



# WELCOME TO THE JOB PATH COACHING

Job Path Coaching is designed for Helsinki-based job-seekers. **Its focus is to enhance your job seeking skills and to help you take your next career step.** It consists both of group training and one-to-one coaching. Our Spring House Team is at your service!

Our training facilities are located in Kamppi, centre of Helsinki, street address Ruoholahdenkatu 14. The training may also be carried out on-line. The group session part lasts about 5-10 days, group meetings being held from 9.00 am to 3.00 pm from Monday to Friday. After the group session part, the service continues with one-to-one coaching meetings with your personal coach, sessions taking place upon your need and career plans within 2 months.

## The Job Path Coaching focuses on the following themes:

- ▶ How to market your skills and what kinds of jobs to apply for
- ▶ Up-to-date CV and a job application template
- ▶ Job-search channels and online application processes, and
- ▶ How to succeed in a job interview



If interested, please fill in the application form below or contact your local TE Office via the e-service portal: <https://link.webpolsurveys.com/S/0AFB12A404EB9640>

**For further information** on the training itself (not application), you can contact Spring House office: [info@springhouse.fi](mailto:info@springhouse.fi) or tel. **09 726 2800**.