



12 Fun Fall Activities

for Caregivers & Their Loved Ones

Decorate your home



- Make a scarecrow
- Paint pumpkins

Attend a local fall festival



- Corn mazes
- Hayrides

Prepare for trick-or-treaters



- Pick a costume
- Decorate outside
- Buy some candy!

Host a family movie night



- Halloweentown
- Hocus Pocus

Get outside and enjoy the fall foliage



- Walk
- Drive
- Bring a camera!

Go apple picking, visit a pumpkin patch



Enjoy a cozy beverage



- Decaf coffee
- Herbal tea
- Apple cider

Try a new recipe!



- Soups and stews
- Pie

Cheer on your favorite football team



- Wear your team's gear
- Grab some snacks

Start drafting holiday greeting cards



Create a fall bucket list



Do a puzzle or play a game

