

GRAVEL DAY VOLUNTEER ORIENTATION



### TOPICS

- Gravel Day Overview & Routes
- ➡ Gravel Day Schedule
- ➡ Volunteer Overview
- ➡ What to Expect
- Pelotonia Pro Tips!
- 🟓 Thank You



### Saturday, September 30th



Optional Baileys Extension available for all routes

### **GRAVEL DAY LOCATIONS**

- Start & Finish venue: Snow Fork Event Center
- 4 Rest stops
  - Carr Bailey Road (20+ Mile Riders only)
  - Trimble Elementary (30+ and 50+ Riders)
  - Concord Church (30+ and 50+ Riders)
  - Chauncey Trailhead (30+ and 50+ Riders)
- Almost 200 Riders





### **GRAVEL DAY SCHEDULE**

Time	Event
7:00a	Shuttle & Bike Truck Depart Columbus
7:30a	Rider Check-In Opens
7:30a	Breakfast Starts
9:30a	50+/30+/20+ Mile Start (1 wave, staged by distances)
11:15a	Finish Line Party Starts
11:30a	First Anticipated Finisher
2:00p	Shuttle & Bike Truck 1 Depart Nelsonville
5:00p	Last Anticipated Finisher
5:00p	Shuttle & Bike Truck 2 Depart Nelsonville
6:30p	Last Call for Alcohol/Buffet Closes
7.00p	Finish Line Party Ends

No vehicles permitted to enter Snow Fork Event Center between 9:00a – 10:00a

### **GRAVEL DAY – SNOW FORK ACTIVITIES**

- Breakfast, including bagels from Bagel Street Deli and coffee
- Lunch from Kiser's BBQ
- Beer from Jackie O's
- Non-alcoholic beer from Athletic Brewing
- Cocktails and Mocktails from High Bank Distillery
- Merchandise
- Activations from OSUCCC-The James
- Yard games
- Sign making station
- Bike wash station
- Live Music throughout the Day

Time	Performer
11:30a	Ten Hearts
1:00p	Hocking River String Band
2:30p	Jesse Henry Band
4:00p	Angela Perley Trio
5:30p	Hillbilly Chic

### WELCOME TO THE GREATEST TEAM EVER!

- 200 Volunteers
- 17 different roles making Gravel Day a success:
  - General, Food & Beverage, Mechanical, First Aid, SAG, MotoSupport,
     Rider Check-In, Gift Distribution, Beer, Merchandise Bikes & Luggage.
- Schedule of Volunteer Activities:
  - Friday, 09/29 Snow Fork Set Up
  - Saturday, 09/30 Gravel Ride Day
  - Monday, 10/02 Warehouse Organization



### WHAT TO EXPECT – COMMUNICATION

### Pre-Ride

- Lead Volunteer Email sent this week
- Site Guidelines (sent via email and available online)
- Questions about your shifts? Please email your Lead Volunteer

### **During Gravel Day**

- Lead Volunteer Contact Info
- Cell Phone Reception

### MARCS Radios

- Rest Stop Leads
- Medical site Leads
- All SAGS and Moto Support



Wear light, comfortable clothing and shoes. Please keep in mind that you may be standing for long periods of time and will be outdoors at all times, so make sure to dress for the weather.

- Lead Volunteers will give all Volunteers a break at some point during the shift to go to the food tent. Please do not leave your assignment without communicating with your lead. Feel free to bring any snacks or refreshments you prefer.
- Portajohns are available on site.

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SNOW FORK EVENT CENTER: 5685 HAPPY HOLLOW RD. NELSONVILLE. OH 45764

#### THANK YOU FOR ALL YOUR SUPPORT!

WE HOPE YOU HAVE A WONDERFUL VOLUNTEER EXPERIENCE.

### PELOTONIA 2023

### **VOLUNTEER SITE GUIDELINES**

Venue: Snow Fork Event Center - September 30

The Volunteer handbook can be found on our website <u>HERE</u>. This handbook covers all essential information such as key Lead Volunteer contacts, Gravel Day information, and FAQs.

#### SATURDAY: Start and Finish Venue

Bike and Luggage Ma

#### OFFICIAL ADDRESS: 5685 Happy Hollow Rd, Nelsonville, OH 45764

You'll receive communication from your Lead Volunteer the week of the Ride, but can also reach out to them, as listed below, with questions about your shift.

nagement	Shirley Jordan Ellen Zimmer	shirleyajor@aol.com emzimmr@outlook.com
	Val Gonzalez Charles Kendrick	val.gonzalez@nationwide.com kendric@nationwide.com
ige	Sarah Buckley	sarahebuckley@gmail.com
	Kendra McCamey	Kendra.McCamey@osumc.edu
	Larry Nolan	Larry.Nolan@osumc.edu
	Elaine Boyd	eboyd@pelotonia.org
	Carolyn Anson	Carolyn.N.Anson@huntington.com
	Mackenzie Shaw	duckcreekoutdoors@gmail.com
	Colleen O'Shea	coshea2@gmail.com
	Anna Schneider	annavogeldc@gmail.com
	Amber Brandt	ABrandt@mast.com
	Val Gonzalez Charles Kendrick	val.gonzalez@nationwide.com kendric@nationwide.com

#### VOLUNTEER CHECK-IN

ible at Snow Fork Event Center. 
ate traffic and riders.
ccess to Snow Fork Event Center

- Please arrive 15 minutes before your shift time and head straight to the Volunteer Check-In tent.
- You will receive your Pelotonia Volunteer shirt and water bottle and be directed to your specific area.

### WHAT TO EXPECT – PARKING

- Please refer to the Volunteer Site Guidelines for details and maps
- Parking is free at all sites (except Carr Bailey Rest Stop)
- Carr Bailey Rest Stop: Please park at Nelsonville-York High School. A shuttle bus will take you to and from the rest stop at the start and end of your shift.



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PARKING AND SHUTTLE BUS MAP

Wear light, comfortable clothing and shoes. Please keep in mind that you may be standing for long periods of time and will be outdoors at all times, so make sure to dress for the weather.

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### WHAT TO EXPECT – ARRIVAL & VOLUNTEER CHECK-IN

- Please arrive 15 minutes before the start of your first shift.
- Leave plenty of time to park and navigate the site.
- At Snow Fork Event Center, please check-in at the Volunteer Check-In tent to get directions and pick up your Volunteer shirt and water bottle.
- At Rest Stops, please check-in directly with your Lead Volunteer. You will receive your Volunteer shirt and water bottle and be given further instructions from them.





### WHAT TO EXPECT – FOOD & DRINKS

- All volunteers at Snow Fork can go through the buffet tent when released by your Lead Volunteer to take a break.
- Volunteers at rest stops are welcome to eat sandwiches and snacks.
- > Please feel free to bring a cooler with any specific supplies you need for the day.







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### WHAT TO EXPECT

Free Time/Flexibility

- There will be some down time throughout your shift. A few ideas to fill the time:
  - Clean up your area, break down boxes and get ahead of the site clean-up
  - Take a break, eat and drink water or apply sunscreen/bug spray
  - Engage with fellow members of the Pelotonia Community
  - Check-in with your Lead Volunteer

Site Clean-Up and Tear-Down

If your shift is at the end of the day, please do not leave before the site is completely cleaned up.



### **PELOTONIA PRO TIPS**

**Liz Stine** 

- > Wear comfortable clothes and shoes.
- > Leave extra time to find parking and get to check-in.
- > Clean up as you go throughout the day.

### **Darol Davis**

- Come prepared for both what is planned and for what may occur.
- Don't go Lone Ranger. Let others help when they ask!
- Never let them see you sweat! Be the calm, not the storm.
- Get a good night's sleep prior to your big day.

### Sarah Buckley

- Be flexible there may be slow periods during your shift. Use downtime to rest, hydrate,
   cheer for Riders and tidy up.
- > Share your story! Your actions will inspire others to get involved.
- > Consider donating or fundraising 100% of your fundraising will go towards curing cancer.







### ADDITIONAL RESOURCES

### Pelotonia.org

You can change or edit your shift up until Friday, 9/22 at midnight by visiting Pelotonia.org. Once there, log into your account, scroll down to the "My click edit and delete or add shifts there

### Volunteer Handbook

Linked on our website, contains contact information for your Lead Volunteer and details about volunteering for Ride Weekend!

### **Event Handbook**

Linked on our website, contains all the key information for the community.

My Activity Goals	My Volunteering	ті
To raise \$1,250 this year for innovative cancer research, I will Donate blood at least 3 times	Thu 8/04 Other Responsibilities LEAD VOLUNTEER	â
Run a 10K  Plan and execute a safe and enjoyable Ride Weekend for the Pelotonia communityl	Shifts I'm Leading	Ð
	Sat 8/06 🔮 Downtown Granville Saturday - General - Downtown Granville	
0/3 Goals Complete	(900AM-230PM)	



# **PELOTONIA**<sup>®</sup> 2023



## REGISTER TODAY!