



Transform

the patient experience.

mymobility[®] with Apple Watch[®]

by  ZIMMER BIOMET



Personalized Support

mymobility® with Apple Watch® is a care management system to help you and your care team to deliver pre- and postoperative experiences to qualified patients. To use mymobility, patients must have a compatible iPhone® or Android™ Smartphone.

- Procedure-specific protocols are delivered directly to patients, and reminder notifications help to keep them on track
- Encrypted messaging allows surgeons and care teams to easily connect with patients throughout pre- and postoperative activities
- Timely, easy to follow education available in-app reduces the traditional overload of paper process





Your data. Your guidance. Your outcome.
mymobility[®]

Zimmer Biomet and Apple have teamed up to set a new standard in digital health. This digital platform uses iPhone and Apple Watch to create a new, first-of-its-kind, level of connection between patients and their surgeons, delivering continuous data and patient-reported feedback to facilitate care, outcomes, and satisfaction.



Consistently Manage the Episode of Care

mymobility is designed to keep patients engaged in their surgical journey, allowing patients to better understand their condition and take an active role in optimizing their surgical experience.

- Procedure-specific protocols
- Timely education
- Pre- and post-op video guided exercise tutorials
- To-do list and reminder notifications
- Encrypted in-app messaging
- Proactive education and exercise delivery starting 365 days prior and 365 days post surgery.



Collect and Monitor Objective Data

- Platform for patient management and passive data collection through Apple Watch or via a smart phone
- Provides clinical and operational insights to support the patient's surgical preparation and recovery
- Tracks patient progress through remote monitoring, 365 prior and 365 days post PROMs collection, engagement, and adherence



Support Patient Satisfaction

- mymobility introduces an additional layer of connectivity with the ability to support patients outside the surgical event through consistent care processes and direct messaging
- Surgeons and care teams are able to identify patients that require additional instructions while also providing encouragement
- Minimizes in-person touch points through video-guided exercises and video, text and picture messaging



Differentiates Surgical Practice

- Builds brand equity through use of latest technology to assess patient outcomes and satisfaction
- Enhanced communication aims to maximize patient participation and support their recovery process
- Supports patients outside of the surgical event to help reduce variability of care and minimize unnecessary office visits.**



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* Update to Patients are required to have a supported iPhone or Android device to use the mymobility app.

** mymobility is currently being evaluated for these outcomes in a clinical study.

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