

# moods.

coffee & brunch

## SPORTCITY.

— CORNELIS SCHUYT —



**ESPRESSO** | 2.40  
**DOUBLE ESPRESSO** | 3.40

*A thick and creamy beverage brewed with one/two shots of our own coffee blend.*



**ESPRESSO MACCHIATO** | 3.20  
**DOUBLE MACCHIATO** | 4.20

*One or two shots of espresso with a layer of foamed milk.*



**ESPRESSO CORTADO** | 3.20  
**DOUBLE CORTADO** | 4.20

*A thick and creamy espresso mixed with a roughly equal amount of steamed milk.*



**AMERICANO** | 2.40

*A watered down double shot of espresso with a flavor of brewed coffee.*



**CAPPUCCINO** | 3.20  
**DOUBLE SHOT CAPPUCCINO** | 4.20

*One or two shots of espresso with steamed milk, slathered with a frothy, dry foam.*



**FLAT WHITE** | 4.00

*Steamed milk poured over two shots of espresso, topped with microfoam.*



**LATTE MACCHIATO** | 4.00

*Two shots of espresso mixed with steamed milk and topped with foam.*



**CAFFÈ LATTE** | 3.40  
**DOUBLE SHOT CAFFÈ LATTE** | 4.40

*One or two shots of espresso mixed with steamed milk, without foam.*



**CHAI LATTE** | 4.00

*A gourmet aromatic beverage made with Molina Chai and frothed milk.*



**TURMERIC LATTE** | 4.00

*A gourmet aromatic beverage made with Molina Turmeric and frothed milk.*



**MATCHA LATTE** | 4.00

*A creamy latte drink made with matcha powder.*



**RED VELVET LATTE** | 4.00

*A decadent mocha latte with vanilla, raw cocoa and biological beet juice.*

## TEA

### INFUSIONS

**FRESH LEMON & GINGER** | 3.20  
**FRESH MOROCCAN MINT** | 3.20

### LOOSE LEAF

**EARL GREY** | 3.20  
**GREEN TEA & FRUITS** | 3.20  
**ROOIBOS** | 3.20



## SMOOTHIES

**MANGO PEACH** | 6.00  
*mango, peach, banana*

**EVERY BERRY** | 6.00  
*forest fruits, orange, banana*

**GREEN APPLE & GINGER** | 6.00  
*orange, baby spinach, ginger, banana, lime*

**MANGO AVOCADO** | 6.00  
*mango, avocado, banana, mint, oat milk*



## PROTEIN SHAKES

**VANILLA BERRY** | 6.00  
*forest fruits, oat milk, banana, protein*

**MINT CHOCOLATE** | 6.00  
*raw cocoa, avocado, oat milk, banana, protein, fresh mint*

## JUICES

**FRESH ORANGE JUICE** | 5.00  
*add ginger to it for 1.00 euro extra!*

**FRESH GRAPEFRUIT JUICE** | 5.00  
*add ginger to it for 1.00 euro extra!*

**GINGER OR TURMERIC SHOT** | 3.00

**GINGER OR MINT KOMBUCHA** | 3.00

**SCHULP APPLE JUICE** | 3.00

**FRITZ KOLA** | 3.00



MILK ALTERNATIVES: **OAT** (Oatly) | **COCONUT** (Alpro) | 0.50



## PASTRIES & CAKES

**CROISSANT** | 2.50

**CHEESE CROISSANT** | 3.00

**CHEESE & AVOCADO CROISSANT** | 5.00

**BANANA BREAD** | 3.50

**CHOCOLATE LAVA CAKE** | 4.00

**PROTEIN BARS** | 3.50

*\*check availability at the counter.*



## BREAKFAST BOWLS

**AÇAÍ BOWL** | 8.50

*a thick açai smoothie topped with sliced banana, fresh forrest fruits, coconut flakes and granola.*

**GRANOLA BOWL** | 8.50

*greek yoghurt, granola, banana, blueberries, strawberries, passion fruit, mixed seeds and honey.*

**COCONUT BOWL** | 8.50

*coconut yoghurt, granola, banana, blueberries, strawberries, passion fruit, coconut flakes, mixed seeds and honey.*

**SUNRISE BOWL** | 8.50

*a sweet thick mango smoothie, fresh forrest fruits, pineapple, coconut flakes and seeds.*



## SPECIALS

**THE MOODS TOAST** | 7.50

*a rich grilled cheese sandwich made with smoked chicken fillet, beemster cheese, pesto spread, baby spinach leaves and whole grain bread.*

**THE MOODS SALAD** | 9.00

*bowl of salad made with baby spinach, mozzarella, cherry tomatoes, avocado, parma cheese, basil leaves, mixed seeds, pine nuts, served with balsamic vinegar and whole-grain toast.*



## SANDWICHES

**POACHED EGG & AVOCADO TOAST** | 9.50

*smashed spiced avocado, two runny poached eggs, mini tomatoes, microgreen salad, mixed seeds and chili flakes, served on whole-grain toast.*

*💡 add smoked salmon for 3.50*

**AVOCADO CAPRESE TOAST** | 9.50

*smashed spiced avocado, mozzarella, cherry tomatoes, fresh basil leaves, olive oil and balsamico on whole-grain toast.*

**CREAM CHEESE & SALMON** | 9.50

*sliced avocado, cream cheese, smoked salmon, capers and chives on whole-grain toast.*

**PROSCIUTTO & PESTO** | 9.50

*pesto spread, prosciutto, sundried tomatoes, parma cheese, and pine nuts on whole-grain toast.*



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Lindengracht 249 • [www.themoods.eu](http://www.themoods.eu)

**ALLERGIES?** Please make sure to inform our staff about your condition.