

Drugs: Shattering the Myths eLearning Kit© Drugs, the Brain, and Behavior WebQuest Worksheet Page 1

## Drugs, the Brain, and Behavior WebQuest

 Watch the "Keep Our Brain Healthy" PSA (<u>https://youtu.be/sfM53C4Vw48</u>). What is your initial reaction to this 30 second video highlighting addiction and the brain changing with drug use?

Create a tag line or phrase to summarize this PSA.

 Go to the National Institute of Health's Commonly Abused Drugs Charts (<u>https://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs-charts</u>). Select one commonly abused drug and answer the following:

Describe the drug and provide an interesting fact.

How is this drug taken? When taken, how does it affect the brain and body?

List effects of this drug when taken in combination with alcohol or other drugs.

Create a warning label for this drug.

## Go to

https://www.drugabuse.g ov/publications/drugfacts/ understanding-drug-useaddiction. Give an explanation to the following statement:

"Drug addiction is a complex disease and quitting usually takes more than good intentions or a strong will."

Thank you for choosing www.LearntobeHealthy.org as your health science education resource. All content including logos, lessons, graphics, and design is protected under applicable copyrights as the property of the Byrnes Health Education Center. The copying and redistribution of this document is limited to educational purposes, and you may not, under any circumstances, republish, sell, lease, loan, or otherwise use the content for commercial distribution.



 Research and list below why some people choose to use drugs. <u>https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/drug-misuse-addiction</u>

• Define Substance Use Disorder.

• Explain how drugs change the way the brain works, making it difficult to stop using.

• Are you at risk? Go to <a href="https://www.drugabuse.gov/publications/drugfacts/understanding-drug-use-addiction">https://www.drugabuse.gov/publications/drugfacts/understanding-drug-use-addiction</a>. See Biology, Environment, and Development. What increases or influences risk for addiction?



Thank you for choosing www.LearntobeHealthy.org as your health science education resource. All content including logos, lessons, graphics, and design is protected under applicable copyrights as the property of the Byrnes Health Education Center. The copying and redistribution of this document is limited to educational purposes, and you may not, under any circumstances, republish, sell, lease, loan, or otherwise use the content for commercial distribution.