

## VOLUNTEER JOB DESCRIPTIONS

**Bike & Luggage Management:** Handles organization, storage and shipment of bikes and the delivery of Riders' luggage at the start and finish area. Please note, this activity may involve heavy lifting.

**Beer Tent:** Manages the proper checking of IDs and distribution of alcoholic beverages to participants. Please note, this activity requires volunteers to be at least 21 years old and standing for long periods of time.

**First Aid:** Provides Riders, Volunteers, spectators, and other participants with first aid assistance at venue sites and along the route at Rest Stops. Please note, all volunteers in this role should have BLS training and/or a medical background.

**First Aid Route Support:** Drives Pelotonia SAG (Support & Gear) vehicles along the route to troubleshoot and assist Riders as necessary. Please note, all volunteers in this role should be licensed physicians, paramedics, EMTs, athletic trainers, physician assistants, nurses and/or have experience with mass coverage events and will be required to provide drivers' license information to Pelotonia staff. Also, please be aware that the activity requires an all-day commitment and may start before and extend beyond the listed beginning and ending times.

**General and Food & Beverage:** Performs a variety of tasks and supplements Volunteer teams as necessary. General Volunteers should be prepared to complete a wide variety of tasks, including but not limited to serving food and beverages to Riders and guests, maintaining clean venues, emptying trash receptacles, directing cars for parking and restocking beverages, ice, etc. Please note, this activity may involve heavy lifting and standing for long periods of time.

**Mechanical:** Provides mechanical assistance to Riders at various locations and/or along the route. Please note, all mechanical volunteers must be able to change a tire, pump a tire, and perform minor drive train adjustments. All mechanical volunteers must also bring their own tools including a floor pump, wrenches, tire levels, hex/allen wrenches, and screwdrivers.

**Merchandise Sales:** Manages the sales of Pelotonia merchandise. Please note this activity requires standing for long periods of time.

**Photography:** Takes high-quality photographs and shoots video during Gravel Day at various locations, and uploads to Pelotonia's Flickr page within 4 days following Gravel Day. Please note, this activity is specifically for experienced photographers who are able to provide their own camera and necessary equipment. High-quality cell phone photos are acceptable, from iPhone 10 or later, or a Samsung, LG or Google Pixel released after January 1, 2018.

**Recovery Zone:** Manual therapy professionals provide short (10-15min) massages and/or soft tissue treatment to Riders at designated finishes. Volunteers will also oversee Recovery Zone

and assist Riders in stretching, using foam rollers and massage sticks, etc. Please note, this activity is only open to licensed massage therapists, physical therapists and chiropractors. Volunteers will need to provide their professional credentials prior to signing up for a shift. Volunteers will need to provide their own treatment tables and supplies for their shift.

**Rider Check-In:** Coordinates the Rider check-in process and credential distribution.

**Rider Gift Distribution:** Assists with distributing gifts to Riders.