

ZIMMER BIOMET

Outpatient Surgery Solutions

Zimmer Biomet is your trusted partner for the implementation of fast-track concepts in musculoskeletal care - **the perfect partnership to address the key challenges of the changing healthcare landscape**

Our outpatient surgery solutions address key challenges throughout the pre, peri and postoperative stages of the episode of care to help you:

Improve Patient Outcomes:

Using the latest evidence based and standardized pain protocols with over 20 years of experience implementing our evidence based **Rapid Recovery®** program, your patients can **have decreased pain, shorter recovery period, and a faster rehabilitation and return to daily activities.¹**

Increase Patient Satisfaction:

Patients find relief and satisfaction being able to **recover in the comfort of their own homes²**, now supported by remote patient education & rehabilitation tools such as **mymobility® with Apple Watch®**.

Drive Efficiency Gains:

Streamlined & standardized patient pathways and operating workflows help you to optimize your practice, Operating Room capacity and productivity **to target reduced costs throughout the episode of care³**.

Turn-over to see how our outpatient surgery solutions can support you throughout the patient pathway.

References:

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10. Den Hertog A et al. Pathway-controlled fast-track rehabilitation after total knee arthroplasty: a randomized prospective clinical study evaluating the recovery pattern, drug consumption, and length of stay. Arch Orthop Trauma Surg 2012;132:1153–1163.
11. K. Akhtar et al. Optimization of the patient undergoing Total Knee Arthroplasty, The Rapid Recovery Programme. JCRMM2010: 1:(2). Dec 2010.



DAY -45



mymobility with Apple Watch

is a digital care management system that uses iPhone® and Apple Watch to help surgeons to deliver a connected experience to guide, support and educate patients remotely ahead of surgery.*

*mymobility is also compatible with certain Android devices

Rapid Recovery

is an evidence-based, comprehensive program, which combines fast-track surgery with process optimization and patient engagement to help achieve the best possible care for your orthopaedic and trauma patients, through multidisciplinary collaboration and clearly defined standards.

DAY -15



PRE-OPERATIVE

SURGERY



DAY -14

PERI-OPERATIVE

POST-OPERATIVE

Operating Room Efficiency Program

is a consultancy service that optimizes operating room efficiency by performing a root cause analysis and using Lean Six Sigma methodology to implement possible solutions and streamline workflows. The Zimmer Biomet OREP consultants guide customers to improve Operating Room efficiency, create a culture of continuous improvement and a cultural mindset towards efficiency.

DAY -30



Rapid Recovery

helps hospitals to deliver improved financial performance by reducing duration of post-operative hospital stay and period of rehabilitation.^{3, 10, 11}

Oxford® and Persona® Partial Knee Systems and Avenir Complete® with G7® through an Anterior Approach offer multiple clinical benefits complementary to surgery performed in an outpatient setting including:

- Faster recovery^{4,5}
- Lower opioid use^{6,7}
- Less post-op pain^{5,8}
- Shorter length-of-stay^{7,9}
- Lower re-admission and post-op complication rates^{5,7,9}

OrthoIntel Orthopedic Intelligence Platform

connects the pre-, intra- and post-operative data gathered through the mymobility application and ROSA Knee to help uncover new clinical insights throughout the episode of care. These insights are intended to help surgeons and care teams make informed decisions and optimize care.

DAY -60



mymobility with Apple Watch

delivers continuous data and patient-reported feedback to surgeons in order to facilitate care, outcomes and satisfaction. mymobility helps care teams deliver remote rehabilitation support and guidance to their patients through a connected experience while the app collects and monitors objective data about their patients' recovery.

Contact your local **Zimmer Biomet** representative for more information.

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