	3	4	5
The intended outcomes were clearly specified for participants and their relevance to the topic highlighted					
I made use of the prior knowledge and experience of the participants					
I established a collegial atmosphere of mutual respect where active participation was encouraged and valued					
There was opportunity for the participants to engage in independent learning through choice, discussion, reflection time etc					
There were opportunities to learn from each other and to develop/practise skills needed for collaboration					
Participants were encouraged to put their learning, their empathy and their faith into action					
DELIVERY					
I was able to manage the content and the activities so that the events flowed smoothly and the time was well used					
My delivery was fluent, audible and took into account the needs of any Non English Background participants					
I was able to present information in an enthusiastic and engaging manner					
SELF AS A ROLE MODEL					
All of my interactions demonstrated the Fruits of the Spirit					
I provided encouragement and gave examples to demonstrate how God can overcome adversity and how failures can be seen as opportunities for growth					
Both within content covered and through my relationships with participants, I demonstrated inclusivity and sensitivity to the cultural, age, gender and denominational differences					
I demonstrated the ability to be flexible and to cope with unexpected changes					
I revealed appropriate parts of my own faith journey and cross cultural experience including weaknesses					

PART B: After completing the Personal or Guided reflection

- What encouraging things did you notice about your performance?

- In which areas—if any—do you want/need to improve?

- What strategies will you use to improve your performance in one (or more) of these areas? (If you need help to work out strategies talk with your MIST coordinator.)